



وزارة التعليم العالي والبحث العلمي

جامعة بابل

كلية التربية الرياضية

الدراسات العليا – الدكتوراه

تأثير اسلوبي العرض (الاعتيادي والبطيء) والتنفيذ (المباشر
والمؤجل) في تعلم بعض مهارات الريشة الطائرة وانتقال اثره الى بعض
مهارات التنس الارضي

أشرف

أ.م.د. ناهده عبد زيد الدايهي

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

أَقْرَأْ بِاسْمِ رَبِّكَ الَّذِي خَلَقَ ﴿١﴾ خَلَقَ الْإِنْسَانَ مِنْ عَلَقٍ ﴿٢﴾
 أَقْرَأْ وَرَبُّكَ الْأَكْرَمُ ﴿٣﴾ الَّذِي عَلَّمَ بِالْقَلَمِ ﴿٤﴾ عَلَّمَ بِالْقَلَمِ
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إقرار المشرف

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(تأثير أسلوب العرض (الاعتيادي والبطيء) والتنفيذ (المباشر
والمؤجل) في تعلم بعض مهارات الريشة الطائرة وانتقال اثره الى بعض
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إقرار المقوم اللغوي

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(تأثير أسلوب العرض (الاعتيادي والبطيء) والتنفيذ (المباشر
والمؤجل) في تعلم بعض مهارات الريشة الطائرة وانتقال اثره الى بعض
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إقرار لجنة المناقشة والتقويم

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(تأثير اسلوب العرض (الاعتيادي والبطيء) والتنفيذ (المباشر
والمؤجل) في تعلم بعض مهارات الريشة الطائرة وانتقال اثره الى بعض
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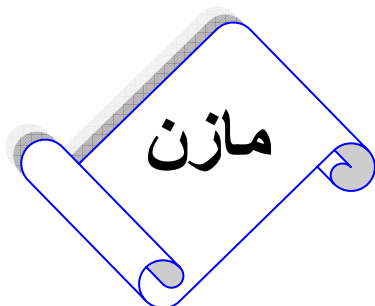
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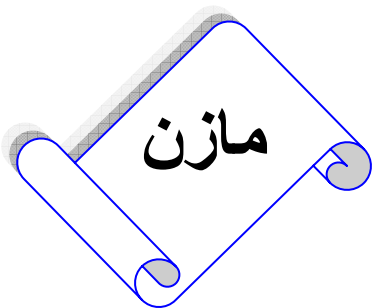
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ملخص الأطروحة باللغة العربية

**(تأثير اسلوب العرض (الاعتيادي والبطيء) والتنفيذ (المباشر
والمؤجل) في تعلم بعض مهارات الريشة الطائرة وانتقال اثره الى بعض
مهارات التنس الارضي)**

أشرف

أ.د.م. ناهده عبد زيد

الباحث

مازن هادي كزار الطائي

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Werner and Jones	1-2-2
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الباب الثاني

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Instruction and Demonstration:

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(Carl 1999)

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1. Schmidt and Lee; Motor control and learning, I L. Human kintics, 1999, p. 290.
 2. Druckman and Bjork, (1991), Quoted by Schmidt and Lee, 1999, P. 291.
 3. Carl McGown, Developing a program, (1999), Quoted By Jermy Hunt, planning an effective practice, 2000, p. 2.

(Magill 1998)

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(Schmidt 1991) ()

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1. Magill, A. Richard, Motor Learning, Boston, Mc-Graw, 1998, p. 178.
 2. Ibid p.173

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1. Schmidt, A. R. motor learning and Performancr, IL. Human Kinetics, 1991, P.2

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(Gagne 1977)

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1-Magill A Richard(1998) Op.cit. P. 173
2-Landers D.m Effects of Modles and Perfomance level on motor behaviour Journal of motor behaviour (1973) 5 .129-139

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Schmidt and wrisberg (2004)

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1. Hand and sid way , (1993) Quoted BY : Magill, 1998 , P. 178

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4. Schmidt and wrisberg, motor Learning and Performance. IL. Human Kintcs, 2004, p. 223.

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Schoenfelder-

Zohdi 1992

wrisberg and pein 2002

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1. Ibid, p.224.

2. Blandin, Ihuisse to (1999), Quoted BY, Shmidt and wrisberg, 2004, p.224.

3.Schmidt and wrisberg, (2004), op. cit, p.225.

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Feed Forward

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1. Robb. D. margrate, The dynamics of motor skill Acquisition, new Jersey, printice-Hall, 1972, p.p.59-60.
2. Ibid, p.p.61-62.
3. Schmidt. And lee, motor control and learning , IL. Human Kinetics, 2005 , P.192



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(Schmidt and Wrisberg 2004)

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1.Schmidt and lee, motor control and learning, IL. Human Kinetics, 2005, p. 158.

2.Schmidt.A.R. and Graig wrisberg 2004 (op.cit), P.234.

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(weeks Hall and Anderson 1996)

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)) (Howell 2000)

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1- Weeks, hall , and Anderson, Journal of teaching physical Education, Vol.2 , 1996 , p.67.

3- Stallings lovetta motor learning from theory to practice U.K MOSSBY Comp 1984 p.11.

4-Howell skill acquisition [http www google.com](http://www.google.com) search 2000 p.3.

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1-Larry G sharer, Essention Exercise physiology, Burgees Pub, 1987 p158.

