

introduction: Coronavirus Disease 2019 ( COVID - 19 ) is a respiratory disease and a major global health - related issue and (COVID-19) is an infectious disease caused by the emerging coronavirus (SARS-CoV-2).

Most people who get COVID-19 have mild or moderate symptoms and recover without special treatment. But some of them will become seriously ill and require medical attention. Adhering to a healthy diet is effective in preventing patient affliction and recovery. Thus, the present research aims to relationship between nutrition and COVID-19

Design: descriptive study. The questionnaire conducted in 27 /12/2021 on sample 100 from (784) students from faculty of nursing in Babylon university selected through convenient sampling method. The data collection instrument was a questionnaire developed by the present researchers comprising three sections: demographic information and nutritional behavior and signs and symptoms.

Concluded students who eat vegetables have a low risk of infection with Covid 19 and or no risk

It was also concluded that there was no significant statistical relationship between demographic data factors and COVID-19 signs and symptoms