Summary

Have to	Should	Must
Strong obligation which comes from 'outside', e.g. a law, a rule at school or work, or someone in authority.	Mild obligation or advice.	Strong obligation which comes from 'inside' the speaker.
Students have to use blue pen in the final exam.	You should take the bus - it's the easiest way to get there.	I must go & get the kids from school.
Don't/doesn't have to	Shouldn't	Must
Absence of obligation	Negative advice	Strong suggestion
You don't have to do the washing. I've got a washing machine.	I shouldn't let it worry you.	We must meet for lunch soon.