3-Schmidt and wrisberge ,motor Leaming and performance, IL, Humun Kinetics 2000 p63

Learninig and Retention -: _____ **13-1-2**

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(singer 1980)

Schmidt and) ()

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1. Schmidt and Bjork, new conceptualization of Practice American Psycology
1992 vo.4.p.204

2-SINGER N.Robert motor Learning and human Performance micmillan
Pub.co. new York 1980 p.32

3-Schmidt and wrisberge (2004) op. cit,p.199

4.Schmidt and Bjork.opcit,p.206

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(Measuring Retention)

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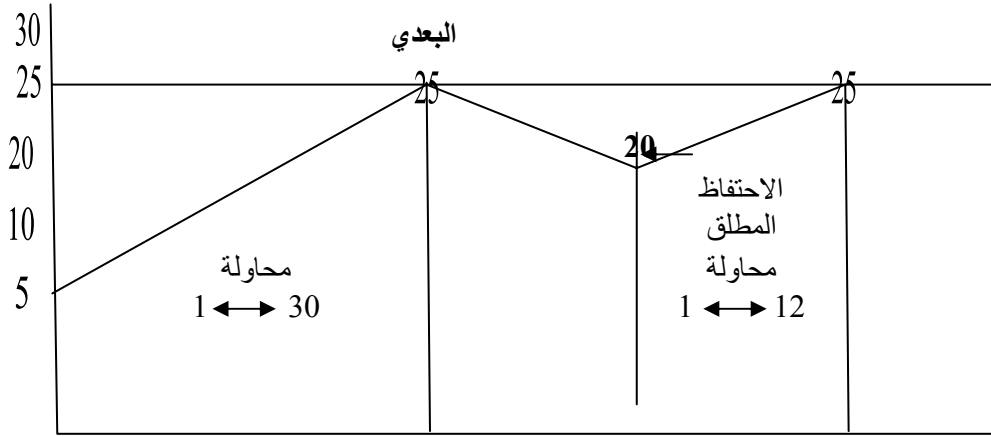
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3. Schmidt and lee,(2005),opcit,p.450

4. Shmidt and lee , Motor control and learning IL. Human Kintics, 2005 p.434

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(Koege and Sugden 1985)

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1. Koege and Sude, (1985). Quted By, Magill, p.44.
 2. Burton and miller, Move ment skill Assess ment, U.S.A Human kientices, 1998, p.5.
 3. Shmidt and wrisberge. 2004, op. cit, p.12.

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(Drowatzky)

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1. Magill, A.R. (1998). Op. cit, p158.
2. Schmidt and wrisberge, 2004, p263.

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(): (Schmidt and lee 1999)

(Proactive-transfer)

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1- Mathew Kleiman, The aquisition of motor skill, Brooklyn college of the city University of NewYork, 1993, P. 82.

Badminton Skills

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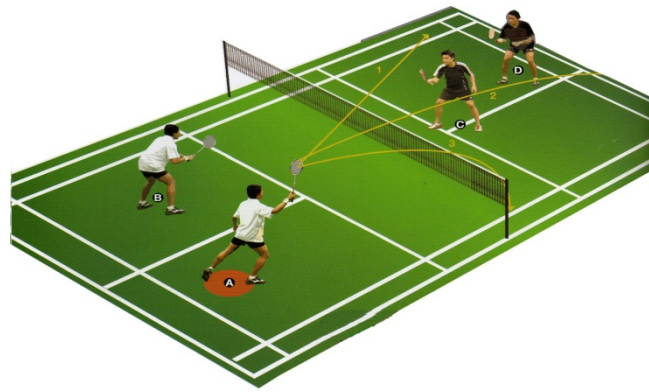
⁽²⁾Peter Roper

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forehand shot	.
drop	-
drive	-
backhand shot	.
Drop	-
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Defence clear shot	-
Smash Shot	.

1. Bo Omosgaard, physical training for Badminton, International Badminton federation .
 2. Peter Roper .The skills of the Games Badminton. The Crowood press .England : 1995p 519

Forehand shot : .1

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Backhand Shot : .2

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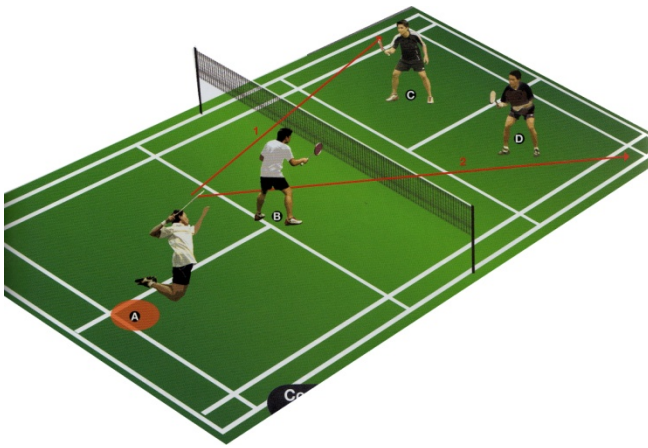


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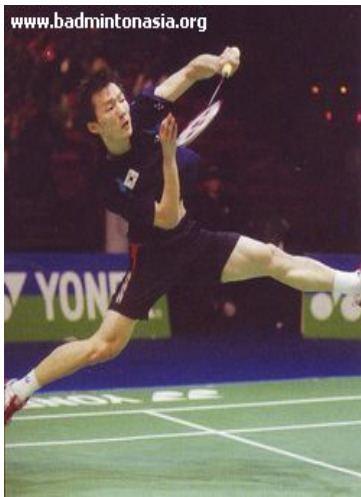
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Forehand and backhand volley : :2-1

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2. Jim Brawn, Tennis ; steps to success , second Fdition, Georgia, Human Kinetics, 1995, P. 59
3. chet and Bill Murphy, Tennis for The Player and Coach, Tornto , san ders company, 1988, P. 98 – 101

