



دراسة تشخيصية لبعض أسباب العقم الذكري في منطقة كردستان العراق

أطروحة مقدمة من قبل إدريس محمد أمين

إلى مجلس كلية العلوم بجامعة بابل و هي جزء من متطلبات نيل
درجة دكتوراه فلسفه في

علوم الحياة / علم الحيوان

بإشراف

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ذو الحجة /

كانون الثاني / ٢٠٠٧
١٤٢٧



***A Diagnostic Study of Some Causes of Male
Infertility in Kurdistan Region
of Iraq***

A THESIS

SUBMITTED By **EDREES MOHAMMED AMEEN**

TO THE COUNCIL OF THE COLLEGE OF SCIENCE UNIVERSITY OF
BABYLON IN PARTIAL FULFILLMENT OF THE REQUIREMENTS
FOR THE DEGREE OF DOCTOR OF PHILOSOPHY IN

BIOLOGY / ZOOLOGY

Supervised by

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January / ٢٠٠٧

Thul-Hijja / ١٤٢٧

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

لِلَّهِ مُلْكُ السَّمَاوَاتِ وَالْأَرْضِ يَخْلُقُ مَا يَشَاءُ
يَهَبُ لِمَنْ يَشَاءُ إِنَّا وَيَهَبُ لِمَنْ يَشَاءُ
الذُّكُورَ (٤٩) أَوْ يُزَوِّجُهُمْ ذُكْرَانًا وَإِنَاثًا
وَيَجْعَلُ مَنْ يَشَاءُ عَقِيمًا إِنَّهُ عَلِيمٌ قَدِيرٌ (٥٠)

صدق الله العظيم

IN THE NAME OF GOD, THE MERCIFUL
THE COMPASSIONATE
TO GOD BELONGS THE KINGDOM OF
THE HEAVENS AND THE EARTH; HE
CREATES WHAT HE WILL; HE GIVES
TO WHOM HE WILL FEMALES, AND HE
GIVES TO WHOM HE WILL MALES (٤٩);
OR HE COUPLES THEM, BOTH MALES
AND FEMALES ; AND HE MAKES
WHOM HE WILL BARREN. SURELY HE
IS ALL-KNOWING, ALL-POWERFUL
(٥٠).

The Glorious Quran

Surah, Al-Shurah (٤٩-٥٠)

الخلاصة

هدفت الدراسة الحالية تشخيص بعض المشكلات الإدارية و المرضية التي قد تكون من أسباب حالات العقم التي يعاني منها الذكور في منطقة كردستان العراق. شملت الدراسة اختيار مائتين وثمانون عينة عشوائية جمعت من الذكور الغير الخصيين والذين راجعوا قسم المختبر في مركز التلقيح الاصطناعي ومعالجة العقم في مدينة اربيل. تم اختيار ثلاثين ذكرا متبرعا سليما استخدمت كمجموعة سيطرة. تم انجاز هذا العمل في فترة ما بين تموز / ٢٠٠٥ - حزيران / ٢٠٠٦ وكان متوسط العمر للاشخاص العقيمين (33.49 ± 0.43) سنة ، بينما متوسط العمر لمجموعة السيطرة كانت (34.67 ± 0.84) سنة.

تم جمع عينات السائل المنوي بطريقة الاستمناء الذاتي بعد مدة انقطاع جنسي ٣-٥ ايام ، بعدها تم وضع عينات المنوي في الحاضنة في درجة حرارة ٣٧ م° لحين التميع ، تم إجراء العديد من الفحوصات على عينات المنوي المتميعة. المتبقي من عينات السائل المنوي تم وضعها في جهاز النبذ بسرعة ٣٠٠٠ دورة في الدقيقة لمدة ١٠ دقائق للحصول على البلازما المنوية. تم حفظ البلازما المنوية في درجة حرارة - ٨٠ م° لاجراء الفحوصات المتبقية. تم الحصول على النتائج التالية من الدراسة المنجزة :

١- كانت النسبة المئوية لزمان التميع $(p < 0.01)$ و المظهر و اللزوجة $(p < 0.05)$ أعلى في الأشخاص العقيمين مقارنة مع الخصيين. إن حجم السائل المنوي و تركيز النطف و التعداد الكلي للنطف و درجة نشاط النطف و النسبة المئوية للنطف المتحركة و منسب حركة النطف و عيوشية النطف و كذلك الشكل السوي للنطف كان أعلى معنويا $(p < 0.01)$ في الاشخاص الخصيين. أما تركيز كريات الدم البيضاء في السائل المنوي و الضغط الاوزموزي و MDA كان اقل معنويا $(p < 0.01)$ في الخصيين.

٢- هنالك انخفاض معنوي $(p < 0.05)$ في درجة نشاط النطف و النسبة المئوية للنطف المتحركة و منسب حركة النطف في عينات السائل المنوي عالية اللزوجة.

٣- إن حجم السائل المنوي كان أعلى معنويًا ($p < 0.05$) في عينات السائل المنوي لمرضى العقم ذات الضغط الأوزموزي $300 \text{ mOSm / kg} \leq$. بينما درجة نشاط النطف و منسب حركة النطف كانت اقل ($p < 0.05$) في عينات المني ذات الضغط الأوزموزي > 340 .

٤- لوحظ إن تركيز MDA في البلازما المنوية كان أعلى معنويًا ($p < 0.001$) لدى مرضى العقم و أيضا كان تركيز MDA لدى مرضى العقم المصابين بالدوالي و بابيضاض المني و المدخنين أعلى ($p < 0.05$) مقارنة مع الغير المصابين بها

٥- إن تقدير كريات الدم البيضاء كانت اقل تركيزا ($p < 0.001$) باستخدام طريقة Endtz مقارنة مع طريقة القوة الكبرى للعدسة العينية و كان لزيادة كريات الدم البيضاء (ابيضاض المني) في مرضى العقمين تأثيرا معنويًا سلبيًا على درجة نشاط النطف و النسبة المئوية للنطف المتحركة و منسب حركة النطف ($p < 0.05$) .

٦- إن وجود القيلة الدوالية لها علاقة معنوية ($p < 0.01$) مع انخفاض في تركيز النطف و التعداد الكلي للنطف و درجة نشاط النطف و النسبة المئوية للنطف المتحركة و منسب حركة النطف و عيوشية النطف و الشكل السوي للنطف ($p < 0.05$) .

٧- كان للتدخين تأثيرًا سلبيًا معنويًا ($p < 0.05$) على نوعية السائل المنوي في جميع الاشخاص العقمين.

٨- إن تلازن النطف و انتشار أصداد النطف كلن أعلى في مرضى العقم . إن أعلى نسبة لأصداد النطف وجدت في مرضى العقم المصابين بوهن النطف.

٩- لوحظ من التقدير الهرموني للمرضى زيادة معنوية ($p < 0.05$) في هرمون FSH في مجموعة مرضى اللانطفية مقارنة مع مرضى قلة النطف و الخصيين.

١٠- تم مشاهدة تحسن معنوي لنوعية السائل المنوي في المرضى المصابين بوهن النطف بعد تنشيطها بوسط تنشيط النطف (Earle's) المحور و الموازن و باستخدام التقنية التطبيقية البسيطة و تقنية النبذ و السباحة للأعلى.

Abstract

The present study was aimed to diagnose some management and pathological changes of considerable effects to be the causative of infertility of men in Kurdistan region of Iraq. The study comprised two hundred and eighty randomly selected infertile men who attended laboratory department of the Infertility care and (IVF) Center in Arbil city as well as thirty healthy volunteer fertile men used as control. This work was carried out between July / 2005 and June / 2006. The mean age of infertile men was (33.49 ± 0.43) years, while the mean age of fertile men was (34.67 ± 0.84) years.

Semen samples were collected by masturbation after an abstinence of 3-5 days, and then incubated at 37 °C until liquefy. Different semen parameters were assessed in the liquefied samples. The remain semen was centrifuged at 3000 rpm for 10 minutes to obtain the plasma. The semen plasma was stored in -80°C for further examinations. The following results were obtained from the performed study:

1-The percentage of liquefaction time ($p < 0.01$), appearance and viscosity ($p < 0.05$), are higher in infertile men than that of fertile men. The volume of semen, sperm conc., total sperm count, sperm grade activity, sperm motility percent, sperm motility index, sperm viability, and the percent of normal sperm morphology are higher ($p < 0.01$) in fertile men, while the conc. of leucocytes in semen, seminal fluid osmolality and MDA are significantly ($p < 0.001$) lower in fertile men.

2-There are significant decrease ($p < 0.05$) of sperm grade activity, sperm motility percent, and sperm motility index in hyper-viscous semen samples.

٣- The volume of semen is higher ($p < 0.05$) in patients with seminal plasma osmolality ≤ 300 m Osm / kg, while sperm grade activity and sperm motility index ($p < 0.01$) are lower in osmolality > 340 .

٤- The seminal plasma MDA level is significantly higher ($p < 0.01$) in infertile men and the infertile patients with varicocele, leucocytospermia, and smoking have higher ($p < 0.05$) MDA conc.

٥- Leucocytes determination with Endtz method showed a lower conc. ($p < 0.01$) than high power field (HPF) method and the increasing of leucocytes in semen of infertile men (leucocytospermia) has significant negative influence on sperm grade activity, sperm motility percent and sperm motility index ($p < 0.05$).

٦- Varicocele is significantly associated with low sperm conc., total sperm count, sperm grade activity, sperm motility percent, sperm motility index, and viability ($p < 0.01$), and normal sperm morphology ($p < 0.05$).

٧- Smoking has a significant ($p < 0.05$) negative influence on semen quality of infertile men population.

٨- The agglutination of spermatozoa and the incidence of ASAs among infertile men is higher. The highest percentage of ASAs is seen in asthenozoospermic infertile patients.

٩- Hormonal evaluation indicates that FSH is significantly higher ($p < 0.05$) in azoospermic men compare with fertile and oligozoospermic men.

١٠- Significant improvement of semen quality is observed in patients with asthenozoospermia after activation with modified balanced Earle's sperm

activation medium and using simple layer and centrifugation- swim up techniques.

Dedication:

This thesis is dedicated to my family, especially my mother and father, my wife Zhian, brothers; Abdulbasit, Mustafa, Mazin and Sherwan and sister Shler , my kids; Yousef, Zena, and Aumed, and to all infertile couples in the hope of getting a baby.

Edrees

Acknowledgement

I wish to express my thanks to my supervisor, Dr. Faris Naji A. Al-Hady for his guidance in planning and conducting these investigations, encouragement, and continuous help throughout the period of the study.

I would like to thank the deanery of the College of Science and the Head of Biology Department of Babylon University for their continuous help. I also would like to offer my thanks to the Head of Biology Dept. in the College of Science of Salahaddin University for their help and provide me with advanced physiology laboratory and all devices and chemical compounds for completion of some aspects of this research.

My very thanks also to the staff of the Infertility care and IVF center in Arbil city, especially Mr. Fawze, Nadim, Kurdu, Dashte, and Rostum for their assistance in collection samples from patients. Special thanks are also due to the staff members of Biology Department especially my colleagues; Mr. Sarbaz, Mr. Falah, Mr. Honer, Mr. Dara, Mr. Zana, and Mrs. Ahlam.

Special and great appreciation is due to my mother, father, and wife for their support, encouragement, and patience throughout the study.

I certify that this thesis (**A Diagnostic Study of Some Causes of Male Infertility in Kurdistan Region of Iraq**) was prepared under my supervision at the Dept. of Biology, College of Science, University of Babylon and do hereby recommend to be accepted in partial fulfillment of the requirement for the degree of doctor of philosophy Science in **Biology / Zoology**.

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List of Abbreviations

ABP	Androgen-binding protein
AIH	Artificial insemination by husband
ANOVA	Analysis of variance
ART	Assisted reproduction technique
ASA	Antisperm antibody
BTB	Blood-testis barrier
CASA	Computer-assisted semen analysis
CS	Cigarette smoke
DFI	DNA fragmentation index
E_γ	Estradiol II
ELISA	Enzyme-linked immunosorbant assay
FSH	Follicle stimulating hormones
GIFT	Gametes intrafalopian transfer
GnRH	Gonadotropic releasing hormone
HPF	High power field
IBT	Immunobead test
ICSI	Intracytoplasmic sperm injection
IUI	Intrauterine insemination
IVF	<i>In vitro</i> fertilization
IVF-ET	<i>In vitro</i> fertilization embryo- transfer

LH	Luteinizing hormone
LPO	Lipid peroxidation
LSD	Least significant differences
MAR	Mixed agglutination reaction
MDA	Malondialdehyde
OS	Oxidative stress
PBS	Phosphate buffer saline
ROS	Reactive oxygen species
TAT	Tray agglutination titer
TBA	Thiobarbituric acid
TCA	Trichloroacetic acid
WHO	World health organization

Introduction

Infertility is defined as failure to conceive after one year of unprotected sexual intercourse (Ross and Niederberger, 1990). Infertility is a worldwide public health problem, which affects couples of reproductive age; approximately 10% of couples are infertile. It was estimated that the male factor is solely responsible for inability to conceive in about 40% to 50% of infertility cases (Leon *et al.*, 1999).

Some evidence suggests a decreasing of normal sperm parameters trend of male fertility in the last 50 years such as decreased mean sperm count (Carlsen *et al.*, 1992). Although the exact factors and mechanisms causing male infertility are still largely elusive, one of the significant development in recent years is the discovery that reactive oxygen species (ROS) and oxidative damage are closely associated with impaired sperm function and male infertility (Sharma and Agarwal, 1996; Griveau and Le Lannou, 1997).

Antisperm antibodies have been detected in 5% to 10% of infertile men and in 2% of fertile men. Antibodies against spermatozoa can reduce fertility by decreasing the binding of sperms to the zona pellucida, by interfering with capacitation or acrosome reaction or by immobilizing sperms in cervical mucus (Martin-Du Pan, 1997). The pathogenic bacteria in the semen ejaculates can induce a defect in semen parameters also accompanying increase of WBC (leucocytospermia) in the seminal fluid which may predispose to male factor infertility (Nunez-Calonge *et al.*, 1998).

Varicocele is often cited as the most common cause of male factor infertility. Arguments in support of this statement include reports of increased prevalence of varicocele in populations of infertile men compared with fertile or otherwise unselected men, association of varicocele with abnormal semen parameters, and improvements in semen parameters and / or pregnancy rates after varicocele repair (Redmon *et al.*, 2002).

Other causes of male infertility including; abnormal environmental factors, cigarette smoking, alcohol consumption, genetic causes, psychological factors, and hormonal causes (Martin-Du Pan, 1997). In addition to all these factors, about 20–25 % of male infertility factors remains unexplained and is called unexplained or idiopathic causes (Leon *et al.*, 1999).

The diagnosis of infertility and its management are depend on accurate analysis of reproductive and hormone profile in both male and female partners (Pal *et al.*, 2006). Semen analysis is an extremely important tool for investigating male infertility. A careful semen analysis provides important information concerning the male reproductive hormonal cycle, spermatogenesis and the potency of the reproductive tract (Dale McClure, 1986).

In Kurdistan region of Iraq, there are approximately 8000 infertile couples, and near 3000 couples of them were recorded and refer continuously to the Infertility care and (IVF) center in Arbil city for diagnosis and treatment. The semen analysis which was done for patients in the laboratory belong to this center uses very simple, primitive, and limited methods and techniques. So this

study was performed to enter another new techniques and more advanced tests on semen which was not previously used in this center and very important and benefits for patients which referred to this center. The aims of this study were :

- ١- Determination of reactive oxygen species, which has an important role in male infertility especially in idiopathic men infertility.
- ٢- Detection and determination of osmolality of semen and vitality of spermatozoa.
- ٣- Determination of leucocytes in the semen by using new methods (Endtz) test.
- ٤- Detection of antisperm antibodies in the seminal plasma.
- ٥- Improvement of semen quality by using different *in vitro* sperm activation techniques which helps to intrauterine insemination (IUI).
- ٦- The advance diagnoses and management of infertility causes helps to start of true and important treatments of infertile patients according to each case.

٢. Review of literatures:

٢.١. Male reproductive system:

The male reproductive system consists of the testes, epididymis, ductus deferentia (vas deferens), urethra, seminal vesicles, prostate gland, bulbourethral glands, scrotum, and penis Fig (١). Sperm cells are very sensitive to temperature and do not develop normally at usual body temperature. The testes and epididymis, in which the sperm cells develop, are located outside

the body cavity in the scrotum; where the temperature is lower (Seely *et al.*, 1996).

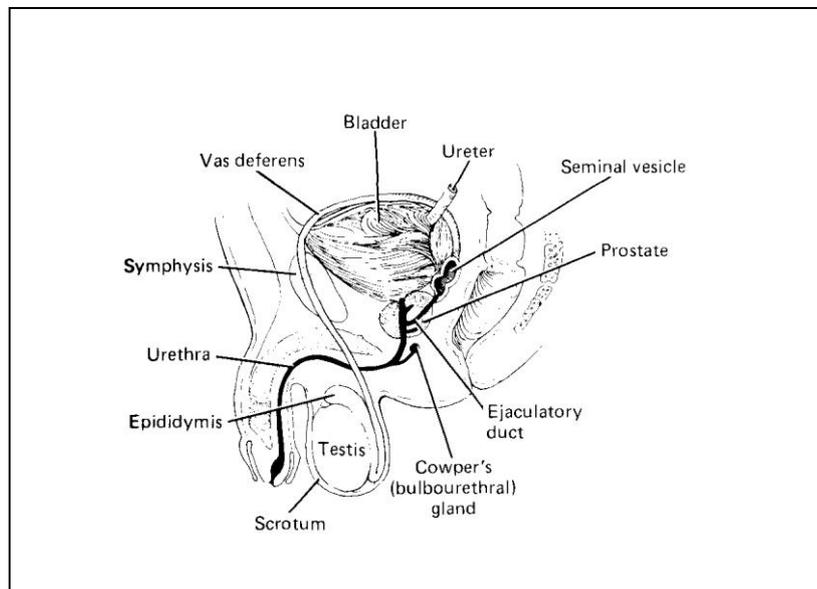


Fig (1): The male reproductive system (Ganong, 1990).

2.1.1. Scrotum:

The scrotum contains the testes and is divided into two internal compartments by a connective tissue septum. Externally the scrotum consists of skin, beneath the skin a layer of loose connective tissue and a layer of smooth muscle, called the dartos (Seely *et al.*, 1996).

2.1.2. Testes:

Each testis is oval, about 4 cm long and 2.5 cm in diameter, and weights 10-14 gm. Its anterior and lateral surfaces are covered by the tunica vaginalis, a saclike extension of the peritoneum that follows the testes as it descend into the scrotum. The testes itself has a white fibrous capsule called the tunica albuginea. Connective tissue septa divide the testis into 200 to 300 wedge-shaped lobules (Fig: 2 b). Each lobule contains 1-3 seminiferous tubules which has a narrow lumen lined by a thick germinal epithelium. The epithelium

consists of several layers of germ cells producing sperm and a much smaller number of tall Sertoli cells, which protect the germ cells and promote their development. The germ cells depend on the Sertoli cells for nutrients, waste removal, growth factors, and other needs (Fig : 2 a). A Sertoli cell is shaped a little like a tree trunk whose roots spread out over the basement membrane, forming the boundary of the tubule, and whose thick trunk reaches to the tubule lumen. Tight junctions between adjacent Sertoli cells form a blood-testes barrier (BTB), which prevents proteins and other large molecules in the blood and intercellular fluid from getting to the germ cells. This is important because the germ cells, being genetically different from other cells of the body, would otherwise be attacked by the immune system. Some cases of infertility occur when the (BTB) fails to form adequately in adolescence and the immune system produces autoantibodies against the germ cells (Saladin, 1998).

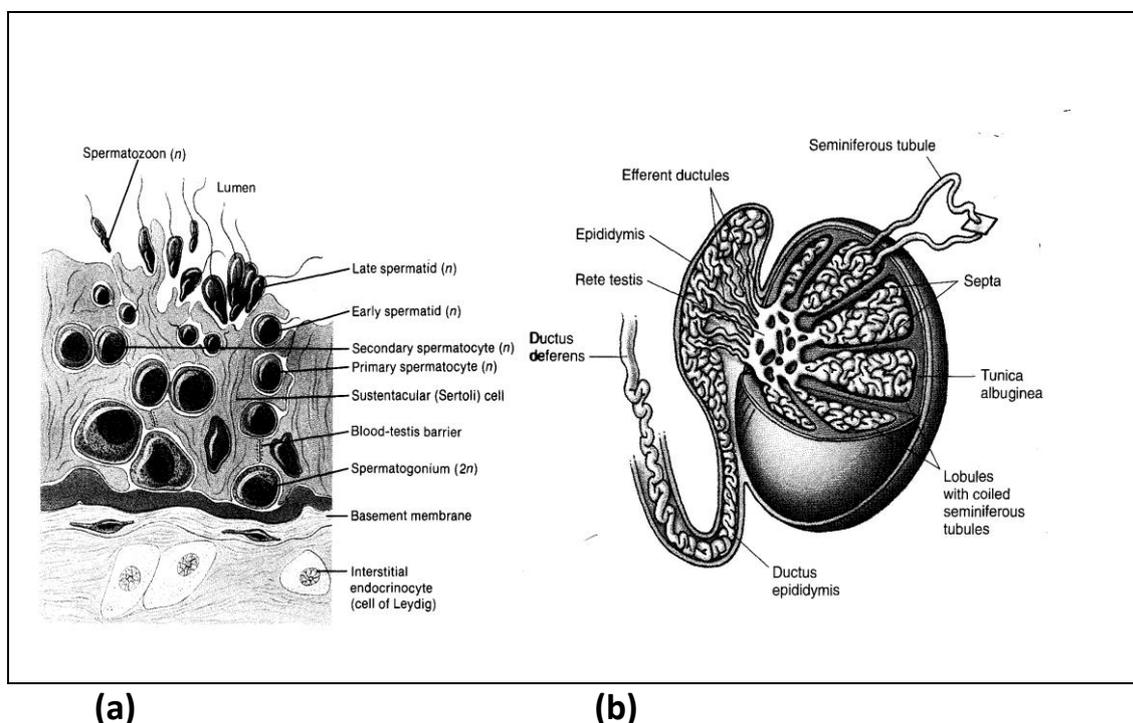


Fig (2): Components of the (a), seminiferous tubule. (b), testis (Tortora, 1992; Seely et al., 1998).

ॡ.ॡ. Spermatogenesis:

Spermatogenesis is a complex process involving interaction of multiple cells with several hormones and growth factors over a relatively long period of time which could be studied only *in vivo*. The most peripheral cells are spermatogonia, which divide through mitosis. Some daughter cells were produced from these mitotic divisions remain as spermatogonia and continue to divide by mitosis. Other daughter cells form primary spermatocytes.

Primary spermatocytes contain 46 replicated chromosomes, each consisting of two chromatids. The primary spermatocyte passes through the first meiotic division to produce two secondary spermatocytes. The secondary spermatocyte undergoes a second meiotic division to produce two smaller cells called spermatids, each having 23 chromosomes. After the second meiotic division, the spermatids undergo major structural changes to form sperm cells (Fig: ॡ). The cytoplasm of the spermatids is eliminated, and each spermatid develops a head, midpiece, and flagellum to become a sperm cell or spermatozoa (Seely *et al.*, 1996).

ॡ.ॡ.1. Hormonal control of spermatogenesis:

The GnRH was produced from hypothalamus during sex age. The GnRH transport by way of the hypothalamo–hypophyseal portal system to the anterior lobe of the pituitary. Here it stimulates cells called gonadotropes to secrete FSH and LH that stimulate different cells in the testes. LH stimulates the

interstitial cells in (Leydig cells) of the testes to secrete androgens (mainly testosterone). FSH stimulates the Sertoli cells to secrete androgen-binding protein (ABP) (Fig: 4). ABP is thought to raise androgen levels in the seminiferous tubules and epididymis. (Saladin, 1998 ; Alwachi, 2002).

Germ cells have no androgen receptors and don't respond to it. Nevertheless, the androgens have three principal effects: 1. They stimulate spermatogenesis in the presence of ABP. If testosterone secretion ceases, the sperm count and semen volume decline rapidly and caused male infertility; 2. They suppress the secretion of GnRH by the hypothalamus and reduce the sensitivity of the pituitary to GnRH; 3. They stimulate development of the secondary sex characteristics and other somatic changes of puberty. It is necessary in any times to reduce FSH secretion without reducing ICSH secretion, particularly when sperm are produced faster than they are used. Inhibin, a hormone secreted from the Sertoli cells, selectively suppresses FSH output from the pituitary. This slows down sperm production without inhibiting testosterone secretion. If sperm count drops below $20 \times 10^6 / \text{ml}$, however, Inhibin secretion drops and FSH secretion rises (Saladin, 1998 ; Alwachi, 2002).

