

## Bioactivities, Characterization, and Therapeutic Uses of *Dracaena cinnabari*

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### ABSTRACT

Young specimen of *Dracaena cinnabari* in the Koko Crater Botanical Garden, Honolulu, Hawaii, United States The dragon blood tree has a unique and strange appearance, with an "upturned, densely packed crown having the shape of an uprightly held umbrella". This evergreen species is named after its dark red resin, which is known as "dragon's blood". Its leaves are found only at the end of its youngest branches; its leaves are all shed every 3 or 4 years before new leaves simultaneously mature. Branching tends to occur when the growth of the terminal bud is stopped, due to either flowering or traumatic events (e.g. herbivory). The trees can be harvested for their crimson red resin, called dragon's blood, which was highly prized in the ancient world and is still used today. Dragon's blood is used as a stimulant and abortifacient. The root yields a gum-resin, used in gargle water as a stimulant, astringent and in toothpaste. The root is used in rheumatism, the leaves are a carminative. The local inhabitants of the city in the Socotra Island use the dragon's blood resin as a cure-all. They use it in general wound healing, as a coagulant, cure for diarrhea, for dysentery diseases, for lowering fevers. It is also taken for ulcers in the mouth, throat, intestines and stomach.

**Keyword:** *Dracaena cinnabari*, Review, GC-MS, Bioactivities, Characterization, Therapeutic, Applications.

### INTRODUCTION

Unlike most monocot plants, *Dracaena* displays secondary growth, *D. cinnabari* even has growth zones resembling tree rings found in dicot tree species<sup>1-3</sup>. Along with other arborescent *Dracaena* species it has a distinctive growth habit called "dracoid habitus". Its fruits are small fleshy berries containing between 1 and 3 seeds. As they develop they turn from green to black, and then become orange when ripe<sup>4-10</sup>. The berries are eaten by birds (e.g. *Onychognathus* species) and thereby dispersed. The seeds are 4–5 mm in diameter and weigh on average 68 mg. The berries exude a deep red resin, known as dragon's blood. Like other monocotyledons, such as palms, the dragon's blood tree grows from the tip of the stem, with the long, stiff leaves borne in dense rosettes at the end. It branches at maturity to produce an umbrella-shaped crown, with leaves that measure up to 60 cm long and 3 cm wide<sup>11-16</sup>. The trunk and the branches of the dragon blood are thick and stout and display dichotomous branching, where each of the branches repeatedly divides in two sections. Around the Mediterranean basin it is used as a dye and as a medicine, Socotrans use it ornamentally as well as dying wool, gluing pottery, a breath freshener and lipstick. Because of the belief that it is the blood of the dragon it is also used in ritual magic and alchemy. The resin of *D. cinnabari* is thought to have been the original source of dragon's blood until during the

mediaeval and renaissance periods when other plants were used instead<sup>17</sup>.

#### *Bioactivities and therapeutic uses*

##### *Antimicrobial and antiviral activity*

The aqueous ethanol extract, some fractions of the methanol extract, catechin and acetyl aleuritic acid of Sangre de Drago obtained from *Croton urucurana* are reported to show inhibition of *Staphylococcus aureus* and *Salmonella typhimurium*<sup>20-22</sup>. Study reported in vitro antifungal activity of Sangre de Drago from *Croton urucurana*, which could be due to the presence of catechins like gallicocatechin and epigallocatechin. Antiviral properties of *Croton's* sap have also been evaluated.

##### *Antitumor and cytotoxic activity*

A number of compounds isolated from Sangre de Drago (*Croton*) are found to show cytotoxicity. Taspine from *Croton lechleri* sap has shown potent activity against KB and V-79 cells, while flavan-3-ols and proanthocyanidins, which are the major components of the sap, are not cytotoxic<sup>23</sup>.

##### *Antihemorrhagic activity*

Total inhibition of hemorrhage was observed, probably owing to the chelation of zinc required for the catalytic activity of venom's hemorrhagic metalloproteinases<sup>24-30</sup>. Aqueous extracts of *Croton urucurana* antagonized the hemorrhagic activity of the venom of *Bothrops jararaca* and proanthocyanidins were involved in this activity.

Table 1: Major phytochemical compounds identified in *Dracaena cinnabari*.

Part of plant	System	Effects	Preparation	Ref.	
Root	treatment	stimulant, astringent and in	root yields	9	
		toothpaste	gum	10	
		rheumatism	extract	10	
		diarrhoea in travellers	extract	11	
		Antimicrobial	extract	12	
		antiviral activity	extract	5	
		Antitumor	extracts	6	
		Antihemorrhagic	powder	28	
			extracts	26	
			extracts	27	
Resin	Bioactivities and therapeutic	Antiulcer	powder	28	
		antidiarrhoeal	extracts	26	
		Analgesic	extracts	27	
		Antioxidative			
		Anti-inflammatory	extracts	4	
		Mutagenic Antimutagenic			
		Wound healing activity			
		immune response	Immunomodulator	extracts	28
			wound healing	Ethanol extract	12
			coagulant	Extract	12
Trees	treatment	diarrhea			
		lowering fevers			
		Hemostatic and antithrombotic	Powder /infusion	12	
		methanol extract			
		Analgesic activity			
		dysentery diseases	Extract	12	
Leaves		carminative	Methanol extracts	12	
		dying wool, gluing pottery, a breath freshener and lipstick	Extract		
		ritual magic and alchemy			
		carminative		10	

*Immunomodulatory activity*

The human immune response is a highly complex system involving both innate and adaptive mechanisms. A biological or pharmacological effect of compounds on humoral or cellular aspects of the immune response is referred as immunomodulating activity<sup>31-35</sup>.

*Antiulcer and antidiarrhoeal activity*

The extracts from Croton species have been shown to impair the capsaicin-stimulated ion transport across guinea pig ileum when added to the serosal bath in Ussing chambers and thus may prove to be a cost-effective treatment for gastrointestinal ulcers.

*Antioxidative activity*

Researcher suggested that Sangre de Drago (*Croton lechleri*) is highly effective in scavenging peroxy and hydroxyl radicals at high concentrations. However, prooxidant activity was observed at lower concentrations<sup>36-40</sup>.

*Anti-inflammatory activity*

In a study on edema in rats, reported, for the first time, anti-inflammatory activity of alkaloid taspine isolated from Croton latex. The latex from Croton lechleri has strong anti-inflammatory activity when administered.

*Mutagenic and antimutagenic activity*

The mutagenic and antimutagenic activity of Croton lechleri sap was examined through the Ames/Salmonella

test and no mutagenicity of 2-aminoanthracene was found in the Salmonella typhimurium strains T98 and T100<sup>41-44</sup>.

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