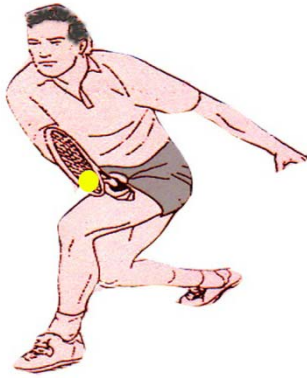
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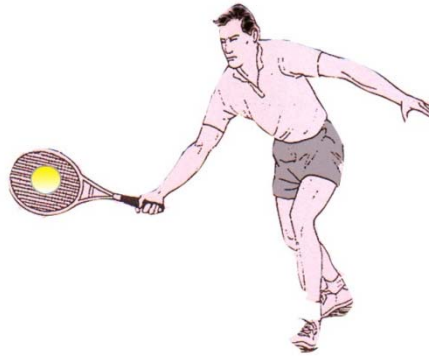
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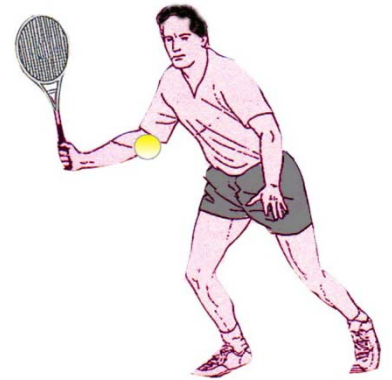
BEGINNER'S FOREHAND VOLLEY



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BEGINNER'S BACKHAND VOLLEY



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Overhead smash () -2

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Jim (1995)

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2. Jim Brown , (1995) , op.cit , P.81 . 1
3. John zewieg's , (1993), op. cit , p.80 . 4
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OVERHEAD SMASH



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Ferrari 1996 , Bjork 1991 , Weiss and

Ross 1989 , Newell 1985 , Muclullgh and weiss

^()French , Werner and Jones (1996)

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1. French, Werner and Jones, the effects of a 6- week unit of tactical , skill, or combined tactical and skill instructions on badminton performance of ninth- grade students, IL. Human Kinetics, journal of teach. Phy. Ed. 1996, 15, p439- 463.