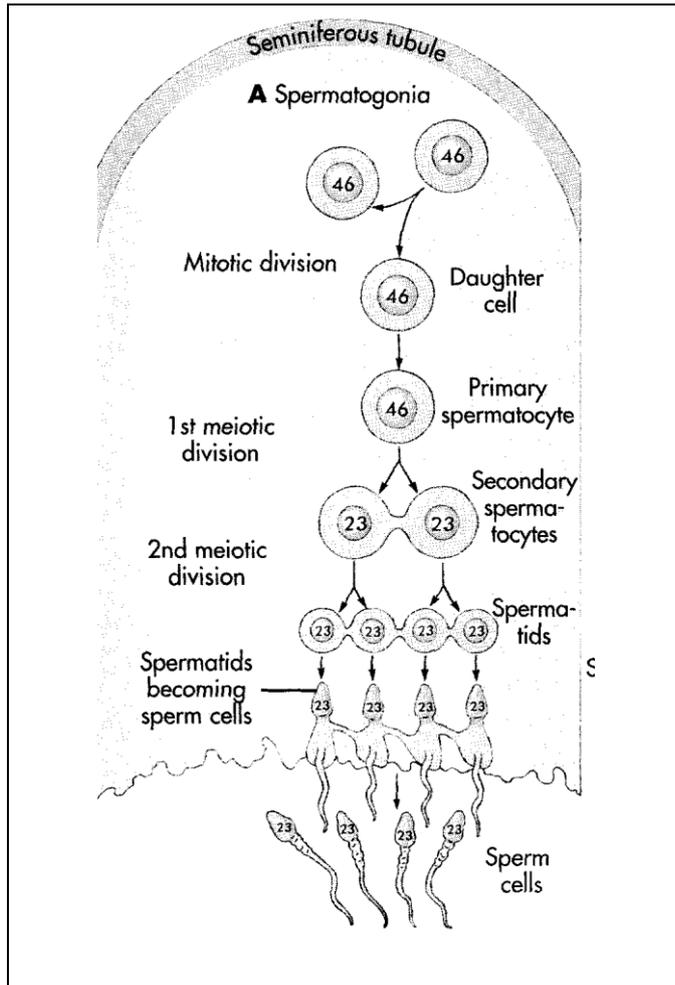


Fig (۳): The formation of the sperm cells (spermatogenesis)

(Seely *et al.*, ۱۹۹۶).

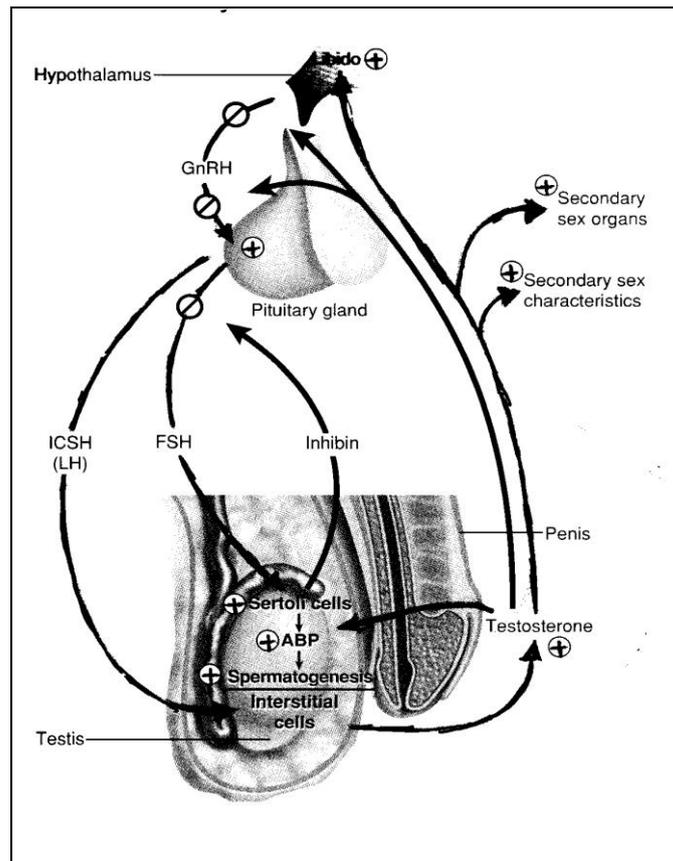


Fig (4): Hormonal regulation of spermatogenesis (Saladin, 1998).

2.3. Semen (seminal fluid):

The fluid expelled during orgasm is called semen or seminal fluid. A typical ejaculation volume 2-5 ml of semen, composed of about 60% seminal vesicles fluid, 30% prostatic fluid, 10% sperms and spermatic duct secretion and a trace of bulbourethral gland secretions (Saladin, 1998). The bulbourethral glands and the mucous glands of the urethra produce a mucous secretion, which lubricates the urethra, helps neutralize the contents of the normally acidic urethra, provides a small amount of lubrication during intercourse, and helps reduce the acidity in the vagina (Seely *et al.*, 1996).

The major constituents of semen are; **spermatozoa**; **fructose**, this sugar produced by the seminal vesicles, provides a source of energy for sperm motility; **clotting and anti-coagulated factors**. The seminal vesicles secrete

fibrinogen and the prostate produces a clotting enzyme, when these secretions mix during ejaculation, the clotting enzyme converts fibrinogen to fibrin, causing the semen to clot. It becomes very sticky and adheres to the deep recesses of the vagina rather than draining back out. About 10-30 minutes later, fibrinolysin in semen produced by the prostatic fluid dissolves the clot. Sperm are then liberated and able to begin their migration up the female reproductive tract. The **prostaglandins**, produced by the prostate and seminal vesicles, stimulate peristaltic contractions of the female reproductive tract that may help draw semen into the uterus or spread it through the uterus. Prostaglandins also reduce the viscosity of the mucus in the cervical canal of the female, making it easier for sperm to travel up this passageway (Saladin, 1998). It was also shown that PGF_{α} can significantly increase the number of sperms produced by the testis in animals treated with 1.0 and 2.0 mg PGF_{α} / kg body weight when compared with control group (Alwachi and Al-Shakarchi, 1987 ; Alwachi and Saadi, 2002). **Spermine**, spermine and other alkalines give the semen a pH of 7.2 - 7.6 .This is important because the vagina has a pH of about 3.0-4, sperm motility is a poor at a pH less than 6 and thus requires neutralization of vaginal acidity by the semen (Saladin, 1998).

In addition of these, semen contain an antibiotic, **seminoplasmin**, these has the ability to destroy a number of bacteria, since both semen and the lower female reproductive tract contain bacteria, the antibiotic activity of seminal plasmin may keep these bacteria under control to help ensure fertilization (Tortora, 1992).

2.4. Semen analysis:

Spermatozoa were first described by Leeuwenhoek in the 17th century, but it was not found that the sperm count to be associated with fertility

potential (Seibel and zilberstain, 1990). Since that time a variety of sperm tests and semen parameters have been developed with the hope of clarifying whether or not a man could impregnate his partner.

Macleod (1942), Macleod and gold (1953), Eliasson (1971) and Hellinga (1949, 1976) have led the scientific bases of conventional analysis of spermatozoa and the techniques recommended by them are still considered the reference for more advanced methods (Comhaire and Vermeulen, 1990).

Semen analysis comprises a set of descriptive measurements of spermatozoa and seminal fluid parameters that help to estimate semen quality (Campana *et al.*, 1990). Conventional semen analysis includes measurement of particular aspects of spermatozoa such as sperm conc., motility, morphology and seminal plasma parameters. Quantification and identification of non-spermatozoal cells and detection of antisperm antibodies are also part of basic semen analysis (Comhaire and Vermeulen, 1990).

Normal values of semen parameters issued by WHO in 1999 are generally used as reference values (table: 1). Table (2) shows nomenclature for semen variables.

Table (1): Normal values of semen variables (WHO, 1999).

Standard tests	Normal values
Volume	≥ 2.0 ml
pH	7.2 – 7.8
Sperm concentration	$\geq 20 \times 10^6$ / ml

Total sperm count	$\geq 4.0 \times 10^6$ / ejaculate
Motility	50 % or more with forward progression or 20 % or more with rapid progression within 60 minutes of ejaculation.
Morphology	30 % or more with normal forms
Vitality	50 % or more live ,i.e. excluding dye
White blood cells	$\leq 1.0 \times 10^6$ / ml

Table (2): Nomenclature for semen variables (WHO, 1999).

Normozoospermia	Normal ejaculate as defined in table(1)
Oligozoospermia	Sperm conc. fewer than 2.0×10^6 / ml
Asthenozoospermia	Fewer than 50 % spermatozoa with forward progression or fewer than 20 % with rapid forward progression.
Teratozoospermia	Fewer than 30 % spermatozoa with normal morphology.
Oligoasthenoteratozoospermia	Signifies disturbance of all three variables (combination of only 2 prefixes can be used).
Azoospermia	No spermatozoa in the ejaculate
Aspermia	No ejaculate

In general, WHO, (1992, and 1999), and most studies can depend on the following properties and parameters for the evaluation the principles of seminal analysis:

2.4.1. Liquefaction time:

A normal semen samples liquefy within 60 minutes at room temperature, although usually this occurs within 10 minutes (WHO, 1999).

Liquefaction occurs under the influence of enzymes of prostatic origin. In some cases, liquefaction does not occur within the normal time period and this fact should be recorded, as it may suggest functional disturbance of the prostate. Normal semen samples may contain jelly-like grains which don't liquefy. Samples which don't liquefy need additional treatment such as exposure to bromelain, to make the sample enable to analysis (Comhaire and Vermeulen, 1990; WHO, 1999).

2.4.2. Appearance:

A normal sample has a homogenous, gray-opalescent appearance. It may appear less opaque if the sperm conc. is very low, red-brown when red blood cells are present (WHO, 1999). The presence of mucous streaks may interfere with the counting procedure and suggests inflammation or abnormal liquefaction (Comhaire and Vermeulen, 1990).

2.4.3. pH:

The pH is determined by acidic secretions of the prostate and alkaline secretions of the seminal vesicles. It should normally be in the range of 7.2-7.8 (WHO, 1999). If the pH exceeds 8.0, infection should be suspected with decreased secretion of acidic products by the prostate, such as citric acid. Abnormal pH may also be recorded in cases of incomplete ejaculation. Extremely acidic pH (< 6.0) is found in cases of agenesis (or occlusion) of the seminal vesicles (Rrumbullaku, 2003). If the pH is less than 7.0 in a sample with azoospermia, there may be obstruction of the ejaculatory ducts or bilateral congenital absence of the vasa (WHO, 1999).

2.4.4. Volume:

The major components of the ejaculate volume are made up of secretions from accessory glands. The bulk of the volume is secreted by the seminal vesicles (Comhaire and Vermeulen, 1990). A low ejaculate volume can reflect abnormalities in accessory sex gland fluid synthesis or secretion. It can also be indicative of a physical obstruction somewhere in the reproductive tract (Siegel, 1993), or may occur in cases of incomplete or partially retrograde ejaculation. Large volumes are sometimes found in association with varicocele or after relatively long periods of sexual abstinence (Comhaire and Vermeulen, 1990). Semen volume affects fertility only when it falls below 1.0 ml (inadequate bufferings of vaginal acidity) or is more than 0 ml. Low volumes may be associated with retrograde ejaculation, incomplete collection or androgen deficiency (Dale – McClure, 1986).

2.4.5. Viscosity (consistency):

The viscosity of the liquefied sample should be recognized as being different from coagulation (WHO, 1999). Increase viscosity has the same clinical meaning as abnormal liquefaction, and may be related to prostate dysfunction resulting from chronic inflammation (Comhaire and Vermeulen, 1990). High viscosity can interfere with determinations of sperm motility, conc., and antibody counting spermatozoa (WHO, 1999), or can impair the availability of fertile sperm at the site of fertilization (Siegel, 1993).

Increased viscosity of the ejaculate was reported to occur more frequently among men from infertile couples than in fertile males (Bunge, 1970). Meng – Chung *et al.*, (1992); (Gopalkrishnan *et al.*, 2000) concluded that much higher viscosity was observed in the men with asthenozoospermia. Moreover, in post-coital studies, hyper-viscosity was also found to be associated with poor invasion of cervical mucus by spermatozoa (Glass and

Mrouch, 1967; Gersh, 1970). Study of Elzanaty *et al.*, (2004), showed that semen volume was significantly higher in samples with high viscosity and the percentages of total fraction of progressively motile spermatozoa were significantly lower in the sample with high viscosity as compared with samples with normal viscosity.

2.4.6. Sperm concentration (sperm density):

Perhaps the most widely utilized semen parameter is sperm count. Men with $< 20 \times 10^6$ sperm per ml are typically deemed sub – fertility, and men with counts $< 5 \times 10^6$ sperm / ml are often considered infertile (Seibel and Zilberstain, 1990).

In 1900, MacLeod evaluated sperm counts of 1000 men whose wives were pregnant and 1000 men whose marriages had been infertile. The greatest contrast between the 2 groups was seen at a conc. of 20×10^6 / ml, of the fertile men, only 0 % had sperm counts less than or equal to 20×10^6 compared to 16 % of the infertile men; 44 % of the infertile men had counts greater than 20×10^6 sperm / ml, suggesting that men with sperm counts above 20×10^6 may also be infertile. More recently, Lipshultz, evaluated semen from a group of normal men, similar to the findings of MacLeods study, 6 % of normal men had counts less than or equal to 20×10^6 sperm / ml. According to similar clinical studies, the WHO, established a count of 20×10^6 sperm / ml as the cutoff for normal sperm count (Seaman *et al.*, 1994).

In report of Carlsen *et al.*, (1992), which reviewed 61 papers published globally from 1938 to 1991 on sperm quality in fertile men, using a linear regression mode, a meta–analysis of the data was carried out in presumably fertile men from different countries and reported a trend toward decrease in

sperm conc. and quality over the last five decades. According to this report, sperm conc. decreased from 113×10^6 to 66×10^6 / ml and semen volume decreased from 3.8 to 2.7 between 1980 and 1990. Decrease in semen quality has been reported from different regions of USA, Norway, Paris, Scotland, Belgium, Italy, and Finland (Pal *et al.*, 2006).

2.4.7. Sperm motility:

Adequate motor activity of the sperm cell is required for normal transport through the female reproductive tract and for penetrating the ovum. Sperm motility is a single most important measure of semen quality and can be a compensatory factor in men with low sperm conc. Sperm motility is usually evaluate in two ways: the number of motile sperm as a percentage of the total, and the quality of sperm movement (how fast and how straight the sperm swim). The degree of forward progression is a classification based on the pattern displayed by the majority of motile spermatozoa and ranges from 0 (no movement) to 4 (excellent forward progression). A normal value for sperm motility in the semen is at least 50 % to 60 % motile cells and a quality greater than 2 (Dale – McClure, 1986).

By the same way, Seaman *et al.*, (1994), descriptive the motility as follows; sperm movements is evaluated both quantitatively and qualitatively. Quantitation is defined as the average percentage of sperm moving in ten random high–power microscopic fields. Qualitative assessment of sperm movement is based on the pattern displayed by the majority of motile spermatozoa, using the following scale of 0–4; 0 = no movement, 1 = movement, but no forward progression, 2 = movement with slow forward progression, 3 = movement in an almost–straight line with good speed, 4 = movement in an almost–straight line with high speed. These 4 evaluations are

combined with 50 % sperm with forward progression of 3 or more is considered normal. The same evaluation used by Amelar *et al.*, and (1980) Levin *et al.*, (1992).

In recent years, a number of techniques for objective assessment of movement and characteristics of human spermatozoa have been introduced by using computer-assisted semen analysis (CASA) systems (Rrumbullaku, 2003). The microscopic field is scanned systematically and the motility of each spermatozoa encountered is graded a, b, c and d (WHO, 1992), according to whether it shows: a = rapid progression motility, b = slow or sluggish motility, c = non-progressive motility, d = immotility.

Abnormalities in motility and quality of movements can arise from infection, the presence of antisperm antibodies, partial ejaculate-duct obstruction, or the subtle testicular alteration that may be cause by gonadotoxins or varicoceles. If none of the sperm are moving, the patients may have necrospemia. This is actually a misnomer, as metabolic studies and special vital stains have revealed that the immobile spermatozoa may not necessarily be dead (Seaman *et al.*, 1994).

2.4.8. Sperm motility index:

It is important to found a relation between the percentage of motile spermatozoa and grade activity of spermatozoa, because some semen samples has a high percentage of motile spermatozoa with lower grade activity of movement and other samples has a low percentage of motile sperm with high grade movement. According to this, it is probably to determine the sperm motility index to connect between the two important parameters of sperm

motility. The sperm motility index is determined by multiplying the percentage of motility to grade activity of spermatozoa (Makler *et al.*, 1979).

2.4.9. Vitality (viability):

Sperm vitality is reflected the proportion of spermatozoa that are a (live) as determined by either dye exclusion, or hypo-osmotic swelling. This should be determined if the percentage of immotile spermatozoa exceeds 50%. Sperm vitality assessments provide a check on the accuracy of the motility evaluation, since the percentage of dead cells should not exceed the percentage of immotile spermatozoa (WHO, 1999).

Reduced percentage of motility with a high percentage of viable sperm may reflect structural or metabolic abnormalities of sperm that derived from abnormalities in testicular function or antimotility factors in the seminal plasma (Siegel, 1993).

2.4.10. Morphology:

Sperm cells represent a unique population in which up to 50% (up to 70% according to WHO criteria 1992, and up to 86% according to strict criteria) of the cells can have morphological defects in normal fertile individuals (Campana *et al.*, 1990). The normal head should be oval in shape; the length of them should be 4.0–5.0 μm, and the width 2.0–3.0 μm. There should be a well – defined acrosomal region comprising 40–70% of the head area. There must be no neck, midpiece or tail defects and no cytoplasmic droplet more than one – third the size of a normal sperm head. This

classification scheme requires that all borderline forms be considered abnormal (Kruger *et al.*, 1986; Menkveld *et al.*, 1990). The following categories of defects should be scored (WHO, 1999):

- Head shape / size defects, including large, small, tapering, pyriform, amorphous, vacuolated (> 20 % of the head area occupied by unstained vacular areas), or double heads, or any combination of these.
- Neck and midpiece defects, including absent neck, non inserted, or bent neck (the neck and the tail forms an angle of about 90° to the long axis of the head), distended / irregular / bent midpiece, abnormally thin midpiece or any combination of these.
- Tail defects, including short, multiple, hairpin, broken, irregular width, or coiled tails, tails with terminal droplets, or any combination of these.
- Cytoplasmic droplets greater than one-third of the area of a normal sperm head.

Sperm morphology gives information for the function of the reproductive tract and is a predictor of men fertility potential (Rrumbullaku, 2003). Physical sperm aberration may occur during the production of sperm or during storage in the epididymus (Campana *et al.*, 1990). The increased number of immature spermatozoa may be due to epididymal dysfunction or is a consequence of frequent ejaculations. The increased number of spermatozoa with tapering heads is found in association with varicocele. The recent study indicate that the percentage of tapered spermatozoa, spermatozoa containing cytoplasmic droplets and spermatozoa with bent tail are significantly increased in varicocele patients compared to controls (Rrumbullaku *et al.*, 1998).

ॡ.ॡ.ॡॡ. Agglutination:

Agglutination of spermatozoa means that motile spermatozoa stick to each other, head to head, midpiece to midpiece, tail to tail, or mixed, e.g. midpiece to tail. The adherence of either immotile or motile spermatozoa to mucus threads, to cells other than spermatozoa, or to debris is not considered agglutination and should not be recorded as such

The presence of agglutination is suggestive of, but not sufficient evidence to prove the existence of an immunological factor of fertility (WHO, ॡॡॡॡ; WHO, ॡॡॡॡ; Comhaire and Vermeulen, ॡॡॡॡ). Sperm agglutination could be used also as indication for antisperm antibody testing of infertile men (Comhaire and Vermeulen, ॡॡॡॡ; Kunathikom *et al.*, ॡॡॡॡ).

ॡ.ॡ.ॡॢ. Seminal osmolality:

Mammalian sperm are ejaculated in a heterogonous environment composed of testicular and epididymal fluid together with the secretory products of male accessory glands. Biochemical characteristics of seminal fluid are different in the various portions of the male genital tract especially when considering ionic concentrations and pH (Tuck *et al.*, ॡॡॡॡ; Hinton *et al.*, ॡॡॡॡ). Such differences could play an important role in the regulation of important sperm functions as well as motility, capacitation and fertilizing ability acquisition (Eliasson, ॡॡॡॡ; Eliasson and Lindholmer, ॡॡॡॡ).

It is well known that whenever along the male genital tract the seminal plasma osmolality is higher than that of blood (Tuck *et al.*, ॡॡॡॡ; Velazquez *et al.*, ॡॡॡॡ; Hinton *et al.*, ॡॡॡॡ; Polak and Daunter, ॡॡॡॡ) and it has been

reported that seminal osmolarity influences sperm motility both in invertebrates and vertebrates including mammals. Human spermatozoa are stored in epididymal fluid close to that measured in the vasa differentia (mean 342 m Osm / kg , (Hinton *et al.*, 1981). It is commonly held that the osmotic pressure of human semen is higher than serum (Rossato *et al.*, 2002). Spermatozoa are thought to experience a hypotonic challenge upon transfer to fluids in the female tract, the osmolality of which are reported to be in the range $276 - 302 \text{ m Osm / kg}$ (Edward, 1974; Menezo *et al.*, 1982; Casslen and Nilsson 1984; Rossato *et al.*, 1996) and $280 - 290 \text{ m Osm / kg}$ (Hinton *et al.*, 1981). Besides influencing sperm motility, seminal osmolarity variations have been demonstrated to be able to regulated Ca^{+2} influx, acrosome reaction and fertilizing ability acquisition in human sperm (Rossato *et al.*, 1996).

The study of Rossato *et al.*, (2002) showed that normospermic fertile men has seminal osmolarity values that are significantly lower with respect to asthenozoospermic patients ($317.8 \text{ vs. } 340.2 \text{ m Osm / L}$, $P < 0.001$) and seminal plasma osmolarity negatively correlated with sperm motility percentage and grade activity. Moreover when sperm from fertile subjects were suspended in medium with an osmolarity increasing from 300 to 600 m Osm sperm motility percentage and grade activity reduced and nearly abolished when medium osmolarity was 600 m Osm . On the contrary, when sperm from asthenozoospermic subjects with high semen osmolarity were resuspended in medium with lower osmolarity, sperm motility parameters improved significantly.

Osmolality of normal human seminal plasma 366 m Osm / kg was found to be higher than the osmolality of human blood serum. Abnormal seminal

plasma showed a still higher value 428 and 407 m Osm / kg respectively for astheno and oligoasthenozoospermic subjects (Velazquez *et al.*, 1977). In addition the study of Gopalkrishnan *et al.*, 1992, showed that high and low volume semen was associated with incidence of spermatozoa exhibiting subfertile characteristics and there was an inverse correlation between osmolarity and volume of semen sample.

2.5. Some causes of male infertility:

2.5.1. Oxidative stress and male infertility:

2.5.1.1. Reactive oxygen species (ROS):

Recently, the generation of oxidants, also described as reactive oxygen species (ROS), in the male reproductive tract has become a real concern because of their potential toxic effects, at high levels, on sperm quality and function (Sharma and Agarwal, 1996). ROS are highly reactive oxidizing agents belonging to the class of free radicals. As is true for all cells living under aerobic conditions, spermatozoa constantly face the oxygen (O_2) paradox. O_2 is required to support life, but its metabolites, such as ROS, can modify cell functions, endanger cell survival, or both (de Lamirande and Gagnon, 1990), hence ROS must be inactivated continuously to maintain only the small amount necessary to maintain normal cell function. A battery of different antioxidants normally protects against oxidants (Sies, 1993). Oxidative stress develops when oxidants outnumber antioxidants, peroxidation products develop, and these phenomena cause pathologic effects (Spitteler, 1993; Sikka, 2001).

Recent reports indicate that high levels of ROS are detected in the semen of 20 % to 40 % of infertile men (de Lamirande and Gagnon, 1990; Padron *et al.*, 1997). Most studies have implicated oxidative stress as a mediator of sperm dysfunction. The spermatozoa have a high content of polyunsaturated fatty acids (PUFA) within the plasma membrane and a low concentration of scavenging enzymes within the cytoplasm and they are susceptible to the peroxidation in the presence of elevated seminal ROS (Fraczek *et al.*, 2001; Dandekar *et al.*, 2002; Agarwal and Saleh, 2002; Agarwal *et al.*, 2003; Zarghami and Khosrowbeygi, 2004). Spermatozoa and seminal plasma contain a number of antioxidant systems which counteract the effects of ROS. Spermatozoa possess a low amount of cellular ROS defense system (Fujii *et al.*, 2003; Garrido *et al.*, 2004).

The seminal plasma is well endowed with an array of antioxidants that act as free radical scavengers to protect spermatozoa against oxidative stress (Zini *et al.*, 2000; Agarwal *et al.*, 2004; Sanocka and Kurpisz, 2004). Seminal plasma contains a number of enzymatic antioxidants such as superoxide dismutase (SOD) and catalase (Pecker *et al.*, 1997; Mruk *et al.*, 2002; Calamera *et al.*, 2003). In addition, it contains a variety of non-enzymatic antioxidants such as Vitamin C, Vitamin E, pyruvate, glutathione and carnitine (Meucci *et al.*, 2003).

2.5.1.2. Mechanism of oxidant generation in human semen:

A variety of semen components, including morphologically abnormal spermatozoa, precursor germ cells, and leucocytes, are capable of generating ROS. Seminal leucocytes and morphologically abnormal spermatozoa are the main source of ROS in human ejaculates (Kessopoulou *et al.*, 1992).

2.5.1.2.1. ROS production by spermatozoa:

Clear evidence suggests that spermatozoa can produce ROS (Aitken *et al.*, 1992; Gil-Guzman *et al.*, 2001; Hendin *et al.*, 1999). Levels of ROS production by sperm correlate negatively with quality of sperm in the original semen (Gomez *et al.*, 1998). The link between poor sperm quality and increased ROS generation lies in the retention of excess residual cytoplasm (cytoplasm droplets) in abnormal spermatozoa. When spermatozoa are impaired, the cytoplasm extrusion mechanism is defective. Spermatozoa released from the germinal epithelium carrying surplus residual cytoplasm are thought to be immature and functionally defective (Huszar *et al.*, 1997). Retention of residual cytoplasm by spermatozoa is positively correlated with ROS generation via mechanism that may be mediated by the cytosolic enzyme glucose-6-phosphate dehydrogenase (G6PD). This enzyme controls the rate of glucose flux through the hexose monophosphate shunt, which in turn, controls the intracellular availability of nicotinamide adenine dinucleotidephosphate (NADPH) (Fig : 2). The latter is used as a source of electrons by spermatozoa to fuel the generation of ROS by an enzyme system known as NADPH-oxidase (Aitken *et al.*, 1997).

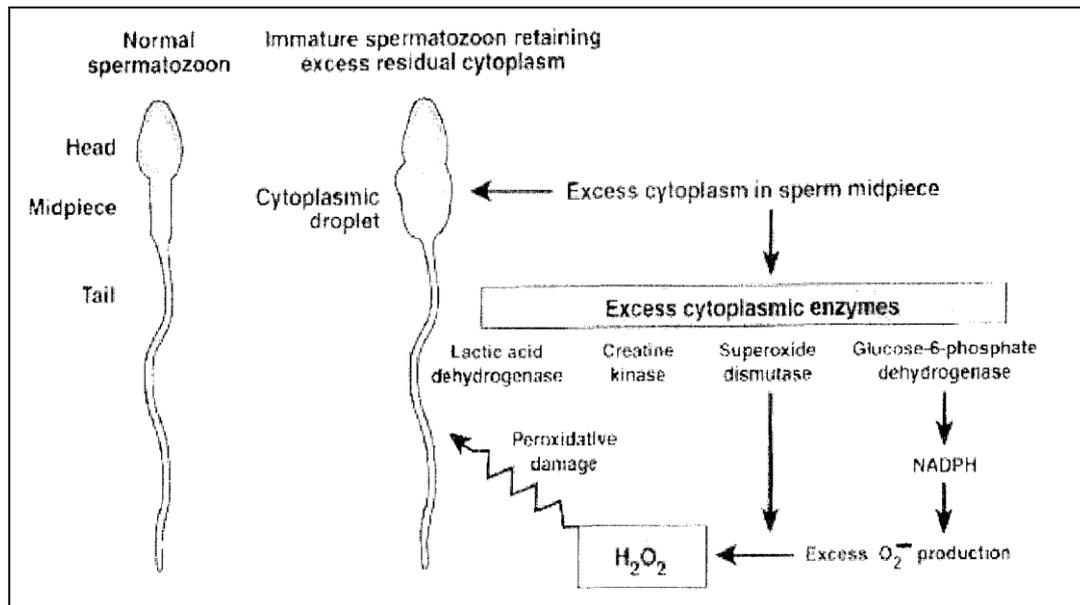


Fig (°): Mechanism of ROS production by immature spermatozoa (spermatozoa with excess residual cytoplasm). H₂O₂ hydrogen peroxide; NADPH - nicotinamide adenine dinucleotide phosphate; O₂^{•-} superoxide anion. (Aitken *et al.*, 1997).

Spermatozoa may generate ROS in two ways: (1) as a result of the NADPH-oxidase system at the level of the sperm plasma membrane, and (2) as a result of the NADH-dependent oxidoreductase at the level of mitochondria (Aitken *et al.*, 1992). The mitochondrial system is the major source of ROS in spermatozoa from infertile men (Plante *et al.*, 1994). The primary ROS generated in human spermatozoa is the superoxide anion (O₂^{•-}). This one-electron reduction product of O₂ secondarily reacts with itself in a dismutation reaction, which is greatly accelerated by superoxide dismutase, to generate hydrogen peroxide (H₂O₂). In the presence of transition metals such as iron and copper, H₂O₂ and O₂^{•-} can interact to generate extremely pernicious hydroxyl radical (OH[•]) as shown in the following equation:



Alternatively, the hydroxyl radical can be produced from hydrogen peroxide, which requires a reducing agent such as ascorbate or ferrous iron, as

shown in the equation: $H_2O_2 + Fe^{+2} \rightarrow Fe^{+3} + OH^\cdot + OH$. The hydroxyl radical is thought to be an extremely powerful initiator of the lipid peroxidation cascade and can precipitate loss of sperm functions.

2.5.1.2.2. ROS production by leucocytes:

Peroxidase–positive leucocytes are the major source of ROS in semen (Ochsendorf, 1999). Peroxidase-positive leucocytes include polymorphonuclear leucocytes, which represent 50 % to 60 % of all seminal leucocytes, and macrophages, which represent 20 % to 30 % of all seminal leucocytes (Fedder *et al.*, 1993). Peroxidase–positive leucocytes in semen are contributed largely by the prostate and seminal vesicles (Wolff, 1990). The capacity of leucocytes to generate ROS depends on their activation, which may occur in response to a variety of stimuli, including inflammation and infection (Saran *et al.*, 1999). During activation, NADPH production is increased, and the myeloperoxidase system of leucocytes is activated, leading to a respiratory burst with subsequent release of high levels of ROS (Blake *et al.*, 1987). Such an oxidative burst is thought to be an effective early defense that kills the microbes in cases of infection (Saran *et al.*, 1999). Sperm damage from ROS produced by leucocytes may occur when seminal plasma is removed during sperm preparation for assisted reproduction (Ochsendorf, 1999), or when seminal leukocyte concentrations are abnormally high, such as in leucocytospermia (Shekarriz *et al.*, 1990).

2.5.1.3. ROS and idiopathic infertility:

Men with idiopathic infertility generally present with significantly higher seminal ROS levels and lower antioxidant properties than healthy control. Therefore, it appears that presence of ROS in infertile normozoospermic men may be the cause behind previously unexplained cases of infertility. Similarly, sperm DNA damage analysis may reveal hidden sperm DNA abnormalities in infertile men with normal standard sperm values who were diagnosed with idiopathic infertility. The increases in sperm DNA damage in these patients may be partly related to high levels of seminal oxidative stress (OS) (Pasqualotto *et al.*, 2001).

2.5.1.4. ROS and leucocytospermia:

Genital tract infections are usually associated with leucocytospermia and elevated ROS levels, as leucocytes represent the major source of ROS production in ejaculates. Although leucocytes are a constant component of human ejaculates and no semen sample is free of them, if the prevalence of leucocytes exceeds normal values (1×10^6 / ml), spermatozoa can be compromised (Agarwal and Said, 2005). Most important leucocytospermia has been associated with occult sperm DNA damage; this may occur directly in the form of leucocytospermia, a manifestation of inflammation that is associated with cytokines, which can potentially alter spermatogenesis and cause DNA aberrations, or indirectly as a result of pathological ROS levels, which are frequent in leucocytospermic patients. In one study, levels of the oxidative DNA damage marker 8-hydroxy-2-deoxyguanosine (8-OH-Dg) were significantly elevated in infertile male patients (Kodama *et al.*, 1997).

2.5.1.5. ROS and varicocele:

The exact pathways by which a varicocele damages spermatogenesis and sperm quality remain poorly understood. ROS may be an important factor, as elevated levels have been detected in infertile patients with varicocele, along with reduced levels of both seminal and blood plasma antioxidants. Levels of ROS positively correlate with the degree of varicocele and are expected to decrease after varicocelectomy (Barbieri *et al.*, 1999).

In a recent study from our group, infertile patients with varicocele had a significantly higher sperm DNA fragmentation index (DFI) than healthy controls. In addition, infertile patients with varicocele had significantly higher levels of OS than infertile patients with normal genital examination and the controls. Therefore, it appears that infertile men with varicocele have significantly greater spermatozoal DNA damage, which can be related to high levels of OS in semen (Saleh *et al.*, 2003). Another potential cause of sperm DNA damage in patients with varicocele is apoptosis. Levels of apoptosis are higher in ejaculated spermatozoa from such patients than in spermatozoa from healthy men (Agarwal and Said, 2005).

2.5.1.6. ROS and semen quality:

2.5.1.6.1. Teratozoospermia:

Teratozoospermia occurs as a result of defective spermatogenesis and is characterized by an abundance of spermatozoa carrying surplus residual cytoplasm. The retention of residual cytoplasm promotes spermatozoa to generate endogenous ROS via mechanism as mentioned previously. Therefore, patients presenting with teratozoospermia are at greater risk of developing pathogenic levels of ROS, apoptosis, and sperm DNA damage (Aitken, 1999). In general, ROS production is highest in immature spermatozoa from

with abnormal semen values. However, immature spermatozoa with cytoplasmic retention are not the only abnormal male germ cells that are associated with high levels of DNA damage and ROS production. Spermatozoa with abnormal head morphology, midpiece defects and tail defects also have the same characteristics. Production of ROS positively correlates with the sperm deformity index, calculated by dividing the total number of deformities observed by the number of sperm evaluated (Aziz *et al.*, ۲۰۰۴).

۲.۵.۱.۶.۲. Asthenozoospermia:

ROS can directly damage spermatozoa by inducing peroxidation of the lipid-containing sperm plasma membrane, which decreases its integrity, and may also affect sperm motility by damaging the axonemal structure (Saleh and Agarwal, ۲۰۰۲). Therefore, high levels of OS are important in the impairment of sperm motility and the occurrence of asthenozoospermia. (Weng *et al.*, ۲۰۰۲).

۲.۵.۱.۶.۳. Oligozoospermia:

According to WHO, (۱۹۹۹) when sperm concentration is less than ۲۰×۱۰^6 / ml the condition is called oligozoospermia. Kodama *et al.*, (۱۹۹۷) and Shen *et al.*, (۱۹۹۹), found that the level of sperm \wedge -OH-dG in infertile patients was significantly higher than that in healthy subjects. There is a significant inverse correlation between \wedge -OH-dG and sperm density and total sperm count. One possible explanation for the inverse \wedge -OH-dG levels and total number of sperm counts and sperm density is that oxidative sperm DNA damage is associated with the condition of oligozoospermia (Shen *et al.*, ۱۹۹۹). Kodama *et al.*, (۱۹۹۷) suggested that those spermatozoa with extensive DNA

damage may tend to degenerate and be absorbed during the spermatogenic process.

2.5.1.6.4. Azoospermia:

Apoptosis and DNA damage may prevent sperm from maturing, as a result, patients may present with azoospermia as a result of an imbalance in these pathways (Said et al., 2004). Under physiological conditions, apoptosis maintains the number of germ cells within the supportive capacity of Sertoli cells. However disturbances in this pathway can interrupt the spermatogenic cascade. High levels of apoptosis were detected at spermatogenic stages where major developmental blocks occur, and frequencies of DNA damage were higher in less mature germ cells (Tesarik et al., 1998).

2.5.1.7. ROS and treatment:

Levels of ROS can be reduced by augmenting the scavenging capacity of the seminal plasma with antioxidants (Agarwal et al., 2004). Combined therapy is much more beneficial in managing infertile men, because antioxidants act by different mechanisms on different free radicals. Patients diagnosed with male accessory gland infections may benefit from carnitines (L-carnitine 1 g and acetyl-carnitine 0.5 g) twice daily for 3 months, as it results in a significant reduction in ROS levels in semen samples. Other combinations of vitamins A and E with N-acetyl-cystine may also be used. A few clinical trials report the positive effects of antioxidant administration on sperm DNA integrity. When given for 3 months, vitamin C (500 mg), combined with vitamin E (500 mg) and glutathione (400 mg), significantly decreased 8-OH-dG levels, considered as a marker of OS-induced sperm DNA damage. Similarly, N-acetyl-cystine and / or

a mixture of essential fatty acids and vitamins E and A reduced levels of α -OH-dG (Agarwal *et al.*, 2004).

Sperm preparation methods are used during assisted reproduction techniques (ART_s) which include intrauterine insemination (IUI), in vitro fertilization (IVF) and intracytoplasmic sperm injection (ICSI), media may be supplemented with a variety of antioxidants to guard against OS. Adding different concentrations of vitamin C (300 and 600 $\mu\text{mol} / \text{L}$) and vitamin E (40 and 60 $\mu\text{mol} / \text{L}$) to sperm preparation medium significantly reduced hydrogen peroxide. The superoxide anion can be also reduced by 29-72 % by adding 10 mmol / L pentoxifylline (Agarwal *et al.*, 2004). The antioxidants in vitro are more marked in samples that were originally characterized by high levels of ROS. N-acetyl-cystine (0.1 and 0.5 mg / ml) has a dose-dependent effect in reducing ROS levels; the reduction was greater in patients with high levels of ROS than in those with low levels (Oeda *et al.*, 1997).

Semen samples that contain high levels of DNA damage are often associated with decreased fertilization rates and / or embryo cleavage after IVF and ICSI, and may be linked to early embryo death. Although the most normal appearing and motile spermatozoa are selected during ART, there is always a chance that sperm containing varying degrees of DNA damage may be used. The miscarriage rate is highest after ICSI, which possibly reflects the fact that genomically compromised spermatozoa are sometimes used and lead to irreparable DNA damage in the embryo (Carrell *et al.*, 2003).

2.5.1.8. Malondialdehyde:

Lipid peroxidation (LPO) is the most extensively studied manifestation of oxygen activation in biology. In spermatozoa, production of malondialdehyde

(MDA), an end product of LPO induced by ferrous ion promoters, has been reported (Darley-Usmer *et al.*, 1990). Formation of MDA can be assayed by the thiobarbituric acid (TBA) reaction which is a simple and useful diagnostic tool for the measurement of LPO for *in vitro* and *in vivo* systems (Taourel *et al.*, 1992). Available data on the impact of OS on sperm motility are based on the measurement of seminal plasma and sperm MDA (Suleiman *et al.*, 1996; Fraczek *et al.*, 2001; Nakamura *et al.*, 2002; Keskes-Ammar *et al.*, 2003). The results of these findings are controversial. Suleiman *et al.*, (1996) did not observe any correlation between seminal plasma levels of MDA and sperm motility, but observe that the MDA conc. in sperm pellet suspension of asthenospermic and oligoasthenospermic patients was twice that of the normospermic men, and the treatment of asthenospermic patients with oral vitamin E significantly decreased the MDA conc. in spermatozoa and improved sperm motility.

Study of Fraczek *et al.*, (2001) showed that seminal plasma level of MDA is higher in asthenozoospermic males than this level in normospermic men. Nakamura *et al.*, (2002) investigation showed that there is no significant difference in seminal plasma level of MDA between asthenozoospermic and normospermic males. Keskes-Ammar *et al.*, (2003), observed that there is an indirect correlation between seminal plasma levels of MDA and sperm motility. Tavilani *et al.*, (2000), showed that MDA concentration in the spermatozoa and seminal plasma of asthenospermic was significantly higher than in normospermic males. There are a significant inverse relationships between sperm motility and MDA conc. in normospermic and asthenospermic men, and MDA levels was higher in asthenospermic one (Zarghami and Kosrowbeygi, 2000).

2.5.2. Leucocytospermia:

Leucocytes are present throughout the male reproduction tract and are found in almost every human ejaculates (El-Demiry *et al.*, 1987). They are thought to play an important role in immunosurveillance (Kiessling *et al.*, 1990) and phagocytic clearance of abnormal sperm (Tomlinson *et al.*, 1992). The leukocyte counts in semen is one of the classical measures of semen quality and presence of leucocytes in abnormally high conc. $> 10^6$ / ml according to (WHO, 1999) is defined as leucocytospermia. Increased conc. of leucocytes in semen provides an important clinical indicator of genital tract infection or inflammation (Combaire *et al.*, 1980). The incidence of leucocytospermia is high among infertile patients (Wolff, 1990).

There are different studies and opinions about the role of leucocytospermia in the pathogenesis of male infertility. Some authors have suggested that there is an association between increased seminal WBC conc. and poor semen parameter (Wolff *et al.*, 1990; Vicino *et al.*, 1999; Arata de Belabarba *et al.*, 2000; Diemer *et al.*, 2003) or reduced sperm fertilization capacity (Vogelpoel *et al.*, 1991). Whereas other have found leucocytes to have no negative influence (Tomlinson *et al.*, 1992; Rodin *et al.*, 2003).

Simbini *et al.*, (1998), showed an inverse relation is apparent between leucocyte conc. and sperm count, the percentage of abnormal sperms was higher and the sperm motility poorer in leucocytospermic samples but leucocytospermia not affects the accessory sex gland functions. Semen parameters including progressive motility rate and sperm conc. were significantly lower in the leucocytospermic group compared with the control group, also ICSI outcome including fertilization and embryo development rates were significantly lower in leucocytospermic group (Yilmaz *et al.*, 2000).

Oxidative stress is a key factor in the aetiology of male infertility and develops when levels of ROS production by leucocytes become high enough to overwhelm the antioxidant strategies present in semen (Sikka *et al.*, 1990), as mentioned detail in ROS production by leucocytes.

2.5.3. Varicocele:

Varicocele is defined as an abnormal dilatation of the testicular veins within the pampiniform plexus, it occurs on the left side in 78–93 % of cases (Saypol *et al.*, 1983). The incidence of varicoceles in the general population is approximately 10 %, while 19 to 41 % of men presenting for infertility investigation demonstrate varicoceles (Cockett *et al.*, 1984). Treatment of varicoceles in infertile men has demonstrated improved semen parameters in 60–80 % of patients (Marks *et al.*., 1986), pregnancy rates of 3–71 % (Madger *et al.*., 1990), and most recently increased per cycle pregnancy and live birth rates with IUI (Daitch *et al.*., 2000).

There are 3 accepted theories on the causes of varicoceles. First, that there are anatomical differences between the left and right testicular veins; specifically, that the right testicular vein inserts directly into the inferior vena cava, while the left testicular vein inserts into the left renal vein. The different insertion of the left testicular vein is believed to result in an increase in hydrostatic pressure, which is subsequently transmitted to the pampiniform plexus, causing dilatation and tortuosity of the veins, second, that there is an absence of competent venous valves, resulting in reflux of venous blood. The venograph pattern of 609 consecutive men with varicoceles showed that 73 % of these men had absent venous valves (Braedel *et al.*, 1994). Third, that there is partial obstruction of the testicular vein caused by compression of the left

renal vein between the aorta and the superior mesenteric artery (Naughton *et al.*, ۲۰۰۱).

The exact mechanism by which the varicocele depress spermatogenesis is unknown but several theories have been advanced to explain the mechanism by which varicocele impairs male infertility. These theories include scrotal hyperthermia, retrograde flow of adrenal or renal metabolites, Leydig cell dysfunction and hypoxia. Varicocele is reported to be associated with elevated ROS production in spermatozoa and diminished seminal plasma antioxidant activities (Mostafa *et al.*, ۲۰۰۱).

The studies which explained the relationship between varicocele and semen quantity are controversial, it is generally accepted that a varicocele influences spermatogenesis and may be linked to a decreased sperm count, abnormal sperm motility, and morphology. Following varicocelectomy, semen quality improves significantly, but the mechanism of action is still unknown (Dubin and Amelar, ۱۹۷۷; Hendry, ۱۹۹۲). The semen quality including sperm conc. and total sperm count was significantly lower in men with varicocele than that of control subjects, but there are no differences in the volume of semen and sperm motility between the ۲ groups (Lund and Nielsen, ۱۹۹۶).

Study of Freiha and Mroueh, (۱۹۷۶) showed that there are a significant improvement of sperm count, motility and morphology of patients with varicocele after ligation of spermatic vein. Scrotal cooling at night by means of a prigenital air stream resulted in a scrotal temperature drop by ۰.۸ °C (median), and a significant increase in sperm conc. and total sperm count was achieved by

nocturnal cooling after 1 weeks and 12 weeks. The improvement of sperm motility and sperm morphology was statistically insignificant in oligozoospermic men with a history of testicular maldescent (Jung *et al.*, 2005). When comparing pre-operative and post-operative semen parameters of varicocele patients, there was a significant increase in sperm conc., and percentage of motile spermatozoa, as well as a significant reduction in spermatozoa with abnormal morphology, and reduction in the level of MDA, after 3 months or followed 3 months of varicocelectomy (Mostafa *et al.*, 2001).

The influence of varicocele on fertility parameters showed that the mean of testosterone conc. of men aged over 30 years complaining from varicocele was significantly lower than that of younger patients with varicocele, whereas this trend was not observed in men without varicocele (WHO, 1992). These findings suggest a detrimental, time dependent effect of varicocele on Leydig cell function. There was significant elevation of FSH in the seminal plasma of the infertile men with varicocele compared with the other infertile men without varicocele and fertile men. Seminal plasma of LH and prolactin values was similar in both infertile groups but significantly higher than in the fertile men. Testosterone and oestradiol levels, in the seminal plasma of infertile men with varicocele were lower than in the fertile and the other infertile males (Micic *et al.*, 1986).

2.5.4. Smoking:

Cigarette smoking is a serious health problem of our society. According to World Health Organization (WHO) approximately one third of the world's population above 10 years of age smoke. It is known that cigarette smoke is a cell mutagen and carcinogen and that it may adversely affect male fertility

(Zenzes, 2000). Cigarette smoke (CS) contains a large number of substances including nicotine, carbon monoxide and recognized carcinogens and mutagens such as radioactive polonium, cadmium, benzo (a) pyrene, dimethylene (a) anthracene and others (Zavos *et al.*, 1998; Zenzes, 2000). Inhalation of CS, leads to absorption of these agents through vascular and blood circulation throughout the body (Stillman, 1986). It is also possible that CS derived substances could end up in the seminal plasma of smokers through various modes of diffusion and active transport (Zavos, 1989).

Numerous investigations have been conducted on the relationship between CS and male infertility, but the exact molecular mechanism is not fully understood in most the cases and the data are very disputable.

Infertile men who smoke have higher levels of seminal OS than infertile non-smoker. The link between CS and higher seminal ROS can be attributed in part to the associated increase in seminal leucocyte concentrations by as much as 48 % (Saleh *et al.* , 2002). In addition, cigarette smoke contains a variety of ROS. Smoking may also damage the chromatin structure and produce endogenous DNA strand breaks in human sperm. Levels of DNA damage tend to be higher in smokers (Potts *et al.*, 1999).

Many investigations have found a significant correlation between smoking and the impairment of semen parameters, such as a decrease in sperm motility or increase in abnormal sperm morphology and lowered sperm density (Alwachi *et al.*, 1986; Vine *et al.* , 1994; Sofikitis *et al.* , 1990; Merino *et al.* , 1998; Zenzes , 2000; Zinaman *et al.* , 2000). Recently, it has been proved that CS is associated with a significant decrease in sperm density, total sperm count, and total number of motile spermatozoa (Kunzle *et al.*, 2003).

These authors also demonstrated that CS could significantly reduce percentage of normal sperm morphology, ejaculate volume and sperm vitality.

The study of Pasqualotto., *et al* (2004) showed no significant differences between non-smoker and smoker fertile men in sperm concentration and motility, but semen volume was the only semen variable which tended to decrease according to the number of cigarette smoked. Also some other studies found no correlation between CS and semen quality, sperm function or sperm nuclear DNA damage (Sergerie *et al.*, 2000; Vogt *et al.*, 1986).

In a meta-analysis of 27 studies on CS and semen quality, mean reduction of 13 % in sperm conc., 10 % in sperm motility and 3 % in normal sperm morphology were found in smokers, and CS has also been correlated with poor sperm function in sperm penetration assays (Vine, 1996).