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الباب الثالث

3- منهجية البحث واجراءاته الميدانية

1-3 منهج البحث

2-3 مجتمع البحث وعينته

3-3 التكافؤ

4-3 الادوات والاجهزة والوسائل المساعدة

1-4-3 الادوات والاجهزة

2-4-3 الوسائل المساعدة

5-3 اختيار المهارات واختباراتها

1-5-3 اختيار المهارات

2-5-3 اختيار الاختبارات

6-3 اختبارات الريشة الطائرة المستخدمة

7-3 اختبارات التنس الارضي

8-3 التجربة الاستطلاعية

9-3 الاجراءات الميدانية

10-3 الاختبارات المهارية القبلية

1-10-3 تنظيم ممارسة التمارين التطبيقية للمتعلم

2-10-3 الاختبارات المهارية البعدية

3-10-3 قياس انتقال اثر التعلم

4-10-3 اختبارات الاحتفاظ المطلق

11-3 الوسائل الاحصائية والنسب المستخدمة

الباب الثالث

Method and Procedures _____ -3

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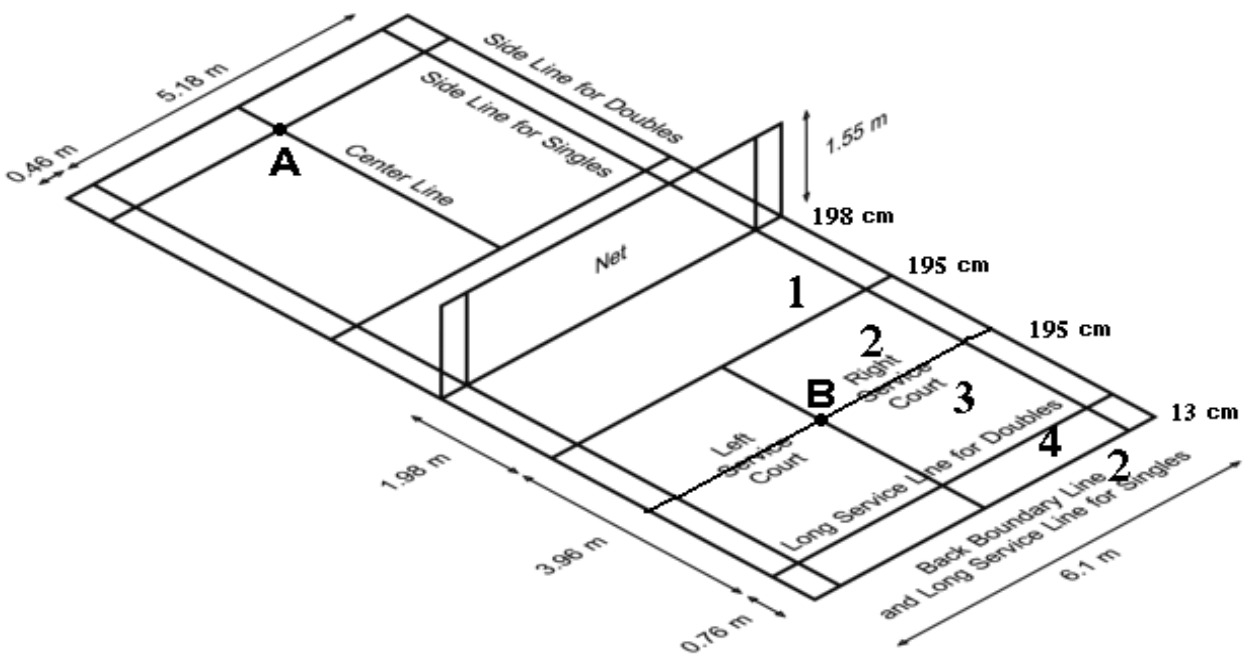
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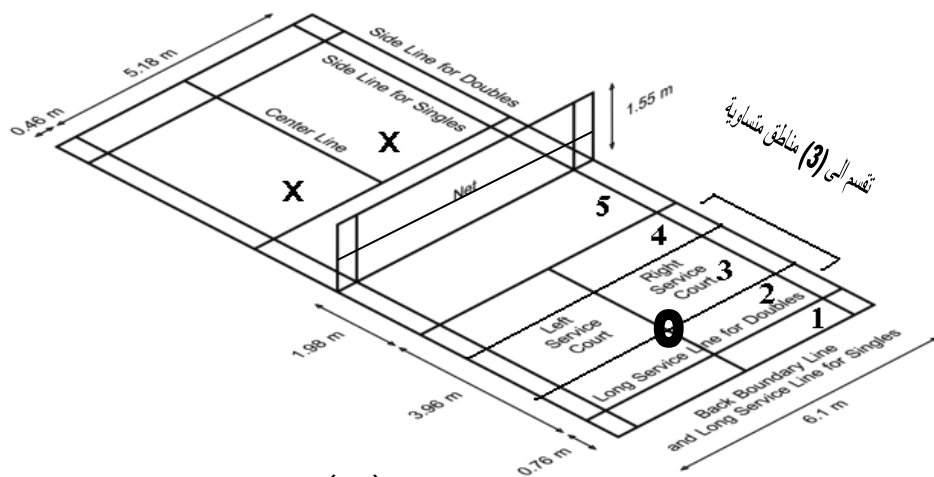
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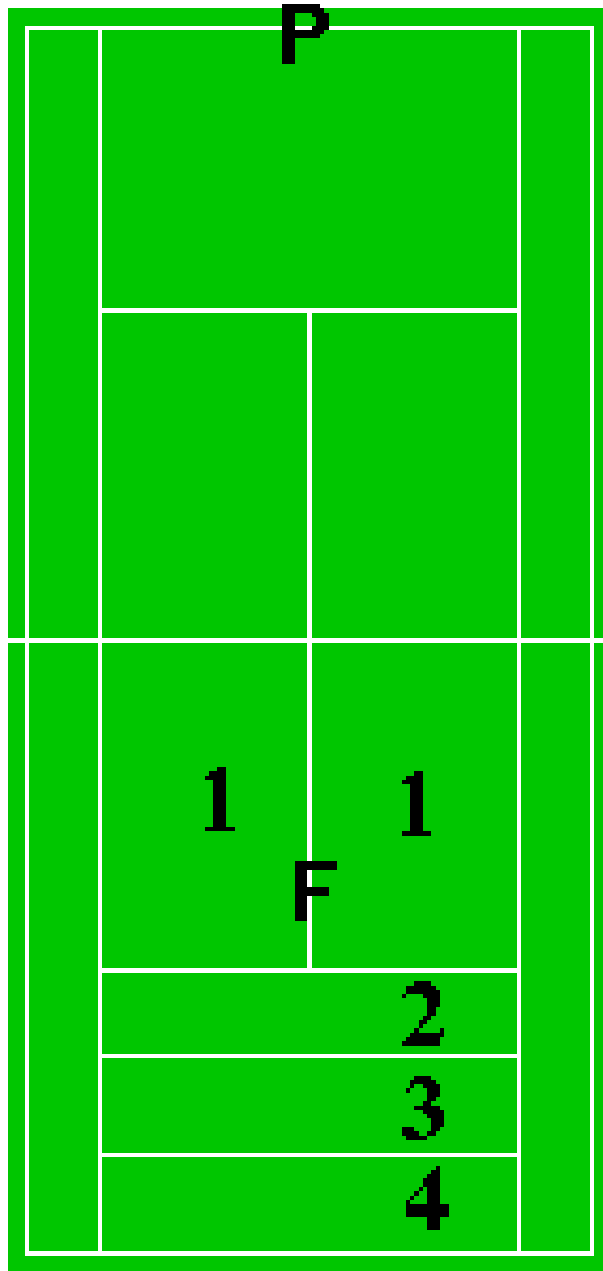