2.5.5. Spermatozoa and the immune system:

2.5.5.1. Protection of the spermatozoa:

When spermatocytes and spermatozoa are produced at puberty they express antigens not previously encountered by the immune system. As maturation takes place they become progressively more foreign to their progenitor and migrate towards the lumen of the seminiferous tubule. They are protected from immunological destruction in the testes by tight junctions forming between Sertoli cells, isolating the lumen of the seminiferous tubule from the interstitium. This blood–testes barrier prevents immunoglobulins and immunocompetent cells from entering the lumen of the tubule (Yule *et al.*, 1988).

The protection provided by the blood – testes barrier is incomplete. It allows the immune system access to the antigens of spermatocytes in the basal compartment of the seminiferous tubule (Yule *et al.*, 1988). Intra-epithelial lymphocytes are present in the rete testes, epididymis, and vas deferens and macrophages are found in the interstitium of the testis and epididymal lumen. In the testis, macrophages may provide a secondary barrier preventing the escape of non-sequestered antigenic material migrating to the boundary wall of the seminiferous tubule at stages of spermatogenesis where there is a significant amount of degeneration of germ cells (Pundey and Anderson, 1993). In the epididymis they have been observed to contain sperm fragments. This constant antigenic (leak) could be responsible for maintaining a state of immune tolerance by generating suppressor T lymphocytes, which account for the most of the intra-epithelial lymphocytes of the rete testes, epididymis and vas deference (Turek and Lipshultz, 1994 ; Pollanen and Cooper, 1994).

2.5.5.2. Incidence of antisperm antibodies (ASA):

It is well established that both men and women can produce antibodies which react with human spermatozoa. In infertile men ASA can be detected in seminal plasma and serum and are also located on the surface of spermatozoa. The condition of having ASA has also been found in men with homosexuality, testicular trauma, varicocele, mumps orchitis, spinal cord injury, congenital absence of the vasa and vasectomy (Shibahara *et al.* , 2002).

In 1904, Rumke first discovered antibody activity to sperm in the sera from two infertile men using a sperm agglutination technique. They subsequently showed that about 3 % of infertile men had sperm agglutinating antibody, whereas it was absent from fertile controls (Rumke and Hellinga 1909). Afterwards, it has been shown that the incidence of ASA in men

suspected of infertility was 42% (Ayvaliotis et al., 1980; Naz and Menge, 1994).

The study of Hunter *et al.*, (1976), showed that sperm–agglutinating antibodies were present in 3 (2.6%) of 114 fertile men and in 19 (33.9%) of 56 men who had been vasectomized. Twenty–four of the 56 vasectomized men had been studied before vasectomy; sperm – agglutinating antibodies were present in one (4.2%) compared with eight (33.3%) after vasectomy. No sperm– immobilizing antibodies were detected before vasectomy but were present in 10 (17.9%) of the 56 men after vasectomy.

2.5.5.3. Types and origin of the ASA:

ASA found in semen are usually immunoglobulins of the IgG or IgA isotype that are directed to various sites of the spermatozoa, i.e. head, midpiece, tail, or combinations of them (Peters and Coulam, 1992). IgGs in semen are mostly regarded as transudates from the systemic circulation via the prostate gland, whereas IgA is usually (60 – 90%) secretory in type, suggesting intratesticular and / or epididymal synthesis (Adeghe, 1992). The binding of these antibodies can be directed toward carbohydrate or peptide moieties of sperm antigens, but the binding can also occur via Fc receptors (Allen and Boune, 1978; Isojima, 1988).

2.5.5.4. ASA and fertility:

In general, tail–directed ASA tend to influence and disturb sperm progressive motility, whereas head–directed ASA may alter fertilization by occluding binding sites for zona pellucida binding (Bronson *et al.*, 1984) or by affecting motility parameters (Zouari *et al.*, 1993). The acrosome reaction, another crucial step in human sperm function, can also be altered by ASA

(Lansford *et al.*, 1990). Capacitation involves loss of cholesterol from the sperm surface membrane which induces changes necessary for fertilization. ASA can prevent the loss of cholesterol and inhibit these changes (Benoff *et al.*, 1993).

From a physiological point of view, immunological infertility due to sperm surface antibodies can result from the effect on sperm transport, the destruction of gametes, acrosome reaction abnormalities, by inhibition of sperm zona–pellucida binding or by prevention of embryo cleavage and early development of the embryo (Bronson *et al.*, 1984; Shushan and Schenker, 1992). Surprisingly, spermatogenesis is apparently not affected by the presence of IgG or IgA ASA since sperm density and / or morphology are not influenced by the presence of these antibodies (Haas *et al.*, 1983; De Almeida *et al.*, 1991).

2.5.6. Hormonal imbalance:

Endocrine or hormonal disorders represent about 2-5 % of male infertility factor (Leon *et al.*, 1999), and primary endocrine abnormalities are rare in patients with sperm concentration of $> 5 \times 10^6$ / ml (Butt and Blunt, 1988). It is advisable that any infertile male requiring an endocrine evaluation should at least have the following basal hormone measurements: FSH, LH, testosterone, sex–hormone binding globulin (SHBG) and prolactin. Testosterone and gonadotrophins must always be measured simultaneously as the results of either can not be interpreted in isolation (Swerdloff *et al.*, 1991). Low serum FSH, LH, and testosterone values indicate hypothalamo – pituitary disease such as hypogonadotrophic hypogonadism (Trainer and Besser, 1990).

A high FSH and LH and low testosterone indicate primary testicular failures, i.e. hypergonadotrophic hypergonadism, involving both Leydig and germinal epithelium. An azoospermic patient with normal serum testosterone, LH and FSH level has either retrograde ejaculation or obstructive azoospermia and may need further evaluation with testicular biopsy and exploration of the vas. In contrast, a patient with oligo / azoospermia and elevated circulating FSH but normal LH and testosterone levels has primary germinal tubular failure with no associated Leydig cell damage, and under these circumstances testicular biopsy is unnecessary. Combined elevation of LH and testosterone in a male indicates that pituitary gonadotrophs and testosterone target-tissue resistance are unresponsive to circulating androgens and suggest partial-androgen-resistant syndrome, i.e. Reifenstein's syndrome (Islam and Trainer, 1998).

Hyperprolactinemia probably causes hypogonadism by disrupting GnRH release from the hypothalamus (Franks *et al.*, 1978). Elevated circulating prolactin concentrations are associated with impotence and decreased libido rather than spermatogenic failure and decreased of testosterone (Thorner *et al.*, 1977; Segal *et al.*, 1979).

2.6. *In vitro* human sperm activation:

There are several techniques were discovered and used for sperm activation and improvement of them to further used in artificial insemination. The artificial insemination is used when the seminal fluid is subnormal or the presence of ASA and also used in idiopathic infertility in males and females (Confino *et al.*, 1986).

In vitro addition of seminal fluid to the ovum directly without sperm activation lead to failure of fertilization due to incurrence of capacitation process, as well as due to the effects of some abnormal seminal components such as leucocytes and phagocytes (Kanwar *et al.* , 1979).

Sperm motility percent and normal sperm morphology are very important to increases the chance of fertilization and pregnancy rates through the Artificial Insemination by Husband (AIH), gametes intrafalopian transfers (GIFT), *in vitro* fertilization and embryo transfers (IVF–ET) (Menkveld *et al.*, 1990).

The results of Al-Hady, (1997), showed a significant improvement of sperm functions which include; sperm motility percent, normal sperm morphology percent, sperm agglutination percent, leucocytes conc., and sperm grade activity after sperm activation compared with the value before activation when used different techniques and two sperm activation medium Ham's F-10 medium and modified balanced Earle's medium .

The malondialdehyde values decreased in seminal fluid which treated with Ham's F-10 medium plus vitamin E and apoptosis of spermatozoa decreased in semen with Ham's F-10 medium only and Ham's F-10 medium plus vitamin E , both of them have protection effect against oxidative stress in human semen (Yenilmez *et al.* , 2006).

٣. Materials and Methods:

٣.١. Patients :

The study included two hundred and eighty selected infertile men who attended to Infertility care and (IVF) center in Arbil, as well as thirty healthy volunteer fertile men who have one or more than one child, as control group.

This work was carried out between July ٢٠٠٥ and June ٢٠٠٦. Other information was taken from the patients before starting the evaluation of semen analysis. This information was recorded in a prepared data form Table (٣). The mean age of infertile men was (٣٣.٤٩٢ ± ٠.٤٣٨) years and the mean duration of infertility was (٧.٤٨٩ ± ٠.٣١٦) years. The mean age of fertile control men was (٣٤.٦٧٣ ± ٠.٨٤٥) years.

Table (٣): Prepared data form for infertile patients.

Number of patients :	Number of file :
Date :	Full address :
Name of patient :	Name of wife :
Age of patient :	Age of wife :
Days of abstinence :	Type of infertility :
Blood group :	Duration of infertility :
Work :	Exposed to chemicals :
Varicocele :	Pubertal mumps :
Inguinal hernia :	Alcohol taking :
Smoking :	
Others :	

٣.٢. Stains:

A – Sperm vitality:

١- Eosin Y ١٠ gm / L in D.W = ١ %.

٢- Nigrosin ١٠٠ gm / L in D.W = ١٠ % (WHO, ١٩٩٩).

B – Working benzidine solution:

١- Ethanol ٩٦ % ٢٠ ml

٢- Benzidine ٠.٦٢٥ mg

٣- D.W ٢٠ ml

C – Hematoxylin and eosin ٠.٥ %

٣.٣. Sperm activation medium:

٣.٣.١. Modified balanced Earle's medium:

Table (٤): Shows the components of the modified Earle's medium, ١٠٠ ml of this medium was prepared according to the following steps (Al-Hady, ١٩٩٧):

- ١- Earle's salt (CMV-١ company, France), Ampicillin, and sodium pyruvate was added to ٩٠ ml of D.W.
- ٢- Sodium bicarbonate added to the mixture above.
- ٣- The mixture is well mixed gradually until all they are dissolved.
- ٤- The osmolality is adjusted between ٢٨٠-٢٩٠ mOSm / kg by using the osmometer type (Knauer, D-١ ٤١٦٣, Berlin, Germany)
- ٥- D.W. was added for adjusting the osmolality.
- ٦- pH adjust at ٧.٦ .
- ٧- Drops of diluted HCL were used if the solution is alkaline.

Table (٤): Preparation of ١٠٠ ml of modified Earle's medium which used for *in vitro* sperm activation.

Components	Quantity
Earle's salt	٠.٨٨ gm
Ampicillin	0.٠٠٨ gm
Sodium pyruvate	٠.٠٠١ gm
Sodium bicarbonate	٠.٢١ gm
D.W	١٠٠ ml
Osmolality	٢٨٠ – ٢٩٠ mOSm / kg
pH	٧.٦

- Inactivated female serum ٢٠ % was added to the medium during the time of sperm activation (Al – Hady, ١٩٩٧).

٣.٤. Solutions used in malondialdehyde determination:

- ١ – Thiobarbituric acid (TBA) ٠.٦ %
- ٢ – Trichloroacetic acid (TCA) ١٧.٥ %
- ٣ – Trichloroacetic acid (TCA) ٧٠ %

٣.٥. ٠.١ M phosphate buffer saline (PBS) pH ٧.٤:

- ١- ٠.٢ M NaHPO_4 monobasic stock prepared by :
١٣.٥ gm NaHPO_4 in ٥٠٠ ml D.W.
- ٢- ٠.٢ M Na_2HPO_4 dibasic stock prepared by :
٥٣.٥ gm Na_2HPO_4 in ١ L of D.W.

3- 0.1 M phosphate buffer prepared by:

0.7 ml of monobasic and 2.3 ml dibasic phosphate solution were mixed.

4- 0.1 M of PBS pH prepared by:

0.7 ml of 0.1 M phosphate buffer + 3.0 gm NaCl

3.6. Semen collection:

Semen samples were collected by masturbation after 3-5 days of abstinence, in wide mouth disposable plastic container. The semen samples were incubated at 37 °C for 30 minutes to liquefy (Pal *et al.*, 2006).

The following routine parameters were assessed in the liquefied semen samples according to the methods described in the (WHO, 1992; WHO 1999). These parameters includes; appearance, volume, pH, color, viscosity, liquefaction time, sperm conc., sperm motility percent, sperm grade activity, sperm vitality percent, sperm morphology percent and agglutination.

The semen was centrifuged at 3000 (rpm) for 10 minutes to obtain the plasma. The plasma was stored in -80 °C (Sanyo ultra Low MDF-142 Japan) for further examinations, such as antisperm antibodies, osmolality, and malondialdehyde determination. Also a total of 0 ml of blood was obtained from some patients (azoospermia and severe oligozoospermia), and some control men. Serum was separated by centrifugation at 3000 (rpm) for 10 minutes and stored at -80 °C until hormonal evaluation performance.

3.7. Macroscopic examination:

3.7.1. Appearance:

Normal semen sample has a gray–opalescent appearance. The normal and abnormal appearance of the semen was recorded.

३.१.३. pH:

The pH of semen sample was estimated by using a pH paper range १.१–१.० was used. Whatever type of pH paper is used, its accuracy should be checked against known standards before the use in routine semen analysis (Comhaire and Vermeulen, १९९०, WHO, १९९९). The pH recorded in fresh semen immediately after liquefaction of semen to avoid pH falls as the specimen ages (Hinting, १९८९).

३.१.३. Volume:

The volume of the ejaculate was measured with a graduated cylinder.

३.१.३. Viscosity:

The viscosity of the liquefied sample was estimated by gentle aspiration into pasture pipette and then allowing the semen to drop by gravity and observing the length of the thread formed. A normal sample leaves the needle as small discrete drops, while in cases of abnormal consistency the drop will form a thread of > ३ cm (Comhaire and Vermeulen, १९९०; WHO, १९९९).

३.२. Microscopic examination:

३.२.१. Sperm concentration:

The sperm concentration was estimated by multiply the mean of sperm number in ten field with 10^7 . Total sperm count = Sperm conc. \times volume (Al-Hady, 1997).

3.8.2. Sperm motility:

A drop of well mixed undiluted semen was placed on the surface of a warm dry clean slide. A cover slip is placed on the drop of the semen. The slide is allowed to rest on the microscope until the streaming of the sperm has stopped. Then the drop is viewed at $400\times$ (Yaseen, 2004). A minimum of around 200 sperm should be counted; both motile and immotile sperms are counted in at least 5 separate fields (WHO, 1999).

The motility of spermatozoa in each sample is graded 0, 1, 2, 3, or 4 according to whether it shows:

0 = no movement

1 = movement but not forward progression

2 = movement with slow forward progression

3 = movement in an almost straight line with good speed

4 = movement in a straight line with high speed (Dale McClure, 1986;

Levin *et al.*, 1992; Seaman *et al.*, 1994).

The percentage of sperm motility was calculated by:

$$\text{Motility \%} = \frac{\text{number of motile spermatozoa}}{\text{total number of spermatozoa (motile and immotile)}} \times 100.$$

The sperm motility index was calculated by multiplying the grade activity with the percentage of motility (Makler *et al.*, 1979).

3.8.3. Sperm vitality test:

1 - A drop of liquefied semen was mixed with two drops of 1 % eosin Y solution.

2 – After 30 seconds, three drops of nigrosin solution 10 % was added and mixed.

3 – A thin smear of the semen–eosin–nigrosin mixture was made within the 30 seconds of adding nigrosin .

4 – Allowed to air - dried and examined under the microscope (1000 x).

One hundred sperm were counted to express the percentage of live spermatozoa. The live spermatozoa are white and the dead are stained red (WHO, 1999).

Sperm vitality = number of viable sperm / total number of spermatozoa × 100.

3.8.4. Sperm morphology:

The sperm morphology was done by using the haematoxylin and eosin stains. These stains available in all laboratories and for the most part is adequate for staining spermatozoa. The method has the advantages of speed and simplicity, it was performed as follows:

1 – Air dry smear of the semen

٢ – Fixed in methanol and washed with water

٣ – Immersed in Harris haematoxylin for ١ minute and then washed with water.

٤ – Immersed in alcohol ١ % and in ٧٠ % alcohol for ٢–٣ minutes and washed with water .

٥ – Dipped into ٢ % sodium bicarbonate solution for ١٠–٢٠ seconds, and washed in water.

٦ – Stained with an aqueous ٠.٥ % of eosin solution for ٢٠ seconds and washed with water .

٧ – Dried and examined (Jequier, ١٩٨٦)

The slides were examined at a magnification ١٠٠٠ × using oil immersion. A total of ٢٠٠ sperm were examined. The percentage of normal and abnormal spermatozoa was calculated as follows (Yaseen *et al.*, ٢٠٠٤):

Normal morphology % = number of normal spermatozoa / total number of spermatozoa × ١٠٠

Abnormal morphology % = number of abnormal spermatozoa / total number of spermatozoa × ١٠٠

٣.٨.٥. Leucocytes determination:

The leucocytes were determined in the semen of patients by ٢ methods:

A – High power field (HPF):

This method was used during sperm motility determination. The disadvantage of this method is can not differentiate between leucocytes and other round cells found in the semen such as, spermatocytes, spermatid, epithelial cells , and prostatic cells (Wolff *et al.* , 1990).

B – Myeloperoxidase cytochemical test (Endtz method):

This test was performed on suspended cells in liquefied semen specimen and quantities by counting stained cells (Endtz, 1974). The leucocytes were determined by the following steps:

- 1- Adding 20 μ L of liquefied semen into a small tube.
- 2- Adding 20 μ L of sperm prepared medium.
- 3- Adding 40 μ L of working benzidine solution.
- 4- Mixing well at room temperature.
- 5- Transferring 0.1 μ L of prepared solution to Neubaur counting chamber.
- 6- Examined under 20 \times of objective lens, all leucocytes are stained dark brown in color with round shape.
- 7- The cells are counted in all RBCs fields, which equal to 1 mm^2 . Numbers of WBCs calculated by multiplying total number of cells by 4 to correct for dilution factor.
 $\times 10$ (depth in μm of counting chamber)
 $\times 1000$ (to convert mm^2 to ml)

3.9. Osmolality determination:

Seminal plasma osmolality was measured by the freezing point depression method and using an osmometer type (Knauer, D- 14163, Berlin,

Germany). This method requires samples of semen to be centrifuged free of particulate matter (Sweeney and Beuchat, 1993). Before the samples osmolality measured, the osmometer must be calibrated between 0 and 400 mOSm / kg using distilled water and standard NaCl solution.

3.1.1. Assessment of the lipid peroxidation activity:

The assessment of lipid peroxidation process was achieved via determination the end product, malondialdehyde (Lunec, 1990).

Procedure:

The level of seminal plasma MDA was determined by a modified procedure described by (Guidet and Shah, 1989). In brief; to 100 µl seminal plasma add the following: 1 ml trichloroacetic acid 17.0 %, 1 ml of 0.6 % thiobarbituric acid, mixed well by vortex, incubate it in boiling water bath for 10 minutes, and then allowed to cool.

Then adding 1 ml of 70 % TCA, then let the mixture to stand at room temperature for 20 minutes, centrifuged at 2000 rpm for 10 minutes, and take out the supernatant for scanning spectrophotometrically (Muslih *et al* ., 2002).

The conc. of MDA = absorbance at 532 nm × D / L × E₀

L: light bath (1 cm)

E₀: extinction coefficient 1.56 × 10⁵ M⁻¹.Cm⁻¹

D: dilution factor = 1 ml volume .used in Ref. / 0.10 = 6.7

3.1.1. Techniques used for *in vitro* human sperm activation:

In this study two methods were used for improvement of semen quality.

A – Layering technique:

1- One ml of semen taken from asthenozoospermic patient and put in test tube, and covered with 1 ml of prepared modified Earle's medium which provided with 30 % of inactivated female serum.

2- The tube was incubated at 37 °C for at least 30 minutes.

3- After incubation period, one drop of superior medium was taken to a clean slide and cover with cover slip and examined at 400x (Al – Sultani , 1997) .

B–Centrifugation – swim up techniques (Single wash technique):

1- One ml of semen taken from asthenozoospermic patient and mixed with 2 ml of prepared Earle's medium which provided with 30 % inactivated female serum .

2- Centrifuge at 2000 rpm for 10 minutes.

3- Remove the supernatant and the pellet was covered with 1 ml of modified Earle's medium .

4- The sample was incubated at 37 °C for at least 30 minutes.

o- One drop of superior medium was taken to a clean slide and examined at $\times 400$. (Al – Hady, 1997).

Semen was examined before and after activation including evaluation of sperm conc., motility, morphology, agglutination and leucocytes.

3.11.1. Inactivation of human serum:

The modified Earle's medium which used for *in vitro* sperm activation in this study, was provided by inactivated female serum which prepared as follows:

- 1- Blood samples are taken of a female at 13 days of menstrual cycle.
- 2- Centrifuge at 3000 rpm for 10 minutes to obtain the serum.
- 3- The serum is put in water bath at 37°C for 30 minutes to remove de complementation.
- 4- The serum is stored at -80°C until used (Shibahara *et al.*, 1993).

The inactivated serum was added with conc. 30 % to the modified Earle's medium during *in vitro* sperm activation (Al–Hady, 1997).

3.12. Techniques used for detection of antisperm antibodies:

In this study two methods were used to detection of ASAs which including:

A- Sperm agglutination test:

The presence of agglutination is suggestive of, but not sufficient evidence to prove the existence of an immunological factor of fertility. Agglutination was assessed at the time of determining sperm motility (Comhaire and Vermeulen, 1990; WHO, 1999).

Agglutination % = number of sperm agglutinated / total number of spermatozoa × 100.

The disadvantages of this method was that, sometimes the motile and non - motile spermatozoa was agglutinated due to the presence of bacteria, fungi, and other substances in semen such as mucus threads, fibers, non-spermatic cells and debris, or due to the effects of sex steroid hormones or non – immunoglobulin proteins and in all these cases the agglutination was considered pseudo-agglutination to differentiate them with true agglutination (Beer and Neaves, 1978; Jones, 1980).

B- Tray agglutination test (TAT) or Micro- agglutination test

(MAT):

This test was firstly performed by (Friberge, 1974), and it used widely and considered the reference test for detection of ASA in serum and seminal plasma (Linnet and Suominen, 1982)

The principle of this test is that, when the ASAs are presence in serum or seminal plasma of infertile men, this lead to agglutination of normal spermatozoa which added to them. The type of agglutination (head to head, tail to tail or mixed) is depending on the type of antibodies found in serum or plasma. This method has different advantages such as; TAT is more sensitive than gelatin agglutination test (GAT), large number of semen samples can be examined in one time, and this test not requires large amount of normal semen sample (Friberge, 1974).

Procedure:

- 1- Put normal semen sample ($> 50 \times 10^6$ spermatozoa / ml and motility $\geq 50\%$), in a centrifuge tube and add an equal amount of phosphate buffer saline (PBS) solution on the wall of the tube to form a separate layer on the semen sample. Incubate at 37°C for 1 hr or more until it used. The active spermatozoa move toward the superior of the solution.
- 2- Perform a serial dilutions for each sample of patients seminal plasma which used to detection of ASA in them using Micro-titer plates which contains different spots and as the follows :
 - A- Put $100\ \mu\text{l}$ of PBS solution to the 1^{st} spot and $100\ \mu\text{l}$ of them to the spots 2-5.
 - B- Put $20\ \mu\text{l}$ of patient seminal plasma to the 1^{st} spot and mixed well, in this case the dilution done was 1: 5.
 - C- $100\ \mu\text{l}$ of this dilution is transfer to the 2^{nd} spot and mixed well to making the dilution 1: 10.
 - D- $100\ \mu\text{l}$ of the 2^{nd} dilution is transfer to the 3^{rd} spot to making the dilution 1: 20.
 - E- Repeat the same steps for obtaining the other dilutions 1: 40 and 1: 80.
- 3- Transfer $6\ \mu\text{l}$ of each dilution by using Micro-Hamilton syringe and put in the spot of the Terasaki plates after covering them with a thin layer of fluid paraffin.
- 4- Transfer $1\ \mu\text{l}$ of the superior layer of normal semen-PBS mixture, and to each spot of Terasaki plates which contains the dilutions of the patient's seminal plasma 1: 5, 1: 10, 1: 20, 1: 40, and 1: 80.
- 5- Incubate at 37°C for at least 4 hrs.

٦- Examine and record the degree and type of agglutination using $\times 400$ of microscopic magnification power. The highest seminal plasma dilution which the agglutination observed is called agglutination titer.

٣.١٣. Hormone determination:

The hormones FSH, LH, Testosterone, Prolactin, and Estradiol II (E_2) of some azoospermic and severe oligozoospermic, in addition of some fertile control men were measured in the Central Laboratory of Rizgary Teaching Hospital in Arbil city.

Blood samples was taken by vein puncture and immediately transferred into the plastic tubes, then centrifuged and kept at $- 20^\circ C$ (Sanyo ultra low MDF -١٤٢ Japan) until assay. The above hormones were measured using Enzyme Linked Immunosorbant assay (ELISA) (Thomas, ١٩٩٨).

٣.١٤. Statistical analysis:

Analysis of data was performed by using SPSS (Version ١٠) in the home computer. Results are expressed as mean \pm S.E. Statistical differences were determined by Least Significance Differences (LSD) test for multiple comparisons between different groups after performing Fisher (F-test) and ANOVA making.

Dependent paired student t-test was used to analyze the differences between HPF and Endtz method for detection of leucocytes in the semen and also used for analyze of spermatozoal improvement by using layering and swim – up techniques and comparison the two methods. Independent unpaired t-test was used to compare the parameters between the infertile men's and also

between fertile and infertile groups. Chi-square test was used to compare of semen liquefaction time, appearance and viscosity, and agglutination of spermatozoa between fertile and infertile men. P value < 0.05 was considered statistically significance, (Freund, 1981).

4. Results:

4.1. General criteria of infertile men:

Table (2) shows the general criteria of infertile patients which recorded in the presence work. The most patients who attended to the Infertility care and IVF center were from the Arbil city (180 samples which represent about 74.28% of total samples). Primary infertility includes 240 patients and secondary infertility includes only 30 men. The number of smokers was 121 which represent 43.21%. About 10 infertile men was drinking alcohol. The blood group of 130 men was O⁺ but the less numbers which record were O⁻. The number of infertile men which has hard work are 190 and others with easy and moderate work. Some patients have varicocele and represent 27.14% of all infertile men.

Figure (1) includes the numbers and percentages of infertility male factors classified according to the WHO, 1999. Idiopathic infertile men represent the most number between all groups 30% and asthenoteratozoospermic patients represent only 4.64% which are the smallest group among all infertile men.

4.2. Semen quality and sperm parameters of fertile and infertile men:

4.2.1. Liquefaction time, appearance, viscosity and pH:

As shown in table (٦) and figure (٧), the liquefaction time of semen was significantly differences ($p < 0.01$) between fertile men and infertile men. ٩٣.٣٣٣ % of fertile men have liquefaction time less than ٣٠ minutes (normal) while ٧٥ % of infertile men have liquefaction time less than ٣٠ minutes. ٩٠ % of fertile men and ٧٧.٨٥٧ % of infertile men has normal semen appearance; the differences between the two groups are significant at ($p < 0.05$) (table ٧ and figure ٧). When viscosity of semen was measured significant differences appears between both groups ($p < 0.05$), the percentage of normal viscosity among fertile men are higher than that of infertile men (table ٨ and figure ٧). Table (٩) shows the results of semen pH which recorded between fertile men and infertile men. No abnormal pH recorded among fertile men while ٥ % of infertile men have abnormal semen pH.

4.2.2. Semen parameters, volume, leucocytes, osmolality, and malondialdehyde:

There are high significance differences of sperm parameters between fertile volunteer control men and infertile men , table (١٠).The volume of semen, sperm conc., total sperm count, grade activity, motility, sperm motility index, viability, and normal sperm morphology are higher in fertile men compare with infertile men ($p < 0.01$) . The number of leucocytes in semen with both methods HPF and Endtz, osmolality, and malondialdehyde are significantly higher in infertile men ($p < 0.01$).

4.2.3. Semen quality of fertile men and different infertile groups:

4.2.3.1. Fertile, oligoasthenozoospermic and oligoasthenoteratozoospermic men:

As shown in table (11), there are significant differences ($p < 0.001$) of semen quality between fertile men and the two infertile groups, oligoasthenozoospermia and oligoasthenoteratozoospermia. Semen volume, sperm conc., total sperm count, grade activity, motility, sperm motility index, viability, and normal sperm morphology, are higher in fertile men than the other groups. Leucocytes with both HPF and Endtz methods and osmolality of seminal fluid are lower in fertile men than the other two infertile groups.

The results of comparison between oligoasthenozoospermic and oligoasthenoteratozoospermic infertile men observed a significant differences ($p < 0.05$) of semen volume, in which is lower in oligoasthenozoospermic one. No differences appear in sperm conc., total sperm count, sperm motility index, osmolality, and semen leucocytes between the 2 groups. Grade activity, viability ($p < 0.01$) and normal sperm morphology ($p < 0.001$) are higher in oligoasthenozoospermic men.

Table (°): General criteria of infertile men which recorded in the presence work .

Criteria	Type of criteria	Number	Percentage
١-Samples in	a-Arbil	١٨٠	٦٤.٢٨٥
	b-Sulaymaniah	٦٠	٢١.٤٢٨
	c-Duhok	٤٠	١٤.٢٨٣
٢-Type of infertility	a- primary	٢٤٥	٨٧.٥٠٠
	b-secondary	٣٥	١٢.٥٠٠
٣-Smoking	a- smokers	١٢١	٤٣.٢١٤
	b- none smokers	١٥٩	٥٦.٧٨٥
٤-Alcohol	a-drinking	١٠	٣.٥٧١
	b- none drinking	٢٧٠	٩٦.٤٢٨
٥- Blood group	A ⁺	٦٨	٢٤.٢٨٥
	B ⁺	٤٧	١٦.٧٨٥
	AB ⁺	١٨	٦.٤٢٨
	O ⁺	١٣٠	٤٦.٤٢٨
	A ⁻	٣	١.٠٧١
	B ⁻	٤	١.٤٢٨
	AB ⁻	٨	٢.٨٥٧
	O ⁻	٢	٠.٧١٤
٦-Occupation	a- hard work (stress)	١٩٠	٦٧.٨٥٧
	b- easy & moderate work	٩٠	٣٢.١٤٢
٧-Varicocele	a- with	٧٦	٢٧.١٤٢
	b- without	٢٠٤	٧٢.٨٥٧

Number of patients = ٢٨٠

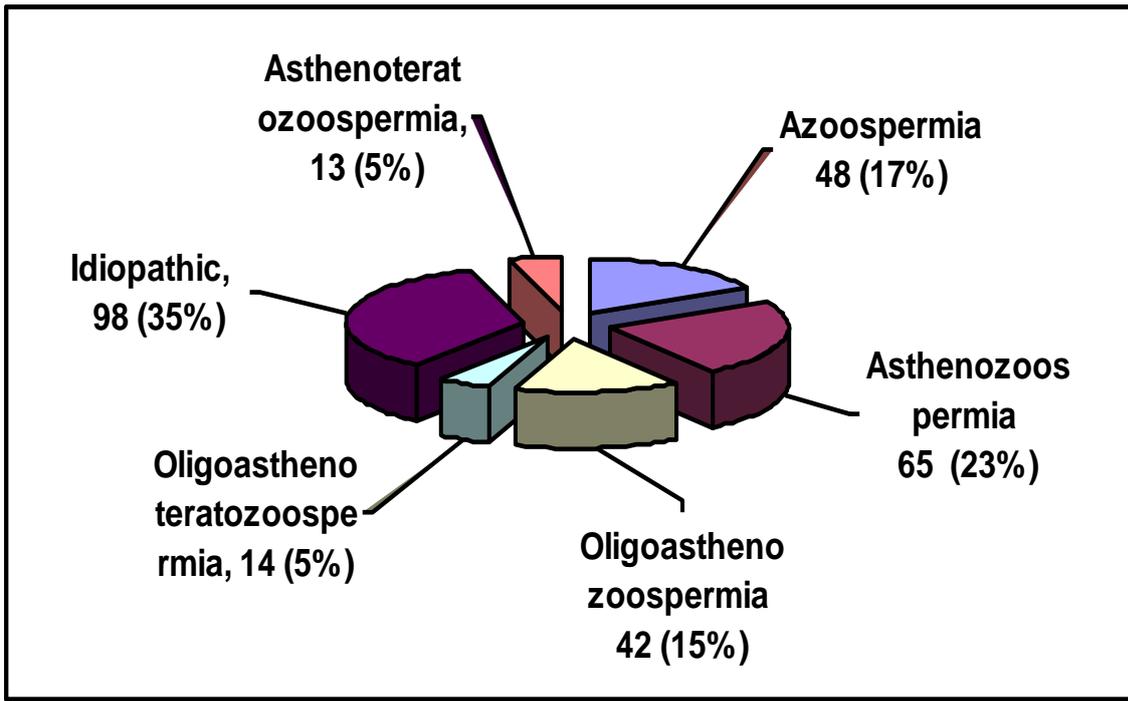


Figure (٦): The numbers and the percentages of different nomenclature of semen variables.

Table (٦): Comparison of liquefaction time of semen between fertile and infertile men.

	Liquefaction time of semen	
	Less than ٣٠ minutes (normal)	More than ٣٠ minutes (abnormal)
Fertile men n = ٣٠	٢٨ (٩٣.٣٣٣ %)	٢ (٦.٦٦٦ %)
Infertile men n = ٢٨٠	٢١٠ (٧٥ %)	٧٠ (٢٥ %)

Calculated $\chi^2 = ١٢.٦١٠$

$p < ٠.٠١$

Tabulated $\chi^2 = ٦.٦٣$

Table (v): Comparison of semen appearance between fertile and infertile men.

	Semen appearance	
	Normal	Abnormal
Fertile men n = 30	27 (90 %)	3 (10 %)
Infertile men n = 280	218 (77.857 %)	62 (22.142 %)

Calculated $\chi^2 = 0.464$

$p < 0.05$

Tabulated $\chi^2 = 3.84$

Table (w): Comparison of semen viscosity between fertile and infertile men.

	Viscosity of semen	
	Normal	Abnormal (low or high)
Fertile men n = 30	28 (93.333 %)	2 (6.666 %)
Infertile men n = 280	234 (83.571 %)	46 (16.428 %)

Calculated $\chi^2 = 4.662$

$p < 0.05$

Tabulated $\chi^2 = 3.84$

Table (9): The percentage of semen pH between fertile and infertile men.

	Semen pH			
	Normal (۷.۲ – ۷.۸)		Less than ۷.۲ or more than ۷.۸	
	number	%	number	%
Fertile men n = ۳۰	۳۰	۱۰۰	۰	۰
Infertile men n = ۲۸۰	۲۷۰	۹۸.۲۱۴	۰	۱.۷۸۰

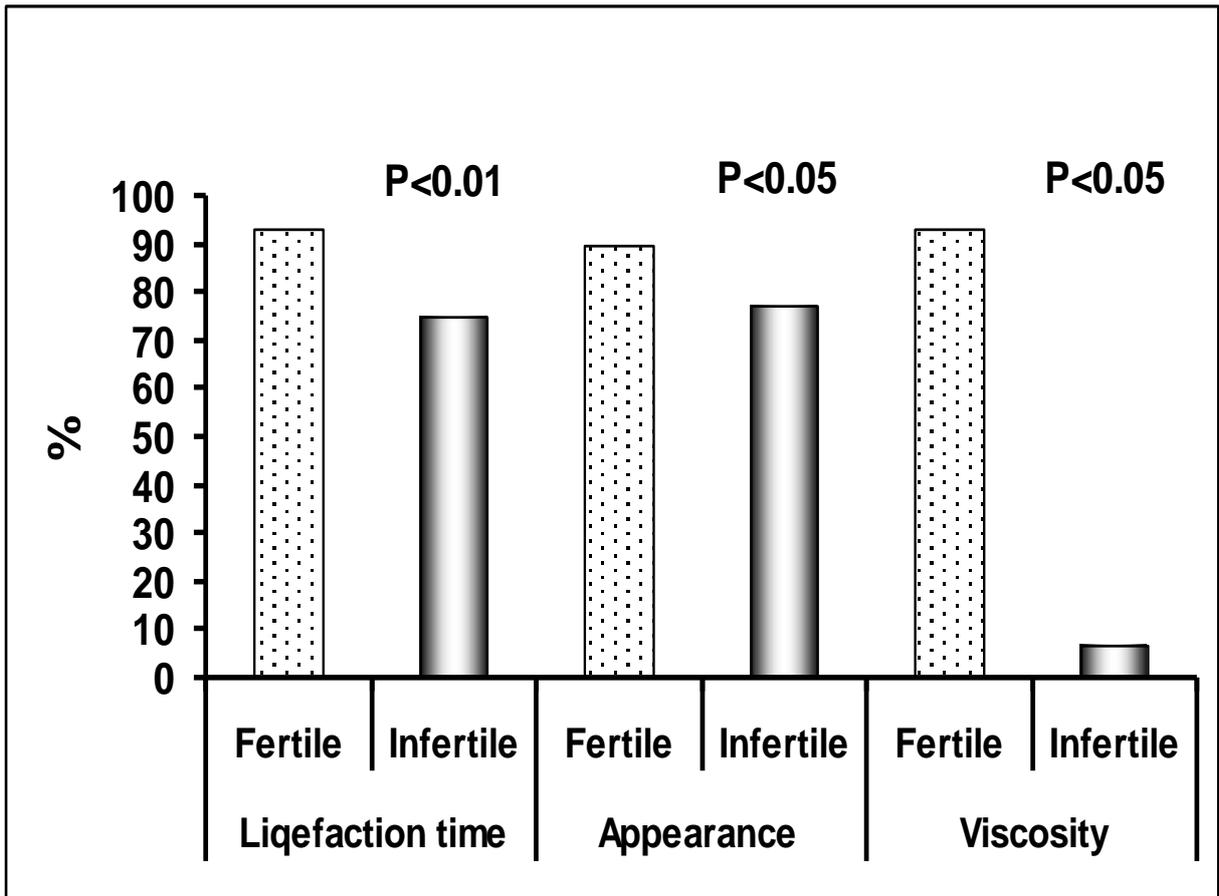


Figure (V): The percentage of normal liquefaction time, appearance and viscosity of fertile and infertile men.

Table (10): Semen quality of fertile and infertile men (Means \pm S.E).

Semen quality	Fertile men (control)	Infertile men	p- value
---------------	-----------------------	---------------	----------

1- Volume (ml)	4.133 ± 0.147	2.800 ± 0.080	0.000
2-Sperm conc. (× 10 ⁶ / ml)	97.00 ± 1.701	53.770 ± 2.130	0.000
3- Total sperm count (× 10 ⁶ / Ejaculate)	400.33 ± 10.17	100.02 ± 7.74	0.000
4- Grade activity	3.800 ± 0.074	2.043 ± 0.076	0.000
5- Motility (%)	58.00 ± 0.742	33.448 ± 1.210	0.000
6-Sperm motility index	222.00 ± 7.780	71.930 ± 3.897	0.000
7- Viability (%)	73.177 ± 0.798	49.780 ± 1.322	0.000
8- Normal morphology (%)	71.000 ± 0.830	58.207 ± 1.194	0.000
9- Leucocytes (× 10 ⁶ / ml) ; HPF : Endtz method :	1.800 ± 0.480 0.433 ± 0.149	8.079 ± 0.064 2.270 ± 0.220	0.000 0.000
10-Osmolality (m Osm/ kg)	303.70 ± 2.442	339.47 ± 3.978	0.000
11- Malondialdehyde (μ mol / L)	1.282 ± 0.053	3.200 ± 0.179	0.000
	N=30	N=232	

4.2.3.2. Fertile, asthenozoospermic and asthenoteratozoospermic

men:

The differences of semen parameters between fertile, asthenozoospermic and asthenoteratozoospermic men are demonstrated in table (12). Sperm conc., total sperm count, grade activity, motility, sperm motility index, viability, and normal sperm morphology are significantly higher ($p < 0.001$) in fertile men than the other 2 groups, while semen volume of fertile men is higher than asthenozoospermic ($p < 0.001$) and asthenoteratozoospermic ($p < 0.05$) men. Leucocytes with HPF method are lower in fertile men than asthenozoospermic ($p < 0.001$) and asthenoteratozoospermic ($p < 0.05$) men. Leucocytes with Endtz method in asthenozoospermic is significantly ($p < 0.05$) higher than fertile men. Osmolality of fertile men is lower than that of asthenozoospermic ($p < 0.01$) and asthenoteratozoospermic ($p < 0.05$) men.

Multiple comparisons with LSD test, showed no significant differences of semen volume, sperm conc., total sperm count, sperm motility index, osmolality, and leucocytes between asthenozoospermic and asthenoteratozoospermic men. Sperm grade activity, motility, viability ($p < 0.01$) and normal sperm morphology ($p < 0.001$) are higher in asthenozoospermic than asthenoteratozoospermic men.

٤.٢.٣.٣. Fertile and idiopathic infertile men:

The results of comparison of semen parameters between fertile men and idiopathic infertile men are observed in table (١٣). Semen volume, sperm conc., total sperm count, sperm grade activity, sperm motility percent, sperm motility index, and viability are significantly higher ($p < 0.001$) in fertile men than idiopathic infertile men. Leucocytes with both HPF and Endtz methods, also osmolality of seminal plasma fluid are lower ($p < 0.001$) in fertile men.

٤.٢.٣.٤. Fertile and azoospermic infertile men:

As shown in table ١٤, semen volume is significantly higher ($p < 0.001$), while leucocytes with both methods HPF ($p < 0.001$) and Endtz ($p < 0.001$) and osmolality ($p < 0.001$) are lower in fertile men than azoospermic infertile men.

Table (١٣): Semen quality of fertile and idiopathic men (Means \pm S.E).

Semen quality	Fertile men (control)	idiopathic	p- value
١- Volume (ml) :	٤.١٣٣ \pm ٠.١٤٧	٢.٨٦٣ \pm ٠.١٢٩	٠.٠٠٠
٢-Sperm conc. ($\times 10^6$ / ml)	٩٧.٠٠ \pm ١.٦٠١	٨٠.٢٢٤ \pm ١.٧٦٤	٠.٠٠٠
٣- Total sperm count ($\times 10^6$ / Ejaculate)	٤٠٠.٣٣ \pm ١٥.١٧	٢٢٨.٠٩ \pm ١٠.٦٦	٠.٠٠٠
٤- Grade activity	٣.٨٠٠ \pm ٠.٠٧٤	٣.٢٣٤ \pm ٠.٠٤٣	٠.٠٠٠
٥- Motility (%)	٥٨.٠٠ \pm ٠.٧٤٢	٥٢.٣٤٦ \pm ٠.٤٣٠	٠.٠٠٠
٦-Sperm motility index	٢٢٢.٠٠ \pm ٦.٦٨٥	١٠٥.٤٠٨ \pm ٦.٤٩٨	٠.٠٠٠
٧- Viability (%)	٧٣.١٦٦ \pm ٠.٦٩٨	٦٨.٨١٦ \pm ٠.٦٥٥	٠.٠٠٠
٨- Normal morphology (%)	٧١.٥٠٠ \pm ٠.٨٣٥	٧٠.٨١٦ \pm ٠.٥٥٠	٠.٥٣٥
٩- Leucocytes ($\times 10^6$ / ml) ; HPF : Endtz method :	١.٨٠٠ \pm ٠.٤٨٠ ٠.٤٣٣ \pm ٠.١٤٩	٦.٨٨٢ \pm ٠.٧٥٦ ١.٩٧٠ \pm ٠.٣٦٠	٠.٠٠٠ ٠.٠٠٠
١٠-Osmolality (m OSm/ kg)	٣٠٣.٧٠ \pm ٢.٤٤٢	٣٢٦.٨٢٦ \pm ٥.٤٧٥	٠.٠٠٠
	N= ٣٠	N= ٩٨	

Table (١٤): Semen quality of fertile and Azoospermic men

(Means ± S.E).

Semen quality	Fertile men (control)	Azoospermic men	p- value
١- Volume (ml)	٤.١٣٣ ± ٠.١٤٧	٢.٤٣٥ ± ٠.٢٢٢	٠.٠٠٠
٢-Sperm conc. (× ١٠ ^٦ / ml)	_____	_____	_____
٣- Total sperm count (× ١٠ ^٦ / Ejaculate)	_____	_____	_____
٤- Grade activity	_____	_____	_____
٥- Motility (%)	_____	_____	_____
٦-Sperm motility index	_____	_____	_____
٧- Viability (%)	_____	_____	_____
٨- Normal morphology (%)	_____	_____	_____
٩- Leucocytes (× ١٠ ^٦ / ml) ; HPF : Endtz method :	١.٨٠٠ ± ٠.٤٨٠ ٠.٤٣٣ ± ٠.١٤٩	٦.٧٠٨ ± ١.٦٧١ ١.٨٣٣ ± ٠.٥٩٧	٠.٠٠٧ ٠.٠٢٥
١٠-Osmolality (m OSm/ kg)	٣٠٣.٧٠ ± ٢.٤٤٢	٣٢٥.٥٦٢ ± ٨.٠٤١	٠.٠١٢
	N= ٣٠	N= ٤٨	

4.3. Viscosity and semen quality:

As shown in table (10), most semen parameters not affected with viscosity of semen. The parameter which affected only related with sperm motility percent. There are significant differences ($p < 0.05$) in sperm grade activity, sperm motility percent and sperm motility index between normal and abnormal semen viscosity of infertile men. These parameters are lower in abnormal semen viscosity than the normal one.

4.4. Osmolality and semen quality:

The osmolality of seminal plasma is divided into 3 groups' ≤ 300 , $301-340$, and > 340 m Osm / kg. LSD test was used for multiple comparisons of semen parameters between all groups. The results showed a significant higher ($p < 0.05$) in semen volume of osmolality ≤ 300 m Osm / kg than the other two groups (table 11). Grade activity and sperm motility index ($p < 0.01$) and sperm motility percent ($p < 0.05$) was significantly decrease in seminal plasma osmolality of > 340 .

No significant differences appears in semen volume between osmolality $301-340$ and > 340 , but grade activity is significantly higher ($p < 0.01$) in osmolality of $301-340$ compare with osmolality > 340 . Other results include a significant ($p < 0.05$) higher percentage of motility in osmolality $301-340$ than > 340 . No significance differences appear in, sperm density, viability and morphology of spermatozoa between all groups.

Table (10):Viscosity and semen quality of infertile men(Means \pm S.E).

Semen quality	Viscosity of semen		p- value
	Normal	Abnormal	
1- Volume (ml)	2.762 ± 0.101	2.876 ± 0.103	0.060
2-Sperm conc. (× 10 ⁶ / ml)	03.926 ± 2.269	02.088 ± 6.201	0.820
3- Total sperm count (× 10 ⁶ / ejaculate)	103.46 ± 8.106	143.03 ± 20.821	0.744
4- Grade activity	2.111 ± 0.082	1.717 ± 0.188	0.022
5- Motility (%)	34.070 ± 1.301	27.882 ± 3.170	0.020
6-Sperm motility index	94.232 ± 0.041	73.264 ± 10.923	0.010
7- Viability (%)	00.000 ± 1.430	47.008 ± 3.470	0.434
8- Normal morphology (%)	07.939 ± 1.300	70.000 ± 3.124	0.368
9-Osmolality (m OSm/ Kg)	340.393 ± 4.418	334.088 ± 8.031	0.070
	N = 174	N = 08	

Table (16): Osmolality and semen quality of infertile men (Means ± S.E).

Semen quality	Osmolality (m OSm / kg)			L.S.D
	≤ 300	301 - 340	> 340	
1- Volume (ml)	3.210 ± 0.188	2.732 ± 0.133 *	2.701 ± 0.127 *	0.402
2-Sperm conc. (× 10 ⁶ / ml)	70.303 ± 3.994	70.014 ± 3.841	08.220 ± 3.179	17.013
3- Total sperm count (× 10 ⁶ / ejaculate)	194.47 ± 10.727	177.37 ± 14.040	107.70 ± 9.017	09.096
4- Grade activity	2.269 ± 0.108	2.200 ± 0.133	1.722 ± 0.106 **	0.498
5- Motility (%)	37.793 ± 2.407	37.000 ± 2.227	29.317 ± 1.776 *	7.012
6-Sperm motility index	107.00 ± 10.029	102.40 ± 9.402	70.960 ± 7.721 **	30.220
7- Viability (%)	01.889 ± 2.744	03.400 ± 2.384	47.034 ± 1.938	10.770
8- Normal morphology (%)	70.771 ± 2.139	71.441 ± 2.087	70.221 ± 1.887	9.087
	N=73	N=78	N=101	

* P < 0.05 ** P < 0.01 *** P < 0.001 LSD test was used for multiple comparisons

4.5. Some causes of male infertility:

4.5.1. ROS and infertility:

4.5.1.1. ROS and different infertility groups:

Malondialdehyde, the end product of lipid peroxidation was measured in seminal plasma of fertile men and different groups of infertile men. As shown in table (17), significant differences appears between them .The seminal plasma MDA is significantly decrease in fertile men than oligoasthenozoospermic ($p < 0.01$), oligoasthenoteratozoospermic ($p < 0.001$), asthenozoospermic ($p < 0.001$), asthenoteratozoospermic ($p < 0.001$). Also azoospermic ($p < 0.05$) and idiopathic ($p < 0.05$) infertile men showed a significant increase in MDA level than fertile men.