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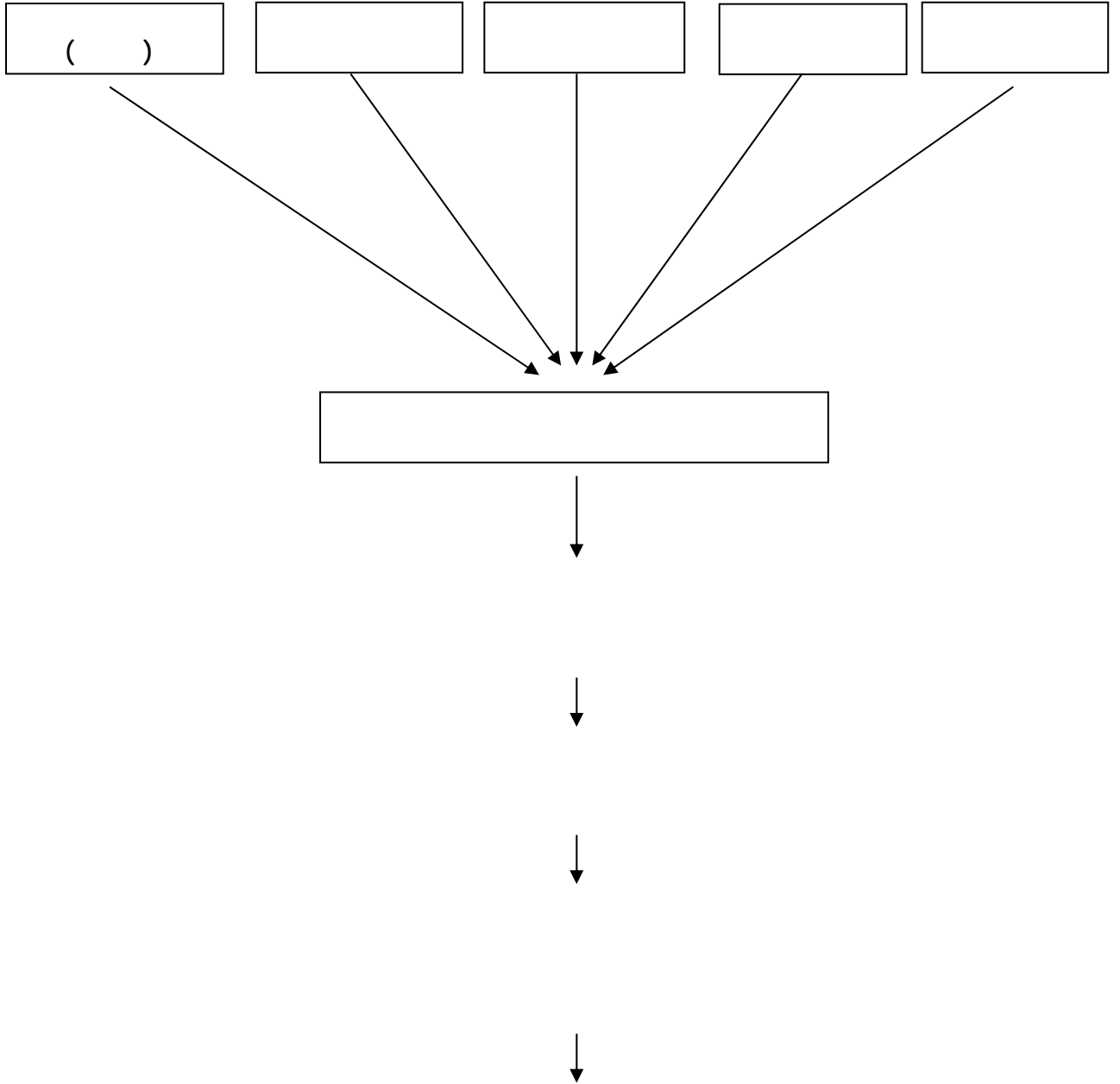
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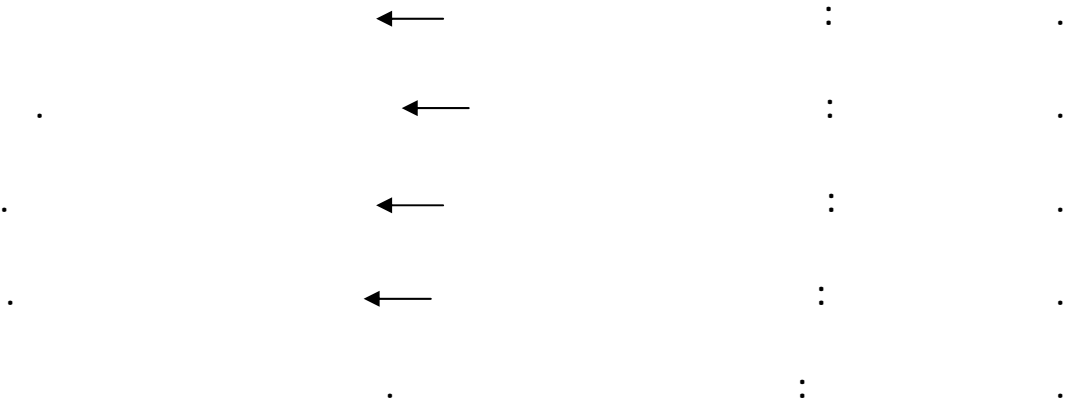
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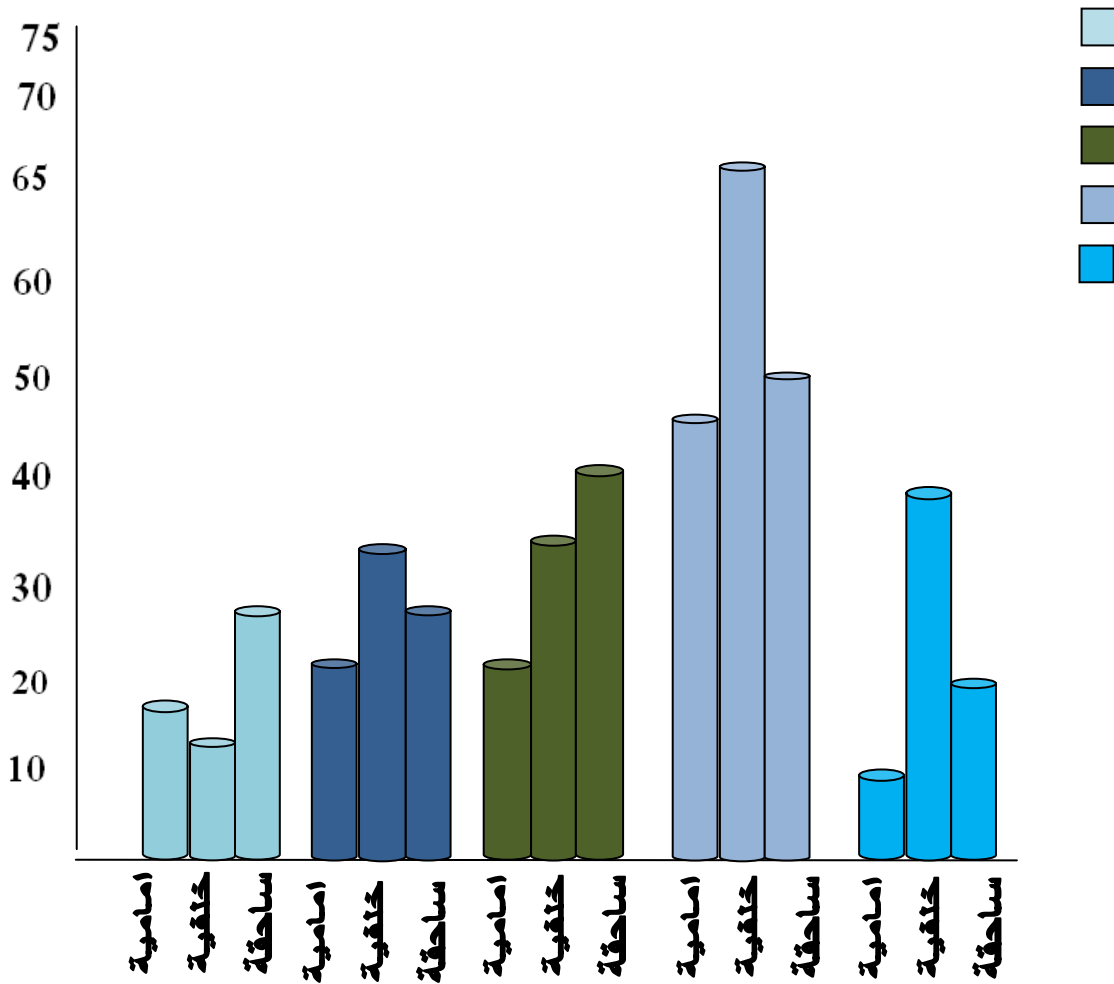
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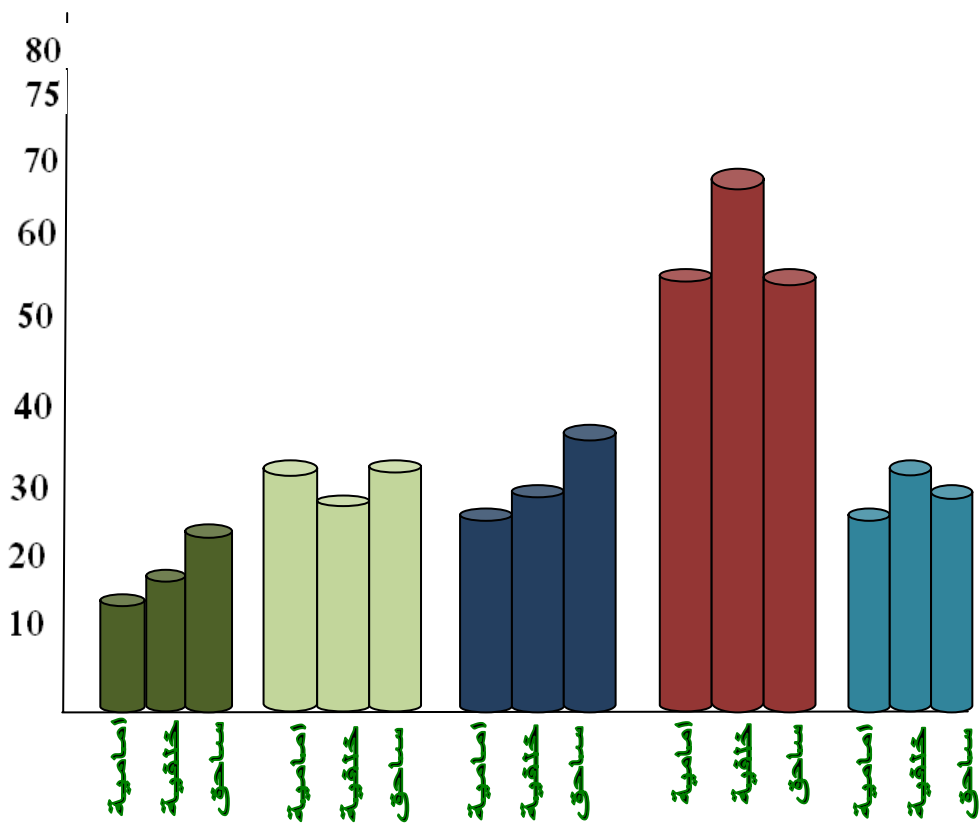
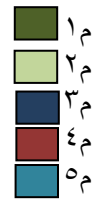
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المراجع والصادر