4.5.1.2. Relationship of ROS with varicocele, leucocytes, and smoking:

The relationships between seminal plasma MDA with varicocele, leucocytes and smoking are demonstrated in figure (8). The MDA level is $2.809 \mu\text{mol} / \text{L}$ in none-varicocele and $4.70 \mu\text{mol} / \text{L}$ in varicocele infertile men, the data is significant at ($p < 0.05$).

Semen of infertile men which has leucocytes $> 1 \times 10^6 / \text{ml}$ showed a significant increase ($p < 0.05$) of MDA level ($3.878 \mu\text{mol} / \text{L}$) compare with normal leucocytes level ($2.932 \mu\text{mol} / \text{L}$) . The seminal plasma MDA level in smokers is high ($p < 0.05$) than none- smokers infertile men (3.692 and $2.806 \mu\text{mol} / \text{L}$) respectively.

4.5.2. Leucocytospermia:

4.5.2.1. Comparison between HPF and Endtz methods for determination of semen leucocytes:

Two methods are used for determination of semen leucocytes, high power field (HPF) and Endtz methods. The results which are recorded in table (18) showed a significant difference between the 2 methods in fertile men and all infertile groups. Semen leucocytes with Endtz method are significantly lower ($p < 0.001$) in fertile men, asthenozoospermia, oligoasthenozoospermia,

Table (19): Seminal plasma MDA levels between fertile men and different infertile groups (Means \pm S.E).

Fertile and infertile groups	Seminal plasma MDA (μ mol / L)	p-value
Fertile men	1.282 \pm 0.053	
Oligoasthenozoospermia	3.278 \pm 0.601	0.009
Oligoasthenoteratozoospermia	3.034 \pm 0.487	0.000
Asthenozoospermia	3.124 \pm 0.301	0.000
Asthenoteratozoospermia	4.471 \pm 1.029	0.000
Azoospermia	2.638 \pm 0.209	0.020
Idiopathic	2.940 \pm 0.220	0.043

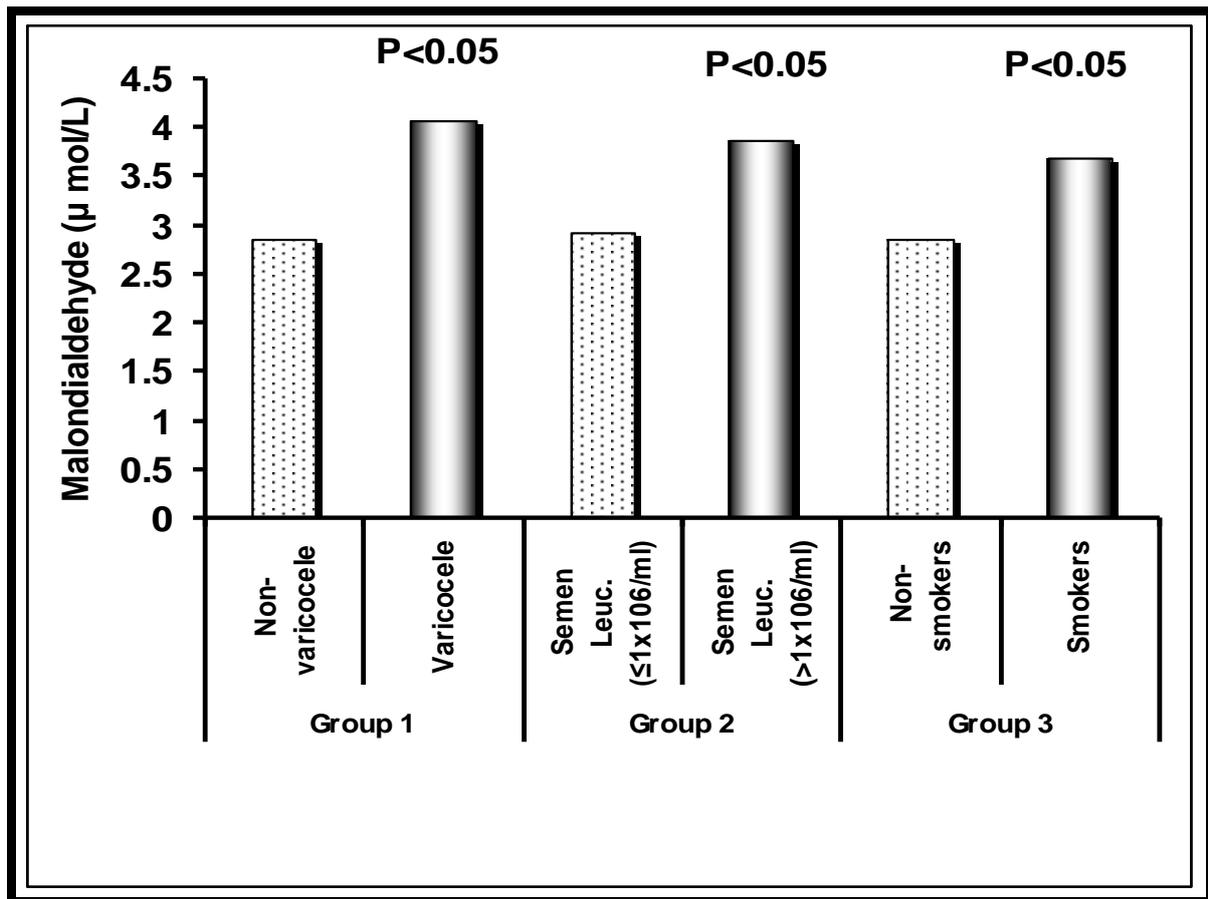


Figure (A): Comparison of seminal plasma malondialdehyde between different groups of infertile men.

oligoasthenoteratozoospermia, azoospermia and idiopathic . Also in asthenoteratozoospermic men the leucocytes with Endtz method is lower ($p < 0.05$) than HPF method.

4.5.2.2. Leucocytes and semen quality:

The effect of leucocytes on semen quality is observed in table (19). Most semen parameters are not affected with leucocytes. Only the motility of spermatozoa is affected with leucocytes. There are significant decrease ($p < 0.05$) of sperm grade activity and sperm motility percent, and sperm motility index ($p < 0.001$) in semen with leucocytospermia (leucocytes $> 1 \times 10^6 / ml$) compare with normal semen leucocytes.

4.5.3. Varicocele and semen quality:

As shown in table (20), no significant differences appear of semen volume between varicocele and none-varicocele infertile men. Sperm conc., total sperm count, grade activity, motility, and viability are decrease ($p < 0.01$) in varicocele men compare with none-varicocele men. Also sperm motility index ($p < 0.001$) and normal sperm morphology ($p < 0.001$) showed a significant decrease in varicocele infertile men.

4.5.4. Smoking and its effects on semen quality:

Low significant effects of smoking on semen quality are recorded, table (21). Semen volume, sperm conc., total sperm count, grade activity, motility, viability, and normal sperm morphology are significantly lower ($p < 0.001$) in smoker's infertile men than none-smokers men. Also sperm motility index is higher ($p < 0.01$) in none-smoking men.

Table (18): Comparison between high power field (HPF) and Endtz methods for determination of leucocytes (Means \pm S.E).

Fertile and infertile groups	Leucocytes ($\times 10^3$ / ml)		p- value
	HPF	Endtz method	
1-Fertile men	1.800 \pm 0.480	0.433 \pm 0.149	0.000
2-Asthenozoospermia	10.492 \pm 1.348	2.979 \pm 0.509	0.000
3-Oligoasthenozoospermia	7.090 \pm 1.272	2.107 \pm 0.504	0.000
4-Asthenoteratozoospermia	9.103 \pm 2.390	2.038 \pm 0.984	0.001
5-Oligoasthenoteratozoospermia	10.214 \pm 2.712	2.871 \pm 1.080	0.000
6-Azoospermia	7.708 \pm 1.771	1.833 \pm 0.597	0.000
7-Idiopathic	7.882 \pm 0.706	1.970 \pm 0.370	0.000

Table (19): Effects of leucocytospermia on semen quality of infertile men (Means \pm S.E).

Semen quality	Leucocytes ($\times 10^3$ / ml)		p- value
	≤ 1	> 1	
1- Volume (ml)	2.801 \pm 0.139	2.809 \pm 0.107	0.811
2-Sperm conc. ($\times 10^6$ / ml)	04.742 \pm 2.791	01.800 \pm 3.273	0.022
3- Total sperm count ($\times 10^6$ / Ejaculate)	101.031 \pm 9.300	102.90 \pm 12.978	0.928
4- Grade activity	2.210 \pm 0.098	1.741 \pm 0.113	0.003
5- Motility (%)	37.007 \pm 1.044	28.847 \pm 1.877	0.004
6-Sperm motility index	101.918 \pm 7.040	77.400 \pm 7.284	0.000
7- Viability (%)	00.843 \pm 1.710	48.008 \pm 2.073	0.312
8- Normal morphology (%)	08.044 \pm 1.020	07.447 \pm 1.994	0.404
	N= 147	N= 80	

Table (٢٠): Semen quality of varicocele and none varicocele infertile men.

(Means \pm S.E).

Semen quality	None varicocele men	Varicocele men	p- value
١- Volume (ml)	٢.٨٦٣ \pm ٠.١٠٥	٢.٨٠٠ \pm ٠.١٤٨	٠.٧٨٩
٢-Sperm conc. ($\times 10^6$ / ml)	٥٧.٨٧٨ \pm ٢.٥٠٩	٤٢.٦٠٩ \pm ٣.٧٥٦	٠.٠٠١
٣- Total sperm count ($\times 10^6$ / Ejaculate)	١٦٣.٥٣٠ \pm ٨.٩١٦	١١٨.٤٠٦ \pm ١١.٨٩١	٠.٠٠٦
٤- Grade activity	٢.٠٦٥ \pm ٠.٠٨٨	١.٥٩٣ \pm ٠.١٢٧	٠.٠٠٤
٥- Motility (%)	٣٥.٩٤٦ \pm ١.٤٢٨	٢٦.٩٠٦ \pm ٢.١١٦	٠.٠٠١
٦-Sperm motility index	١٠٠.٦٩٦ \pm ٦.٠٥٣	٦٠.٨٤٣ \pm ٧.٩٩٧	٠.٠٠٠
٧- Viability (%)	٥٢.٠٠٦ \pm ١.٥٩٥	٤٣.٥٩٣ \pm ٢.٢٨٣	٠.٠٠٥
٨- Normal morphology (%)	٥٩.٦٤٢ \pm ١.٣٧٢	٥٣.٣٥٩ \pm ٢.٣١٢	٠.٠١٨
	N= ١٦٨	N= ٦٤	

Table (٢١): Semen quality of smoking and none-smoking infertile men

(Means \pm S.E).

Semen quality	None smoking infertile men	Smoking infertile men	p- value
١- Volume (ml)	٢.٩٨٤ \pm ٠.١١٢	٢.٦١٦ \pm ٠.١٣٠	٠.٠٣٤
٢-Sperm conc. ($\times 10^6$ / ml)	٥٧.٦٧٧ \pm ٢.٤٣٧	٤٨.٠٨٢ \pm ٣.٧٦١	٠.٠٢٤
٣- Total sperm count ($\times 10^6$ / Ejaculate)	١٦٤.٥٥ \pm ٩.١٥	١٣١.١٦ \pm ١٢.٧٢	٠.٠٣٤
٤- Grade activity	٢.٢٠٧ \pm ٠.٠٩١	١.٧٩٣ \pm ٠.١٣١	٠.٠١٠
٥- Motility (%)	٣٦.٥١١ \pm ١.٤٠٢	٢٩.٥١٥ \pm ٢.١٣٥	٠.٠٢٢
٦-Sperm motility index	١٠٠.٤٢٢ \pm ٦.٦١٧	٧٧.١٥٤ \pm ٧.٦٠٦	٠.٠٠٧
٧- Viability (%)	٥٢.٠٦٦ \pm ١.٦٥٠	٤٥.٧٧٣ \pm ٢.٢٠٧	٠.٠٢١
٨- Normal morphology (%)	٦٠.٤٣٧ \pm ١.٤٤٤	٥٥.٣٠٩ \pm ٢.٠٠٢	٠.٠٣٩
	N= ١٣٥	N= ٩٧	

4.5.5. Immunological factors and infertility:

4.5.5.1. Agglutination:

The agglutination of spermatozoa is observed in table (22), and figure (9). Significant differences ($p < 0.05$) of agglutination appears between fertile and infertile men. Two semen samples which represent 6.666 % of fertile men, and 32 samples which represent 13.793 % of infertile men showed an agglutination of spermatozoa.

4.5.5.2. Antisperm antibodies:

4.5.5.2.1. Antisperm antibodies detection in fertile and infertile

men:

No ASA_s are observed in fertile men, but 14 samples from 232 of infertile men which represent about 6.034 % showed the positive detection of ASA, (table 23).

4.5.5.2.2. Incidence of ASA_s in different group of infertile men:

The detection and incidence of ASA_s among infertile groups are differs, (table 24). Asthenozoospermia is a larger group which ASA_s has been observed. 9 samples which represent 13.84 % showed positive detection of ASA_s. Other groups which ASA_s has been detected are asthenoteratozoospermia (7.69 %) and idiopathic (4.08 %).

ξ.ο.ο.ζ.ζ. Distribution of ASA_s between different seminal plasma dilutions:

The seminal plasma dilutions which are used in ASA_s detection are 1:8, 1:16, 1:32, 1:64, and 1:128. As shown in table (20) , 0 samples from 9 of asthenozoospermia reach to the dilution 1:128 which is called agglutination titer, while 2 samples from 4 of idiopathic and 1 sample from 1 of asthenoteratozoospermia reach to agglutination titer .

Table (22): The percentage of spermatozoal agglutination of fertile and infertile men.

	Agglutination of spermatozoa	
	Negative	Positive
Fertile men n=30	28 (93.333 %)	2 (6.666 %)
Infertile men n=232	200 (86.206 %)	32 (13.793 %)

Calculated $\chi^2 = 3.964$

$p < 0.05$

Tabulated $\chi^2 = 3.84$

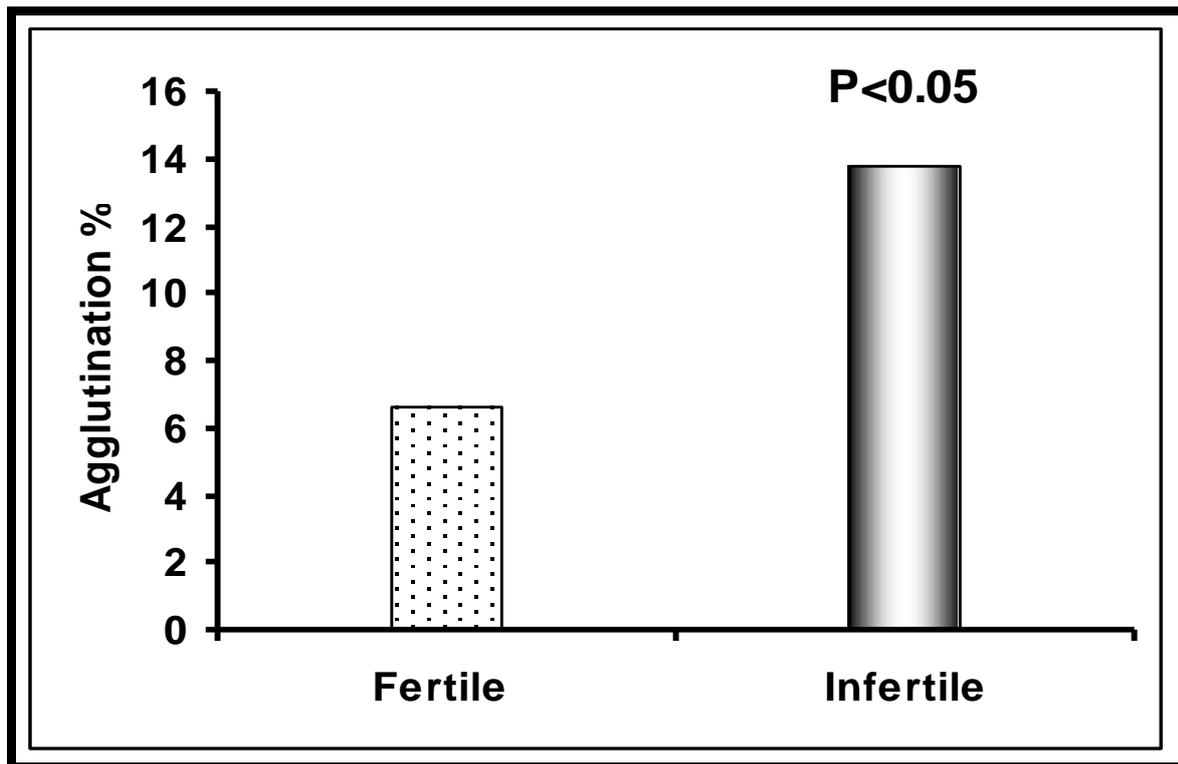


Figure (٩): The percentage of spermatozoal agglutination in fertile and infertile men.

Table (٢٣): The percentage of antisperm antibodies detection in semen of fertile and infertile men .

	Antisperm antibodies	
	Negative	Positive
Fertile men n=30	30 (100 %)	0 (0 %)
Infertile men n=232	218 (93.960 %)	14 (6.034 %)

Table (٢٤): Incidence of ASA_s among different group of infertile men.

Infertile groups	Antisperm antibodies	
	Negative	Positive
Asthenozoospermia	56 (86.10 %)	9 (13.84 %)
Asthenoteratozoospermia	12 (92.30 %)	1 (7.08 %)
Idiopathic	94 (90.91 %)	4 (4.08 %)
Oligoasthenozoospermia	42 (100 %)	0 (0 %)
Oligoasthenoteratozoospermia	14 (100 %)	0 (0 %)

Table (٢٥): Distribution of ASA_s among different seminal plasma dilutions.

Infertile groups	Seminal plasma dilutions				
	1:8	1:16	1:32	1:64	1:128
Asthenozoospermia n=9	9	9	8	6	0

Idiopathic n= 4	ξ	ξ	ϒ	ϒ	ϒ
Asthenoteratozoospermia n = 1	1	1	1	1	1

4.5.6. Hormonal evaluation of infertility:

The hormones which are measured and related to the infertility are LH, FSH, Testosterone, Prolactin, and Estradiol II (E_2). These hormones are measured in some severe oligozoospermic and azoospermic infertile men and some fertile men to compare with infertile men. The results are illustrated in table (26). No significant differences appear of LH, Testosterone, Prolactin, and Estradiol II (E_2) between fertile men, oligozoospermic and azoospermic infertile men. Except FSH is significantly higher ($p < 0.05$) in azoospermia compare with fertile men and severe oligozoospermia. Table (27) shows the percentage of abnormal hormone value of oligozoospermia and azoospermia. The highest percentage of abnormal value is recorded in FSH with azoospermia (40%) and oligozoospermia (33.33%), while some hormones such as Prolactin, and Estradiol II (E_2), the abnormal value of them are very low 0% and 6.66% of prolactin in oligozoospermia and azoospermia respectively.

4.6. *In vitro* human sperm activation:

4.6.1. Human sperm activation using simple layer technique:

Table (28), shows the semen parameters of 30 asthenozoospermic men before and after activation with modified balanced Earle's sperm activation medium by using simple layer technique. Sperm conc., agglutination of spermatozoa and leucocytes were significant decrease ($p < 0.001$) after semen activation compare with them before activation. Grade activity, sperm motility percent, and sperm motility index increase significantly ($p < 0.05$) after activation. Also normal sperm morphology showed a high improvement ($p < 0.001$) after activation.

4.6.2. Human sperm activation using centrifugation – swim up single layer technique:

Other technique which used for human sperm activation is centrifugation swim up single layer method which illustrated in table (29). Sperm conc., agglutination of spermatozoa, and leucocytes showed a significant decrease ($p < 0.001$) after sperm activation compare with them before activation. Grade activity, sperm motility percent, and sperm motility index increase significantly ($p < 0.05$) after activation. There are a high percentage ($p < 0.001$) of normal sperm morphology after sperm activation.

4.6.3. Comparison between simple layer and centrifugation swim up techniques:

When simple layer technique compare with centrifugation-swim up technique for their effects on semen quality, significant differences appears between them, (table ٣٠). Sperm conc., and leucocytes are lower ($p < ٠.٠٠١$) in centrifugation-swim up than that of simple layer, also agglutination of spermatozoa is lower ($p < ٠.٠١$) in centrifugation-swim up method. Grade activity, motility, sperm motility index, and normal sperm morphology are higher ($p < ٠.٠٠١$) in centrifugation-swim up compare with simple layer technique.

Table (٢٦): Hormonal evaluation of fertile men, severe oligozoospermic and azoospermic infertile men (Means \pm S.E).

Hormones	Fertile men (control)	Severe oligozoospermia	Azoospermia	L.S.D.
١-LH (μ IU / ml)	٥.٦٨٨ \pm ٠.٥٣٩	٦.٧٢٨ \pm ١.٢٠١	٩.٠٣٢ \pm ١.٨٣١	٣.٢٣٤
٢-FSH(μ IU/ ml)	٦.٧٠٨ \pm ١.٢١٩	١٢.٤٢٥ \pm ١.٩٦٩	٢٢.٧٤٤ \pm ٣.٩٠٨*	١٣.٢١
٣-Testosterone (ng / ml)	٦.٥٥٠ \pm ٠.٦٢٤	٧.٠٤١ \pm ١.٣٥٢	٤.٢١٢ \pm ٠.٦٩٦	٣.٤٢٢
٤-Prolactin (ng / ml)	١١.٩٨٢ \pm ١.٠٣٧	١١.٣٩٦ \pm ١.٣٧٠	١٥.٢٧٨ \pm ٤.٥٢٦	٥.٠٢١
٥-Estradiol II (pg / ml)	٣٣.٢٢٠ \pm ٩.٦٤٨	٥٠.٦٦٤ \pm ١٠.٣٢٥	٥٢.٩٤٠ \pm ١٠.٢٣٣	٢٥.٦٢
	N= ١٠	N=١٥	N=٢٠	

* P < ٠.٠٥

LSD was used for multiple comparisons

Table (٢٧): The number and percentage of abnormal hormone value in severe oligozoosperima and azoospermia.

Hormones	Severe oligozoospermia	Azoospermia
LH	١ (٦.٦٦ %)	٢ (١٠ %)
FSH	٥ (٣٣.٣٣ %)	٨ (٤٠ %)
Testosterone	١ (٦.٦٦ %)	٣ (١٥ %)
Prolactin	٠ (٠ %)	١ (٦.٦٦ %)
Estradiol II (E _٢)	١ (٦.٦٦ %)	٠ (٠ %)
	N=٨	N=١٤

Table (٢٨): Improvement of seminal parameters using Earle's sperm activation medium and simple layer technique (Means \pm S.E).

Seminal parameters	Before activation	After activation	P - value
١. Sperm conc. ($\times 10^6$ / ml)	٥٨.٨٦٦ \pm ٣.٨٦٣	٣٤.٠٦٦ \pm ٢.٨٢٤	٠.٠٠٠
٢. Grade activity	١.٤٣٣ \pm ٠.٠٩٢	٢.٦٣٣ \pm ٠.٠٨٩	٠.٠٢٣
٣. Motility (%)	٢٣.٨٦٦ \pm ١.٧١٥	٤٤.٧٦٦ \pm ١.٣٧٨	٠.٠٢٠
٤. Sperm motility index	٣٨.٧٦٦ \pm ٤.٨٧٧	١٢١.٢٠ \pm ٧.١٠٤	٠.٠١٥
٥. Normal sperm morphology (%)	٥٦.٠٠٠ \pm ٢.٩٨٨	٦٧.٨٠٠ \pm ٢.٠٦٦	٠.٠٠٠
٦. Agglutination (%)	١٠.٣٣٣ \pm ٣.٣٣٨	٣.١٣٣ \pm ١.١١٠	٠.٠٠٠
٧. leukocytes ($\times 10^6$ / ml)	٩.٣٦٦ \pm ١.٦٨٢	٢.٩٣٣ \pm ٠.٦٥٩	٠.٠٠٠
N=٣٠			

Table (٢٩): Improvement of seminal parameters using Earle's sperm activation medium and centrifugation – swim up single layer technique (Means \pm S.E).

Seminal parameters	Before activation	After activation	P - value
١. Sperm conc. ($\times 10^6$ / ml)	٥٨.٨٦٦ \pm ٣.٨٦٣	١٩.٢٣٣ \pm ٢.١٥٧	٠.٠٠٠
٢. Grade activity	١.٤٣٣ \pm ٠.٠٩٢	٣.٢٣٣ \pm ٠.١١٤	٠.٠١٧
٣. Motility (%)	٢٣.٨٦٦ \pm ١.٧١٥	٥٢.١٠٠ \pm ١.٢٤٤	٠.٠١٩
٤. Sperm motility index	٣٨.٧٦٦ \pm ٤.٨٧٧	١٦٩.٤٦٦ \pm ١٠.٢٢٩	٠.٠١١
٥. Normal sperm morphology (%)	٥٦.٠٠٠ \pm ٢.٩٨٨	٧٨.٨٣٣ \pm ١.٥٣٢	٠.٠٠٠
٦. Agglutination (%)	١٠.٣٣٣ \pm ٣.٣٣٨	٠.٧٦٦ \pm ٠.٣٧٦	٠.٠٠٠
٧. leukocytes ($\times 10^6$ / ml)	٩.٣٦٦ \pm ١.٦٨٢	٠.٥٦٦ \pm ٠.٢٢٣	٠.٠٠٠
N=٣٠			

Table (٣٠): Comparison between Simple layer and centrifugation–swim up single layer techniques for human sperm activation (Means \pm S.E).

Seminal parameters	Simple layer technique	Centrifugation swim up technique	P - value
١. Sperm conc.($\times 10^6$ / ml)	٣٤.٠٦٦ \pm ٢.٨٢٤	١٩.٢٣٣ \pm ٢.١٥٧	٠.٠٠٠
٢. Grade activity	٢.٦٣٣ \pm ٠.٠٨٩	٣.٢٣٣ \pm ٠.١١٤	٠.٠٠٠
٣. Motility (%)	٤٤.٧٦٦ \pm ١.٣٧٨	٥٢.١٠٠ \pm ١.٢٤٤	٠.٠٠٠
٤. Sperm motility index	١٢١.٢٠ \pm ٧.١٠٤	١٦٩.٤٦٦ \pm ١٠.٢٢٩	٠.٠٠٠
٦. Normal sperm morphology (%)	٦٧.٨٠٠ \pm ٢.٠٦٦	٧٨.٨٣٣ \pm ١.٥٣٢	٠.٠٠٠
٧. Agglutination (%)	٣.١٣٣ \pm ١.١١٠	٠.٧٦٦ \pm ٠.٣٧٦	٠.٠٠٦
٨. leukocytes ($\times 10^6$ / ml)	٢.٩٣٣ \pm ٠.٦٥٩	٠.٥٦٦ \pm ٠.٢٢٣	٠.٠٠٠
N=٣٠			

◦. Discussion:

◦.1. Semen quality of fertile and infertile men:

◦.1.1 Macroscopic evaluation:

◦.1.1.1. Liquefaction time:

The results of the present study showed that liquefaction time of infertile men was longer than fertile one. The seminal vesicles secrete fibrinogen and the prostate produces a clotting enzyme, the clotting enzyme converts fibrinogen to fibrin, causing the semen to clot like blood. About 10-30 minutes later, fibrinolysin in the prostatic fluid dissolves the clot (Saladin, 1998). In cases, which liquefaction does not occur within the normal period, should be regarded, as it may suggests functional disturbance of the prostate (Comhaire and Vermeulen, 1990).

◦.1.1.2. Appearance:

The normal semen appearance which recorded among fertile men is higher than infertile men. The abnormal semen which observed is heterogenous, red-brown, yellow, and white-clear (colorless). In agreement with the present results Katz *et al.*, (1986); Jequier and Crich, (1986), are also noted that yellow, pink or red colorations of the semen is an indicator for semen abnormality. A normal sample has a homogenous, gray-opalescent appearance. It may appear less opaque if the sperm conc. is low, red-brown when red blood cells are present or yellow in patients with jaundice or taking some vitamins (WHO, 1999).

◦.1.1.3. Viscosity:

When semen viscosity was measured in the present study, significant differences appear between fertile and infertile men. 6.66 % of the fertile and 16.42 % of infertile men showed abnormal semen viscosity. Increased viscosity of the ejaculate was reported to occur more frequently among men from infertile couples than fertile males (Bunge, 1970). Increased viscosity has the same clinical meaning as abnormal liquefaction, and may be related to prostate dysfunction resulting from chronic inflammation (Comhaire and Vermeulen, 1990).

5.1.1.4. Semen pH:

No abnormal pH recorded among fertile men, while 0 % of infertile men have abnormal semen pH (less than 7.2 or more than 8.0). When the pH exceeds 8.0, infection should be suspected with decreased secretion of acidic products by the prostate, such as citric acid. Extremely acidic pH (< 6.0) is found in cases of agenesis (or occlusion of the seminal vesicles) (Rrumbullaku, 2003). When the pH is less than 7.0 in a sample with azoospermia, then may be obstruction of the ejaculate ducts or bilateral congenital absence of the vasa (WHO, 1999).

5.1.1.5. Volume:

The volume of the ejaculate from fertile men is higher than infertile men and different groups of infertile men, oligoasthenozoospermia, oligoasthenoteratozoospermia, asthenozoospermia, asthenoteratozoospermia, idiopathic, and azoospermia. However the results were within normal ranges for both according to the (WHO) standardization for seminal fluid analysis which estimated the normal range of the volume 2-6 ml. A low ejaculate volume can reflect abnormalities in accessory sex gland fluid synthesis or

secretion. It can also be indicative of a physical obstruction somewhere in the reproductive tract (Siegel, 1993), or may occur in cases of incomplete or partially retrograde ejaculation. Semen volume affects fertility only when it falls below 1.0 ml (incomplete bufferings of vaginal acidity), or is more than 6 ml (Dale-McClure, 1986).

5.1.2. Microscopic evaluation:

5.1.2.1. Sperm concentration:

Infertile men showed a lower sperm conc., and total sperm count than fertile men. In addition, the results of the current study observed that oligoasthenozoospermia, oligoasthenoteratozoospermia, asthenozoospermia, asthenoteratozoospermia, and idiopathic has lower sperm conc. and total sperm count than that of fertile men. These results were in agreement with the findings of ; Shen *et al.*, (1999); Chia *et al.*, (2000) and Okonofua *et al.*, (2000) who recorded that sperm conc. and total sperm count from healthy fertile men are higher than infertile men. Also the study of Khosrowbeygi *et al.*, (2004), showed that sperm conc. is higher in fertile control men than asthenozoospermic, asthenoteratozoospermic, & oligoasthenoteratozoospermic men.

The sperm count may be affected by many factors such as hormonal and seminal microbial infections. Some causes of azoospermia related to hormonal imbalance, while obstructive azoospermia associated with bacterial infections (Kondoh *et al.*, 1999). In addition to these causes, we record that varicocele, and smoking is higher among infertile men than that of fertile men, that is may be due to another causes for reduction of sperm density among infertile men.

୧.୧.୨.୨. Sperm motility:

The results of the present study showed that grade activity, the percentage of sperm motility and sperm motility index are lower in infertile men and different groups of infertile men including oligoasthenozoospermia, oligoasthenoteratozoospermia, asthenozoospermia, asthenoteratozoospermia, and idiopathic than that of control fertile men.

Adequate motor activity of the sperm cell is required for normal transport through the female reproductive tract and for penetrating the ovum. Sperm motility is one of the most important parameters utilized in the evaluation of a semen samples fertilizing ability *in vitro* (Mahandevan and Trounson, ୧୯୮୫) and *in vivo* (Barratt *et al.*, ୧୯୯୩). Also sperm motility is the single most important measure that can be consider a compensatory factor in men with low sperm conc.(Dale-McClure, ୧୯୮୬).Abnormalities in motility and quality of movements can arise from infection, the presence of antisperm antibodies, partial-duct obstruction, or the subtle testicular alteration that may be caused by gonadotoxins and varicoceles (Seaman *et al.*, ୧୯୯୫).

The sperm motility result of this study was agreement with the observations of, Chia *et al.*, (୨୦୦୦); Okonofua *et al.*, (୨୦୦୦), who observed that sperm motility in infertile men, are lower than that of fertile men. The study of Khosrowbeygi *et al.*, (୨୦୦୫) recorded that asthenozoospermic, asthenoteratozoospermic, and oligoasthenoteratozoospermic men have sperm motility lower than that of idiopathic fertile men. Also Zarghami and Khosrowbeygi, (୨୦୦୫) showed a significant differences between idiopathic fertile and asthenozoospermic infertile men, and sperm motility was inversely correlated with seminal plasma MDA levels. These results are in accordance with our study. Infertile men of the present study showed an increase in MDA

compare with the normal control fertile men; this may be another cause of decreasing sperm motility.

๕.๑.๒.๓. Viability:

If none of the sperm are moving, the patients may have necrospemia. This is actually a misnomer, as metabolic studies and special vital stains have revealed that the immobile spermatozoa may not necessarily be dead (Seaman *et al.*, ๑๙๙๔). Sperm viability should be determined if the percentage of immotile spermatozoa exceeds ๐๐ % (WHO, ๑๙๙๙). In the present work the viability of the sperm from fertile men are higher than that of infertile men and also different infertile groups. These results are in accordance with those of Chia *et al.*, (๒๐๐๐) who record that infertile men has ๐๘.๙ % and fertile men has ๗๓.๖ % viable sperm; and with Okonofua *et al.*, (๒๐๐๐) who observed that fertile men has higher viable spermatozoa than that of infertile men.

Pal *et al.*, (๒๐๐๖) observed that fertile men have ๗๐.๖๗ % of viable sperm, while Shen *et al.*, (๑๙๙๙) showed no significant differences between fertile and infertile Singapore men. Reduced percentage of motility with a high percentage of viable sperm may reflect structural or metabolic abnormalities of spermatozoa that derived from abnormalities in testicular function or antimotility factors in the seminal plasma (Siegel, ๑๙๙๓).

๕.๑.๒.๔. Sperm morphology:

As shown in the findings of the results, significant differences appears of spermatozoal morphology between fertile and infertile men. The normal

sperm morphology is higher in fertile control men compared with infertile men and other infertile groups including oligoasthenozoospermia, oligoasthenoteratozoospermia, asthenozoospermia, and asthenoteratozoospermia. The results of the current study is in agreement with the observations of Shen *et al.*, (1999) and Chia *et al.*, (2000), recorded that the percentage of normal sperm morphology is higher in fertile men compare to infertile men. Also the study of Khosrowbeygi *et al.*, (2004), showed that normozoospermic fertile men has a higher normal sperm morphology than oligoasthenoteratozoospermic, asthenozoospermic, and asthenoteratozoospermic infertile men. In addition of these, the study of Pale *et al.*, (2006) on fertile Indian men observed that the normal sperm morphology of them is 70.67 %.

Different defects of sperm morphology was recorded from infertile men in the present study, these defects including; large head, small head, tapering head, amorphous head, sperm without head, double head, bent neck, short tail, long tail, double tail, without tail, coiled tail, tails with terminal droplets, and large cytoplasmic droplets.

It was found that prostate and seminal fluid infection lead to morphology abnormalities, dysfunction of sperms and changes in semen parameters (Giblin *et al.*, 1988). The increased number of immature spermatozoa may be due to epididymal dysfunction and a consequence of frequent ejaculations. The increased number of spermatozoa with tapering heads is found in association with varicocele. The recent study indicate that the percentage of tapered sperm, sperm containing cytoplasmic droplets and sperm with bent tail are significantly increased in varicocele patients compare with controls (Rrumbullaku *et al.*, 1998).

◦. ۲. Viscosity and semen quality:

From the present study and as shown in table ۱۰, among most semen parameters only the motility of spermatozoa was affected with viscosity. The infertile men with abnormal viscosity showed lower grade activity. The percentage of motility, and sperm motility index is lower than with infertile men with normal viscosity. Although seminal viscopathy was shown to be associated with male infertility, the pathogenesis of seminal hyper-viscoelasticity and the mechanism by which it influences male fertility are still not well understood (Elzanaty, *et al.*, ۲۰۰۴).

High viscosity can interfere with determination of sperm motility, sperm conc., and antibody counting spermatozoa (WHO, ۱۹۹۹) or can impaired the availability of fertile sperm at the site of fertilization (Siegel, ۱۹۹۳). Results are in accordance with the findings of, Ming-Chung *et al.*, (۱۹۹۲), and Gopalkrishnan *et al.*, (۲۰۰۰), who concluded that much higher viscosities were observed in the men with asthenozoospermia. Moreover, in post-coital test studies, hyper-viscosities were also found to be associated with poor invasion of cervical mucus by spermatozoa (Gersh, ۱۹۷۰). Gonzales *et al.*, (۱۹۹۳), postulated that hyper-viscosity of seminal fluid associated with hypo-functions of seminal vesicles. However subsequent investigations have not confirmed these assumptions (Carpino and Siciliano, ۱۹۹۸; Siciliano *et al.*, ۲۰۰۱).

Prostate-specific antigen (PSA) is considered to be the main seminal plasma proteolytic enzyme and was found to degrade semenogelin I (sgI) and semenogelin II (sgII) which have been to be the dominating proteins

components of semen coagulum into smaller fragments. The primary source of these proteins being the seminal vesicles (Lundwall *et al.*, 2002). Another factor which might be implicated in the process of semen viscosity is zinc, mainly originating from the prostate. This metal may be crucial for modulation of the three dimensional structure sgl and sgll rendering them more susceptible to proteolytic breakdown by seminal proteases and in particular by the PSA (Lilja, 1980). Fructose has been shown to be the main source for energy of spermatozoa. Its concentration in seminal plasma has been recommended as a marker of the seminal vesicles secretion activity (WHO, 1999) and its amount was found to correlate positively with the other seminal vesicles proteins (Montagnon *et al.*, 1982). Fructose is an indicator of seminal vesicles secretion, which contains semenogelins. Unfortunately, no reliable assays for measurements of the sgl and sgll levels are available for which reason we cannot evaluate the secretion of these proteins (Elzanaty *et al.*, 2004).

Elzanaty *et al.*, (2004), found that the conc. of PSA and zinc were significantly lower in hyper-viscosity semen samples, than in those with normal viscosity, while total amount of fructose was significantly higher in samples with high viscosity. High semen volume and low the total fragments of sperm motility were recorded in samples with high viscosity. Finding of decreased conc. of PSA in the hyper-viscosity samples supports the idea of the association between the prostatic enzymes and semen viscosity. Another cause might be an increased seminal volume and high total amount of sgl and sgll as caused by hyper-secretion from the seminal vesicles.

Mendeluk *et al.*, (1997), observed that in case of asthenozoospermia, sperm in ejaculated with high viscosity show better response to swim-up

technique than those with normal. Treatment of hyper-viscous samples with proteolytic enzymes which could results in improved sperm motility and render the samples, more suitable for IUI.

9.3. Osmolality and semen quality:

Epididymal fluid is characterized by progressive decreases in Na^+ and increases in K^+ concentrations along the duct. Osmolality is made up by high amounts of small organic molecules including amino acids such as glutamate and taurine, carnitine, glycerophosphocholine (GPC) and myoinositol. The increase in osmolality from testicular to epididymal fluid should induce uptake of osmolytes by epididymal sperm to counteract cell shrinkage. These compounds then are utilized by sperm upon ejaculation into a relatively hypotonic environment in the female tract, by mechanism of regulatory volume decreases resulting in efflux of osmolytes and cellular water (Cooper and Yeung, 2003).

Yeung *et al.*, (2003), observed that incubation of sperm with L-carnitine, myoinositol and taurine did not change sperm volume or kinematics (the parameters related to motility), but the presence of glutamate and K^+ decreased the efficiency of forward progression indicative of volume increase, suggesting them as potential osmolytes for human sperm.

The results of the carried study showed that semen osmolality in both fertile and infertile men is higher than serum, and the osmolality of fertile men is lower than that of infertile men and all infertile groups except idiopathic and azoospermic. The results is in accordance with the findings of Tuck *et al.*, (1970); Hinton *et al.*, (1981); Polak and Daunter, (1984) and Rossato *et al.*,

(2002), which has been reported that the seminal plasma osmolality is higher than that of blood and osmolality influences sperm motility. Besides influencing sperm motility, seminal osmolality variations have been demonstrated to be able to regulated Ca^{+y} influx, acrosome reaction and fertilizing ability acquisition in human sperm. Human sperm possess an osmosensitive Ca^{+y} influx pathway that are activated by exposure to a hypo-osmolar medium. The influx of extracellular Ca^{+y} within sperm following exposure to hypo-osmolar medium is able to activate the acrosome reaction leading to fertilizing ability acquisition (Rossato *et al.*, 1996).

The study of Rossato *et al.*, (2002) on a large numbers of idiopathic fertile and asthenozoospermic infertile semen specimens showed that idiopathic fertile men has seminal osmolality values significantly lower with respect to asthenozoospermic patients. Furthermore a significant negative correlation was recorded between seminal osmolarity and percentage of total sperm motility and kinetic characteristics of spermatozoa evaluated by a computerized system for sperm motility analysis. Also no correlation of Na^{+} , K^{+} , Cl^{-} and sperm motility, while a significant positive linear correlation was shown between seminal ionized Ca^{+} concentrations and curvilinear velocity. When sperm from fertile subjects were suspended in medium with an osmolarity increasing from 300 to 600 m Osm sperm motility percentage and grade activity reduced and nearly abolished when medium osmolarity was 600 m Osm. On the contrary, when sperm from asthenozoospermic subjects with high semen osmolarity were resuspended in medium with lower osmolarity, sperm motility parameters improved significantly (Rossato *et al.*, 2002). Abnormal seminal plasma showed a still higher value 428 and 407 m Osm / kg respectively for asthenozoospermic and oligoasthenozoospermic subjects

(Velazquez *et al.*, 1977)., compare with 343 and 360 m OSm / kg for asthenozoospermic and oligoasthenozoospermic subjects in our study.

•.ξ. ROS and infertility:

Oxidative stress is a condition associated with an increased rate of cellular damage induced by oxygen and oxygen-derived oxidants commonly known as reactive oxygen species (ROS) (Sikka, *et al.*, 1990). ROS have been implicated in over a hundred of disease states which range from arthritis and connective tissue disorders to carcinogenesis, aging, toxin exposure, physical injury, infection and acquired immunodeficiency syndrome (Joyce, 1987). O₂ is required to support life, but its metabolites, such as ROS, can modify cell functions, endanger cell survival, or both (de Lamirande and Gagnon, 1990), hence ROS must be inactivated continuously to maintain only the small amount necessary to maintain normal cell function. Different antioxidant normally protects against oxidants (Sies, 1993). Oxidative stress develops when oxidants outnumber antioxidants, peroxidation products develop and these phenomena cause pathologic effects (Sikka, 2001).

As mentioned in the review of literature, recent reports indicate that high levels of ROS are detected in the semen of 20 to 40 % of infertile men (de Lamirande and Gagnon, 1990; Padron *et al.*, 1997). Spermatozoa and seminal plasma contain a number of antioxidant system which counteract the effects of ROS, spermatozoa possess a low amount of cellular ROS defense system (Fujii *et al.*, 2003; Garrido *et al.*, 2004). The mechanism of ROS production by spermatozoa and leucocytes is well mentioned in the review of literature. Lipid peroxidation (LPO) is the most extensively studied manifestation of oxygen

activation in biology. In spermatozoa, production of MDA, an end product of LPO induced by ferrous ion promoters, has been reported (Darley-Usmer *et al.*, 1990). Available data on the impact of oxidative stress on sperm motility are based on the measurement of seminal plasma and sperm MDA (Nakamura *et al.*, 2002; Keskes-Ammar *et al.*, 2003).

The results of the current study which are shown in tables 10 and 11 indicate that the seminal plasma MDA conc. of fertile men is significantly lower than that of infertile men and all groups of infertile men starting from oligoasthenozoospermia and ending to idiopathic. Also the results showed that asthenozoospermic infertile men which including oligoasthenozoospermia, oligoasthenoteratozoospermia, asthenozoospermia, and asthenoteratozoospermia has a higher MDA levels than azoospermic and idiopathic infertile men, and a higher conc. of MDA is recorded in asthenoteratozoospermia and oligoasthenoteratozoospermia. These results means that MDA level is related with motility and morphology of spermatozoa, as described by Aziz *et al.*, (2004), who observed that ROS production is highest in immature spermatozoa from males with abnormal semen values; Saleh and Agarwal (2002), which demonstrate that ROS can directly damage spermatozoa by inducing peroxidation of the lipid-containing sperm plasma membrane, which decreases its integrity and may also affected sperm motility by damaging the axonemal structure; Weng *et al.*, (2002), found that high levels of ROS are important in the impairment of sperm motility and the occurrence of asthenozoospermia.

The results are in contrast with the findings of Nakamura *et al.*, (2002), whose investigation showed no significant differences in the seminal plasma level of MDA between asthenozoospermic and normozoospermic fertile males.

The present study is in accordance with the observations of Fraczek *et al.*, (۲۰۰۱) and Tavilani *et al.*, (۲۰۰۵) who showed that MDA levels in asthenozoospermic males is higher than normozoospermic fertile men. Also Keskes-Ammar *et al.*, (۲۰۰۳) and Zarghami and Kosrowbeygi, (۲۰۰۵) observed a significant indirect inverse correlation between seminal plasma levels of MDA and sperm motility.

Other results of the present study which recorded in figure (۸) showed that the conc. of MDA in varicocele, leucocytospermic and smokers infertile men is higher than that of non-varicocele, normal leucocytes and non-smokers infertile men. Elevated level of ROS has been detected in infertile patients with varicocele, along with reduced levels of both seminal plasma and blood plasma antioxidants, level of ROS positively correlate with the degree of varicocele and are expected decrease after varicocelectomy (Barbieri *et al.*, ۱۹۹۹). Infertile men with varicocele have significantly greater spermatozoa DNA damage, which can be related to high levels of ROS in semen (Saleh *et al.*, ۲۰۰۲).

Most important leucocytospermia has been associated with occult sperm DNA damage indirectly as a result of pathologic ROS levels, which are frequent in leucocytospermic patients. In one study, levels of the oxidative DNA damage marker ۸-oxo-2'-deoxyguanosine (8-OH-dG) were significantly elevated in infertile patients (Kodama *et al.*, ۱۹۹۷).

Arabi and Moshtaghi, (۲۰۰۵), found that exposure of spermatozoa from the non-smoker to the seminal plasma from smoker yielded lipid peroxidation propagation. Addition of pure seminal plasma to the non-smoker spermatozoa (with incubation of ۱۸۰ minutes), resulted in a significant elevation in MDA levels as an index of lipid peroxidation damage. However, exposure of spermatozoa from the smoker to the seminal plasma from non-smoker yielded

no significant inhibition in MDA generation from 2.89 ± 0.88 to 1.92 ± 0.96 . There is a correlation between cigarette smoking in infertile men and increased leucocyte infiltration into semen (Close *et al.*, 1990). Moreover smoking can be linked to significantly increased levels of seminal ROS (Saleh *et al.*, 2002).

2.2. Leucocytospermia:

2.2.1. Leucocyte determination by HPF and Endtz methods:

Most Iraqi laboratories depend on the HPF method for determination of leucocytes in semen. This method is not accurate because they didn't distinguish between leucocytes and other round cells present in the semen such as spermatocytes, spermatids, epithelial and prostatic cells. So that the other method which called myeloperoxidase cytochemical (Endtz) test was used to distinguish between leucocytes and other round cells in the semen.

The results which are recorded in (table 18) showed a significant difference between the two methods in fertile and all infertile groups. Semen leucocytes with Endtz method are significantly lower compare with the HPF method. The results are in agreement with the findings of Al-Dujaily, (2000) who found that the numbers of leucocytes in semen using Endtz method is significantly lower than them with using the HPF method in normospermic fertile men, azoospermia, oligozoospermia, asthenozoospermia, asthenoteratozoospermia, teratozoospermia, and oligoasthenozoospermia.

Researchers have shown that increased levels of leucocyte in the ejaculate commonly are found in infertile men, when compared with controls

(El-Demiry, 1987), whereas Curtis, (1999) found that many of bacteria isolated from infertile and fertile men have considered to be part of normal flora, but some organisms were probably related to infertility. It has been reported that treatment with antibiotic may have negative effect and correlation on certain sperm function parameters e.g. sperm conc., sperm motility and sperm morphology (Hafez *et al.*, 1997). So that, detecting of the leucocytes in the semen at the time of semen fluid examination using Endtz method may be the proper first step recommended to prevent the random treatment and negative effect of antibiotics (Al-Dujaily, 2005).

The distinction between leucocytes and immature germ cells is made possible because Endtz solution brown intracellularly due to the effect of peroxidase or hydrogen peroxide (Shekarriz *et al.*, 1990). Endtz test is easy to performed, complete with short time with high accuracy, not cost and can sustain the correct treatment. It can be used in any andrology laboratory in Iraq (Al-Dujaily, 2005).