أولاً: المراجع والمصادر العربية
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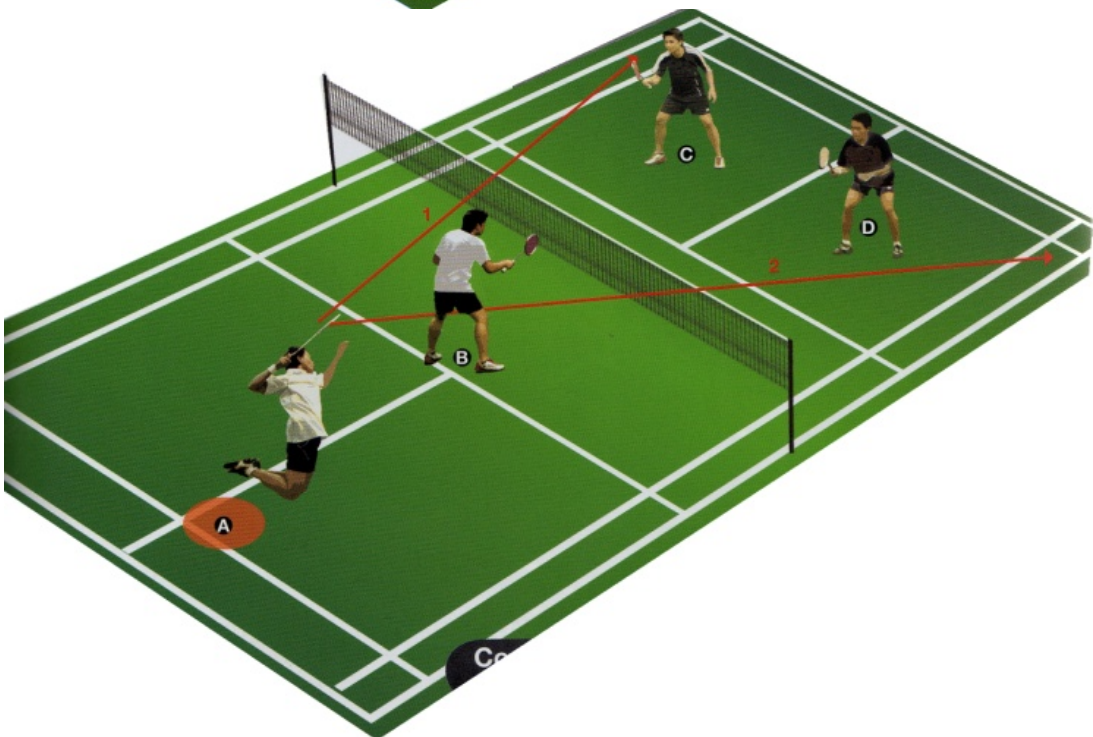
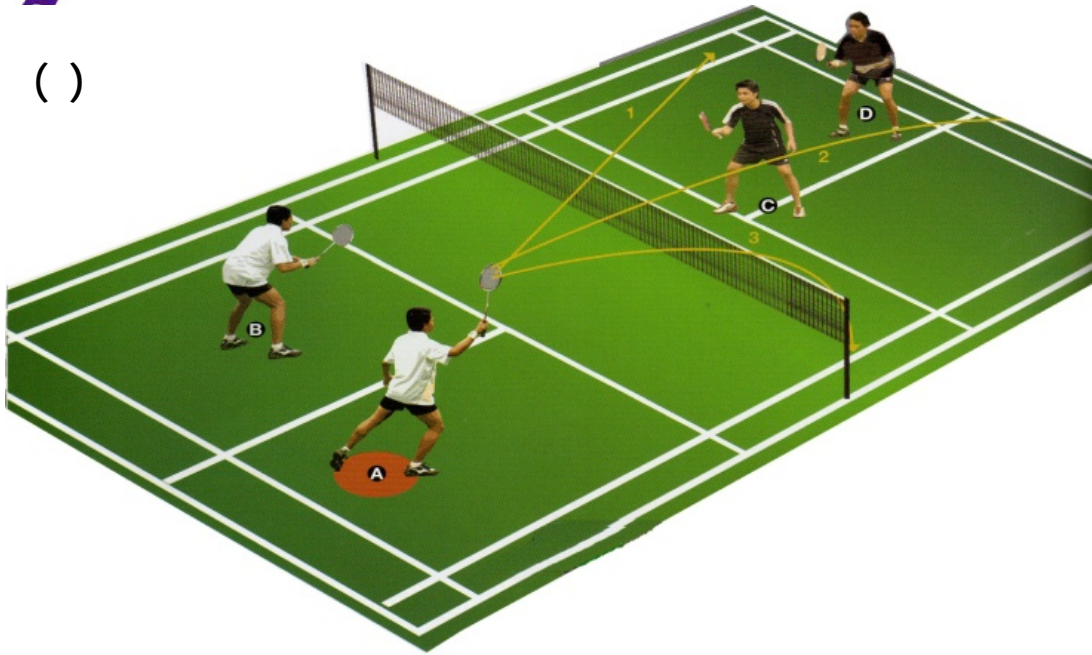
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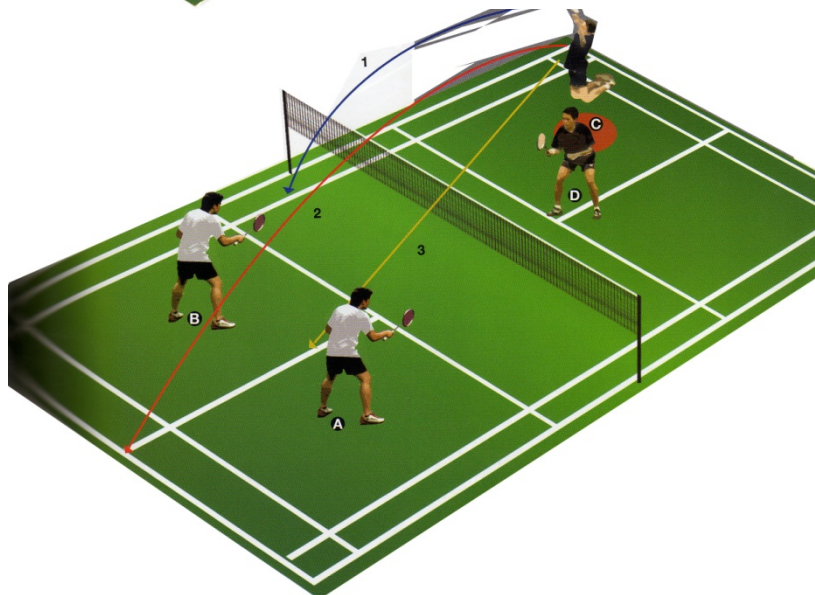
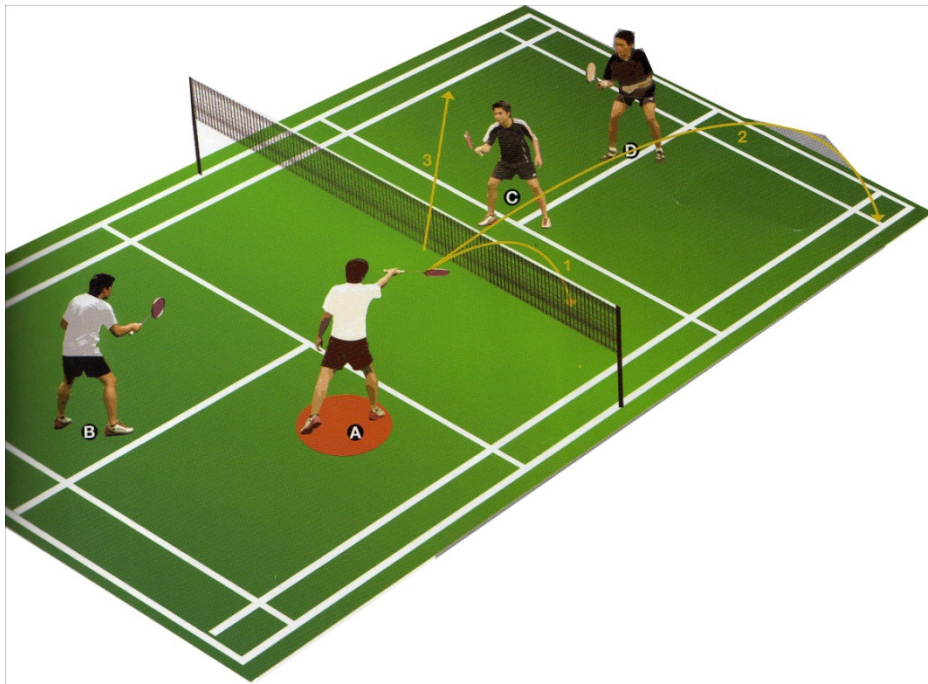
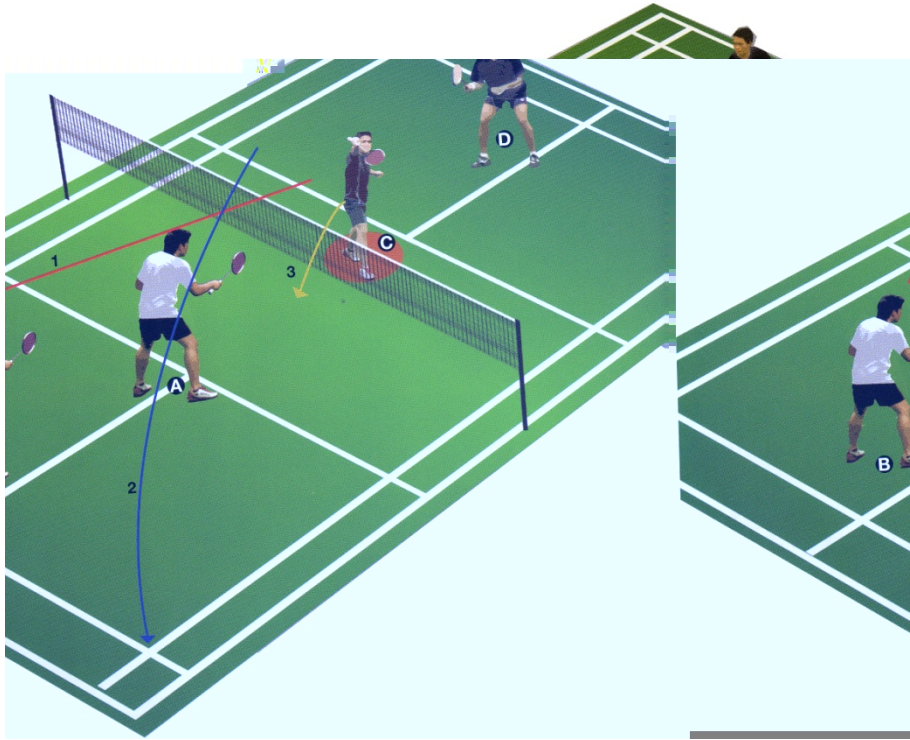
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Abstract