3.5.2. Leucocytes and semen quality:

Origin and the precise of white blood cells in semen are not fully understood (Fraczek *et al.*, 2004). The presence of seminal leucocytes as numbers $>1 \times 10^6 / \text{ml}$ of semen, defined by the (WHO, 1999) as leucocytospermia, are considered to be pathological. Some authors have suggested that there is an association between increased seminal WBC concentrations and poor semen parameters (Yanushpolsky *et al.*, 1996), or reduced sperm fertilizing capacity (Vogelpoel *et al.*, 1991). Statistical data indicated that leucocytes more occur in semen samples of infertile males when comparing with the fertile ones. Leucocyte concentration in semen can be potentially harmful to spermatozoa through the release of toxins substances

such as proteases or reactive oxygen intermediates often associated with phagocytosis (Fraczek *et al.*, 2004), the mechanism by which leucocytes release ROS is mentioned in detail in review of literature.

The results of the present study showed that the leucocyte conc. in semen with both HPF and Endtz methods is lower in fertile men compare with infertile male and different infertile groups. Other results which shown in table 19, showed that most semen parameters not affected significantly with the increased leucocyte in semen. Leucocytospermic patients have lower grade activity, the percentage of sperm motility and sperm motility index than that of non-leucocytospermic patients.

The effects of the leucocyte on semen quality is controversial among different studies, Arata de Belabarba *et al.*, (2000) and Diemer *et al.*, (2003) observed that there is an association between increased seminal WBC conc. and poor semen parameters, while Tomlinson *et al.*, (1992) and Rodin *et al.*, (2003) found no negative influence between leucocytes and semen parameters. Simbini *et al.*, (1998) showed an inverse relation is appearing between leucocyte conc. and sperm count. The percentage of abnormal sperm was higher and the sperm motility poorer in leucocytospermic samples. The recent study of Yilmaz *et al.*, (2005) found that the progressive motility rate and sperm conc. were lower in the leucocytospermic group compare with the control.

It has been found that prostate and seminal fluid infection may lead to morphology abnormalities, dysfunction of sperms and changes in semen parameters (Giblin *et al.*, 1988). Cardoso *et al.*, (1998) documented that the live bacteria found in semen markedly reduced the motility and viability of sperms. Swenson *et al.*, (1970) and Ismaeel, (2001) investigated that certain

microorganisms have been shown to be capable of adhering to human spermatozoa and may in this way decrease the motility of these cells.

9.6. Varicocele and semen quality:

Testicular temperature is a function of the heat entering the testis by arterial flow, heat loss from the testis by venous return and heat loss through the scrotal skin by conduction, radiation, convection and evaporation (Sealfon, 1991). Lund and Nielsen, (1996), observed that there were no apparent differences in scrotal skin temperature in men with or without a varicocele. As mentioned in review of literature, the exact mechanism by which the varicocele depress spermatogenesis is unknown but several theories have been advanced to explain the mechanism by which varicocele impairs male infertility. These theories include scrotal hyperthermia , retrograde flow of adrenal or renal metabolites , Leydig cell dysfunction and hypoxia .Varicocele was reported to be associated with elevated ROS production in spermatozoa and diminished seminal plasma antioxidant activities (Mostafa *et al.*, 2001).

Micic *et al.*, (1986) showed a significant elevation of FSH in the seminal plasma of the infertile men with varicocele compared with the seminal plasma of the other infertile and fertile men. Seminal LH and prolactin values were similar in both infertile groups but significantly higher than in fertile men. Testosterone and oestradiol levels in the seminal plasma of infertile men with varicocele were lower than fertile and other infertile males. These findings indicates that both steroids were decreased in infertile men with varicocele could explain disturbed function of spermatozoa in men with varicocele.

Further analysis will elucidate the importance of these hormones findings in the seminal plasma of infertile men with varicocele.

The results of the performed study on varicocele which presented in figure 1 and table 2, found that the sperm density and motility are significantly lower in infertile patients with varicocele compare with infertile patients without varicocele. Also the seminal plasma MDA is higher in varicocele patients compare with non-varicocele patients. These results are in agreement with some studies and in opposite to others because the studies which explained the relationships between varicocele and semen quality are controversial. There are a decrease in sperm count, sperm motility and normal sperm morphology, following varicocelectomy, semen quality improves significantly, but the mechanism of action is still unknown (Dubin and Amelar, 1977; Hendry, 1992). Lund and Nielsen, (1996) found that sperm conc., and total sperm count was significantly lower in men with varicocele than that of control subjects, but no differences in the volume of semen and sperm motility are observed. Study of Freiha and Mroueh, (1976) showed that there are a significant improvement of sperm count, motility and morphology of patients with varicocele after ligation of spermatic vein. Scrotal cooling at night resulted in a scrotal temperature drop by 0.8 °C (median), and a significant increase in sperm conc. and total sperm count (Jung *et al.*, 2000).

9.7. Smoking and semen quality:

Inhalation of cigarette smoking (CS), leads to absorption of nicotine, carbon monoxide and recognized carcinogens and mutagens such as radioactive polonium, cadmium, benzo (a) pyrene, dimethylene (a) anthracene through vascular and blood circulation (Stillman, 1986). In habitual heavy smoking, long-term exposure to CS whose by-products move across the blood-

testis barrier and exist at high concentration in the testes may adversely affect the sperm function (Stedman, 1968). Numerous investigations have been conducted on the relationship between CS and male infertility, but the exact molecular mechanism is not fully understood in most the cases and the data are very disputable.

Table 21 showed the effects of smoking on semen quality. The volume of semen, sperm conc., motility, viability, and normal sperm morphology are higher in non-smoking infertile men compare with smoker infertile men. These results is in agreement with those of, Vine *et al.*, (1994); Sofikitis *et al.*, (1990); Merino *et al.*, (1998); Zenzes, (2000); Zinaman *et al.*, (2000) and Kunzle *et al.*, (2003) who observed that there are a significant decrease in semen volume, normal sperm morphology, sperm density, sperm motility and viability of smoker men when compare with non-smoker infertile men.

Infertile men who smoke have higher levels of seminal OS than infertile non-smoker. The link between CS and higher seminal ROS can be attributed in part to the associated increase in seminal leucocyte concentrations by as much as 48% (Saleh *et al.*, 2002). Arabi and Moshtaghi, (2000), found that when pure semen of smoker men is added to the semen of control non-smoker men (about 92% motile spermatozoa), the motility will be lost within 120-180 minutes of incubation. Also a negative correlation was found between final MDA level and sperm motility, that is indicated the negative impact of pro-oxidant substances exist in the seminal plasma from smoker men. Factors such as the number of cigarette smoked per day, years of smoking and levels of nicotine by-product presents in body fluids have correlated negatively with semen and sperm quantity and quality (Chi *et al.*, 1994). Smoking has also

been found to affect accessory sex glands (e.g. prostate and seminal vesicles) (Pakrashi and Chatterjee, 1990).

9.8. Immunological factors and infertility:

The blood-testis barrier and immunoregulatory proteins at the level of Sertoli cells, rete testis and efferent ductules, provide immunological protection of sperm antigens and inhibit lymphocyte proliferation and complement-mediated cell lysis (Furuya *et al.*, 1978). Disruption of this blood-testis barrier is believed to result in the production of antisperm antibodies. The proposed aetiologies for such disruption include ductal obstruction, testicular torsion, infection/epididymitis, prostatitis, testicular trauma and varicocele (Jarrow and Sanzone, 1992). Antisperm antibodies have been shown to cause agglutination and immobilization of spermatozoa, sperm cytotoxicity, impairment of sperm penetration into the cervical mucus, prevention of capacitation or the acrosome reaction in response to zona pellucida, and enhanced phagocytosis of spermatozoa by macrophages (Bronson *et al.*, 1984; Haas, 1986).

Sperm antibodies in semen belong almost exclusively to two immunoglobulin classes, IgA and IgG. IgA antibodies might have greater clinical importance than do IgG antibodies. IgM antibodies, because of their large molecular size are rarely found in semen (WHO, 1999).

In the present study the ASAs are detected in semen of fertile and infertile males using tray agglutination test (TAT), this test is first performed by Friberge, (1974), and it used widely and considered the reference test for detection of ASAs in serum and seminal plasma (Linnet and Suominen, 1982). There are other tests which used for detection of ASAs such as, mixed immunoglobulin reaction (MAR) test, immunobead test (IBT), and enzyme linked immunosorbant assay (ELISA), but these tests not used in this study due to the high expensive cost of them. Eggert-Kruse *et al.*, (1993) found that all MAR positive (semen) patients were negative for circulating ASA when assessed using an ELISA technique. The meaning of this discrepancy is unclear and may be explained by the fact that serum ASA values do not sufficiently reflect the immunological situation in the semen.

Results on immunological factors showed that the agglutination of spermatozoa is higher among infertile men than that of fertile men (13.79 % and 6.66 %) respectively. Also when TAT is used for detection of ASAs, no ASAs are observed in fertile men, while 6.34 % of infertile men are shown positive detection of ASAs. Other results found that the incidence of ASAs among asthenozoospermic group is higher than that of other groups, that is means the presence of negative correlation between ASAs and motility of spermatozoa. Results is in agreement with the results of Rumke and Hellinga, (1969), which observed that about 3 % of infertile men had sperm agglutinating antibodies, whereas it was absent from fertile controls; Ayvaliotis *et al.*, (1980) and Naz and Menge (1994), who had been shown that incidence of ASAs in men suspected of infertility was 4-21 %.

Shibahara *et al.*, (2002) found that from 270 infertile patients, 9 samples have positive detection of ASAs, which included IgG (2.0 %), IgA (1.8 %) and

IgM (1.4 %). Also from these 9 samples, 7 samples of them are in asthenozoospermic patients, while the other 2 samples are from normozoospermia and oligoasthenozoospermia. It has been shown that the presence of ASAs can reduce the motility (Witken *et al.*, 1992). When the majority of sperm are coated with ASA over their heads, fertilization is often impaired by reducing the sperm binding to the egg (Yeh *et al.*, 1990). On the contrary, tail directed ASA tend rather to impair sperm motility, resulting in the reduction of the fertilization rate *in vitro* (Witken *et al.*, 1992).

Both IUI and IVF yielded unexpectedly high pregnancy rates in the selected group of patients with long-standing infertility due to sperm surface (predominantly IgG) antibodies. Since cost benefit analysis comparing IUI with IVF may favor a course of four IUI cycles, so that the IUI is used as the first line therapy in male immunological infertility. 64.3 % of patients conceived after a maximum of three IUI cycles, whereas 46.6 % of patients become pregnant during the first IVF cycles (Ombelet *et al.*, 1997).

9.9. Hormonal evaluation and infertility:

In the current study some hormones evaluated which are strongly related to the male infertility, these hormones are, LH, FSH, testosterone, prolactin, and Estradiol II. Swerdloff *et al.*, (1991) found that any infertile male requires an endocrine evaluation should at least have the following basal hormone measurements; FSH, LH, testosterone, sex-hormone binding globulin (SHBG), and prolactin. These hormones play an important role in the regulation of spermatogenesis and secondary sex characteristics in males which are mentioned in the review of literature. Primary endocrine abnormalities are

rare in patients with sperm conc. of $> 10 \times 10^6 / \text{ml}$ (Butt and Blunt, 1988), hence the above hormones in this study is measured only in severe oligozoospermic, and azoospermic infertile males, while selected fertile men is used for statistical comparisons with infertile patients.

No significant differences recorded in serum LH, testosterone, prolactin and Estradiol II between fertile men, severe oligozoospermic and azoospermic infertile males. Except FSH is significantly higher in azoospermia compare with fertile men and severe oligozoospermic patients. Other results which are recorded in table 27, found that the high percentage of hormonal abnormalities is FSH (33 % and 40 % abnormalities is seen in oligozoospermia & azoospermia respectively). The other hormonal abnormalities is LH, one case from 10 cases of oligozoospermia and two cases from 20 cases of azoospermia showed an increase in the level of serum LH. Testosterone decrease including 1 patient of oligozoospermia and 3 patients of azoospermia. One patient of azoospermia has an increase in conc. of prolactin, while 1 patient of oligozoospermia has an increase in Estradiol II conc.

Islam and Trainer, (1998) found that a patient with oligo/azoospermia and elevated circulating FSH, but normal LH and testosterone levels has primary germinal tubular failure with no associated Leydig cell damage. Hence the azoospermic men in the present study which has higher FSH and normal LH and testosterone, may have germinal tubular failure. Other azoospermia patients with normal serum testosterone, LH and FSH may has either retrograde ejaculation or obstructive azoospermia, while in some cases a high FSH and LH and low testosterone are recorded, this may be indicates a primary testicular failure, hypergonadotrophic hypogonadism, involving both Leydig and germinal epithelium (Islam and Trainer, 1998).

In one patient of azoospermia elevated prolactin was observed but not significant. Elevated circulating prolactin conc. are associated with impotence and decreased libido rather than spermatogenesis failure and decreased of fertility (Thorner *et al.*, 1977; Segal *et al.*, 1979).

9.1.1. ***In vitro* human sperm activation:**

As mentioned in the review of literature, *in vitro* addition of seminal fluid to the ovum directly without activation of the spermatozoa lead to failure of fertilization due to inoccurrence of capacitation process, as well as due to the effects of some abnormal seminal components such as leucocytes and phagocytes (Kanwar *et al.*, 1979). Increasing of the percentage of sperm motility and normal spermatozoa is very important to increase the chance of fertilization and pregnancy rates through the Artificial insemination by husband (AIH), gametes intrafallopian transfers (GIFT), *in vitro* fertilization and *in vitro* fertilization – embryo transfers (IVF – ET) (Menkveld *et al.*, 1990).

The current results indicate that there is a decrease in sperm conc., spermatozoal agglutination and leucocytes after sperm activated with modified balanced Earle's activation medium, comparing with them before activation. Also a good improvement in percentage of sperm motility, grade activity, and normal sperm morphology is achieved after activation. The improvement of semen quality resulted with both, simple layer and centrifugation- swim up techniques. Moreover the improvement is greater with the latter technique. These results are in agreement with the findings of Al-Hady, (1997) who found a significant improvement of sperm functions ($p < 0.001$) which include; sperm motility %, normal sperm morphology %, sperm agglutination %, leucocytes %, and sperm grade activity after sperm activation compared with the value before activation when used different

techniques and two sperm activation medium Ham's F- 10 medium and modified balanced Earle's medium. Ridha-Al barzanchi *et al.*, (1991) and Al-Janabi, (1992) observed a significant decrease in sperm conc. after activation. The decrease in sperm conc., may be due to the remains of dead and immobile spermatozoa in the sperm pellet and inability of them to move up of the medium (Cheek *et al.*, 1993).

Hoing *et al.*, (1986), found that washing and centrifugation of semen samples of asthenozoospermic infertile men with 2000 rpm for 5 minutes and using Earle's medium resulted in a significant improvement of the percentage of sperm motility by 57 %. The increase in sperm motility due to using of activation medium. The activation medium which used in this study contains sodium, potassium, calcium, magnesium, phosphate, and pyruvate ions. These ions are used as nutritive source in addition to stimulate of capacitation process, which result in an increase of sperm motility and activity (Al-Tae, 1994). Moreover the increase in motility and grade activity may be due to addition of female serum to the activation medium. Hicks *et al.*, (1972) found that steroidal components of female serum help the human spermatozoa for adaptation and increasing the activity *in vitro* and *in vivo* through increasing sperm metabolic rate. Al-Hady, (1994) found that using of 30 % of female serum to the activation medium resulted in the high proportion of the percentage of motility and grade activity of spermatozoa.

Normal sperm morphology is considered important physiological features of spermatozoa and occurrence of fertilization and the high proportion of abnormal sperm morphology in semen significantly reduced the percentage of fertilization (Franken *et al.*, 1989). There are other study mentioned that *in vitro* fertilization is depends mainly on the normal head

shape of spermatozoa which bind with ovum. Also the percentage of sperm penetration the ovum is greater in normal head shape than abnormal one (Aitken *et al.*, 1982; Kruger *et al.*, 1986).

Most semen samples contain leucocytes. The presence of leucocytes in semen is normal, but when the numbers of them reaches to more than 1×10^6 / ml and according to WHO, (1999) is defined leucocytospermia and considered abnormal. Increased conc. of leucocytes in semen provides an important clinical indicator of genital tract infection or inflammation (Comhaire *et al.*, 1980). Some authors have suggested that there is an association between increased seminal WBC conc. and poor semen parameter (Wolff *et al.*, 1990; Vicino *et al.*, 1999; Arata de Belabarba *et al.*, 2000; Diemer *et al.*, 2003) or reduced sperm fertilization capacity (Vogelpoel *et al.*, 1991). A significant decrease of leucocyte in semen after activation is recorded in this study and this is may be due to addition of antibiotic to the activation medium during preparation, technique of centrifugation and swim up of motile spermatozoa leaving the leucocytes in the lower portion of the medium, and reduction of leucocytes by dilution with activation medium (Al-Hady, 1997).

Finally and from a physiological point of view , immunological infertility due to sperm surface antibodies can result from the effect on sperm transport , the destruction of gametes , acrosome reaction abnormalities , by inhibition of sperm zona – pellucida binding or by prevention of embryo cleavage and early development of the embryo (Bronson *et al.* , 1984 ; Shushan and Schenker , 1992). A study of Abdel-Latif *et al.*, (1986) found that the presence of ASAs in semen of males resulted in a decrease of sperm motility and the effect of them is remaining inside the female genital tract. In the current study

agglutination of spermatozoa is reduce from 10.33 % before activation to 3.13 % and 0.76 % after activation with both simple layer and centrifugation techniques respectively. The best technique for separation of ASAs from spermatozoa is achieved by washing and centrifugation of spermatozoa which lead to sedimentation of ASAs in the pellet and release and move of motile spermatozoa to the upper portion of the medium (Ayvaliotis *et al.*, 1980).

Conclusions

- 1- High viscosity of semen decreased the percentage of motility, grade activity, and sperm motility index in infertile patients.
- 2- Seminal plasma of infertile men showed an increase in osmolality compare with fertile men, also there are inverse relationships between semen osmolality and motility of spermatozoa.
- 3- Seminal plasma MDA level, the end product of lipid peroxidation is high in infertile men and all infertile groups than that of fertile men.
- 4- MDA level increases in patients with varicocele, leucocytospermia and smoking.
- 5- Leucocyte determination in semen is lower with using Endtz method compare with HPF method in fertile men and all infertile groups.
- 6- The motility of spermatozoa negatively correlated with increasing of leucocytes in semen.
- 7- Semen quality is negatively influenced with smoking in population of infertile men.
- 8- There is poor semen quality of infertile patients by varicocele.

- 9- The agglutination of spermatozoa and the presence of ASAs are higher in infertile men. Also asthenozoospermia showed higher incidence of ASAs.
- 10- Hormonal evaluation of blood plasma resulted in an increase of FSH of azoospermic patients compare with fertile and severe oligozoospermic men.
- 11- High improvement of semen quality is observed in patients with asthenozoospermia after activation with modified balanced Earle's medium and using both simple layer and centrifugation-swim up techniques.

Recommendations

1. Evaluation of some enzymes and markers of prostate and seminal vesicles such as fructose, zinc, α glycosidase, and prostate specific antigen which is strongly related to infertility and dysfunction of these accessory sex glands is very important.
2. Treatment of hyper-viscous samples with proteolytic enzymes which could result in improved sperm motility and render the samples more suitable for IUI.
3. The infertile patients which suffer from high semen osmolality, we recommended to transfer the semen of them to a medium with lower and within the normal ranges of osmolality to improve the spermatozoal

motility, this is lead to increase the chance of fertilization when IUI or IVF is done to them.

- ξ. Treatment of patients with high (ROS) , to decrease the conc. of MDA which may be lead to decrease the percentage of spermatozoal DNA damage , hence increases the chance of pregnancy when IUI, IVF, or ICSI are perform.
- ο. Endtz method should be done instead of HPF for determination of semen leucocytes to differentiate between true leucocytes and other round cells found in the semen.
- ϛ. We hopping that IVF, ICSI, gametocyte Intrafallopian Transfer (GIFT) to be carried out in this region for unexplained infertility cases, oligozoospermic, asthenozoospermic, and teratozoospermic, also to help the hopeless infertile couples.

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Semen quality	Fertile men (control)	Oligoasthenozoospermic men	Oligoasthenoteratozoospermic men	L.S.D.
1- Volume (ml)	4.133 ± 0.147	2.000 ± 0.186 ***	3.274 ± 0.437 **	0.789
2-Sperm conc. (× 10 ⁶ / ml)	97.00 ± 1.601	7.791 ± 0.763 ***	6.370 ± 1.470 ***	8.909
3- Total sperm count (× 10 ⁶ / Ejaculate)	400.33 ± 10.17	19.810 ± 2.791 ***	19.321 ± 4.911 ***	79.123
4- Grade activity	3.800 ± 0.074	0.881 ± 0.060 ***	0.000 ± 0.138 ***	0.067
5- Motility (%)	08.00 ± 0.742	14.271 ± 1.014 ***	0.000 ± 0.138 ***	7.030
6-Sperm motility index	222.00 ± 7.780	10.071 ± 1.069 ***	8.214 ± 2.280 ***	07.748
7- Viability (%)	73.166 ± 0.798	28.071 ± 1.082 ***	20.307 ± 3.938 ***	7.020
8- Normal morphology (%)	71.000 ± 0.830	00.119 ± 1.009 ***	17.307 ± 3.084 ***	11.717
9- Leucocytes (× 10 ³ / ml) ; HPF : Endtz method :	1.800 ± 0.480 0.433 ± 0.149	7.090 ± 1.272 ** 2.107 ± 0.004 *	10.214 ± 2.712 *** 2.871 ± 1.080 *	0.232 2.774

predictors of in vitro fertilization success in cases of male autoimmune infertility. *Fertil Steril*, 09: 707-712.

Table (11): Semen quality of fertile men, oligoasthenozoospermic and oligoasthenoteratozoospermic

١٠-Osmolality (m OSm/ kg)	٣٠٣.٧٠ ± ٢.٤٤٢	٣٦٠.٦٤٢ ± ١٠.٠٩٨ ***	٣٤٦.٤٢٨ ± ٦.٤٣١*	٤٠.٢٣٢
	N= ٣٠	N= ٤٢	N=١٤	

men (Means ± S.E) .

* P < ٠.٠٥
comparisons

** P < ٠.٠١

*** P < ٠.٠٠١

LSD was used for multiple

Table (١٢): Semen quality of fertile men , asthenozoospermic and asthenoteratozoospermic men (Means ± S.E) .

Semen quality	Fertile men (control)	Asthenozoospermic-men	Asthenoteratozoospermic men
١- Volume (ml)	٤.١٣٣ ± ٠.١٤٧	٢.٨٥٢ ± ٠.١٦٣ ***	٣.٤٢٣ ± ٠.٣٤٣ *
٢-Sperm conc. (× ١٠ ^٦ / ml)	٩٧.٠٠ ± ١.٦٠١	٥٤.٩٨٤ ± ٢.٢٨٢ ***	٤٦.٠٠٠ ± ٣.٠٨٥ ***
٣- Total sperm count (× ١٠ ^٦ / Ejaculate)	٤٠٠.٣٣ ± ١٥.١	١٥٣.١٧ ± ٩.٧٧ ***	١٥٤.٨٨ ± ١٧.٢٣ ***
٤- Grade activity	٣.٨٠٠ ± ٠.٠٧٤	١.٥٣٨ ± ٠.٠٦٦ ***	١.٠٠٠ ± ٠.٢٢٦ ***
٥- Motility (%)	٥٨.٠٠ ± ٠.٧٤٢	٢٦.٠٧٦ ± ١.١٨١***	١٧.٠٠٠ ± ٣.٩٤٠ ***
٦-Sperm motility index	٢٢٢.٠٠ ± ٦.٦٨٥	٤٥.٠٩٢ ± ٣.٢٩٦ ***	٢٧.٦٩٢ ± ٨.٢٨٢ ***
٧- Viability (%)	٧٣.١٦٦ ± ٠.٦٩٨	٤٤.٠٠٠ ± ١.٤٦٣ ***	٣٥.٣٨٤ ± ٣.٧٣٢ ***
٨- Normal morphology (%)	٧١.٥٠٠ ± ٠.٨٣٥	٦٠.٨٤٦ ± ١.٢٥٧ ***	٢١.١٥٣ ± ١.١٥٣ ***
٩- Leucocytes (× ١٠ ^٦ / ml) ; HPF : Endtz method :	١.٨٠٠ ± ٠.٤٨٠ ٠.٤٣٣ ± ٠.١٤٩	١٠.٤٩٢ ± ١.٣٤٨*** ٢.٩٦٩ ± ٠.٥٠٩ *	٩.١٥٣ ± ٢.٣٩٠ * ٢.٥٣٨ ± ٠.٩٨٤
١١-Osmolality (m OSm/ kg)	٣٠٣.٧٠ ± ٢.٤٤٢	٣٤٣.٩٦٩ ± ٧.٦٩٧ **	٣٣٦.٣٨٤ ± ١٥.٢٨٦ *
	N= ٣٠	N= ٦٥	N=١٣

* P < ٠.٠٥
comparisons

** P < ٠.٠١

*** P < ٠.٠٠١

LSD test was used for multiple