The study investigates the effect of slow-motions normal demonstration by execution direct and delay performance on learning Badminton skills to transfer its to Tennis skills and the second goal was to reach the best style for demonstration and direct and delay on learning some basic skills in badminton; The statement of the problem was the some teachers give more instruction than demonstration.

The method includes five equal experimental groups. Sixty male students (third stage students) enrolled at college of physical Education in Babylon University. Their average age was (21.5) years each group included (12) students. The applied 4th tests in badminton and tennis skills.

The tests included the evaluation of technical performance and accuracy for forehand and backhand and smash strock in Badminton, and volley forehand and volley backhand and smash in Tennis.

The first group used slow-motion demonstration by executed direct performance, 2nd group used slow-motion executed delay performance, 3rd group used normal execute direct performance, 4th group used normal delay execution and control group.

The results revealed a significant effect on the above five groups on learning some Badminton skills. Their were development in learning percentage and retention. The best group was the fourth group that used normal execution by delay performance. Their were positive transfer from Badiminton skills to Tennis skills;for all groups also,the 4th group was the best on the percent age transfer from badminton skills to tines skills.

The recommendation of the study are to use: The demonstration and Instruction by slow-motion and normal delay performance.

Ministry of higher education and Scientific research
Babylon University
Physical Education College
Post-Graduate education- Directorate



**The effect of slow-motion and normal demonstration
by execution direct and delay performance on
learning some Badminton skills to transfer its to some
skills in Tennis.**

A research directed by:
Mazin Hadi kazer altaie

To
A lence of physical education College – Babylon University
For a part to get a diroctrote degree – sport philosophy

Supervised by
Assistant prof. Dr. Nahida Abd Zaid AL-Dolaimi